



May, 2022

# Flatirons Ski Club

An Outdoor Multi Sports and Social Group  
[www.FlatironsSkiClub.com](http://www.FlatironsSkiClub.com)

**NEXT GENERAL MEETING WILL BE MAY 5<sup>TH</sup>, 7PM AT  
UNITARIAN UNIVERSALIST CHURCH OF BOULDER  
5001 PENNSYLVANIA AVE, BOULDER 80303**

## Message from the President

The election for the 2022-2023 Flatirons Ski Club Board was held at the April General Meeting via Zoom. Please welcome our new and continuing Board members who give of their time for the smooth running of our club. The following members are completing their term on the Board: Louisa Y., Donna C., Monica A., and Richard P. Thank you for your service!

Flatirons Ski Club Board members for the next year include Beth G. (President), Sue E. (Vice President), Martha P. (Treasurer), Mary Anne D. (Secretary), Linda G. (Membership), Marianne B. (Newsletter), Rosie P. (Downhill), Arnie M. (Safety), Donna S. and Linda LaG. (Publicity Co-chairs), Eleese M. and Debbie W. (Social Co-chairs), and Dorothy C. and Maggie L. (Activities Co-chairs).

The club is fortunate to have many volunteers to lead activities, serve on committees, and support the operations of the club. There is always a need for even more volunteers. Let us know if you are interested in a volunteer role.

The April Board meeting was a combined meeting of last year's Board and the new Board. The Board discussed Covid-19 precautions for summer and early fall. The May 5<sup>th</sup> General Meeting will be held in person and with a mask requirement. The FSC trips will continue to require Covid-19 vaccinations.

Beth G., President

## Shakespeare Festival at CU's OUTDOOR Mary Rippon Theatre

All tickets are sold for this event. However, I will continue to take names for the waitlist, in the event that any participants need to cancel their plans. If you'd like to be on the waitlist, send me an email (see current roster) to that effect. If any paid participant decides to cancel, I will be in contact, in the order received.

Nicole deL.

**Reminder:** please make the checks out to Flatirons Ski Club, not the trip leader.

Thanks, Martha P.

## ACTIVITIES

Since we are meeting in person for the May General Meeting, we are including a form for summer trips signup in this newsletter. Please print the form, fill it out for trips you want to go on and bring your checkbook for deposit. If you do not have a printer we will have copies for you. You will be provided with additional instructions at the meeting. Any questions, contact Dorothy C. (activities)

**TRIP:** \_\_\_\_\_

**MEMBER NAME:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**PHONE:** (\_\_\_\_\_) \_\_\_\_\_

**DEPOSIT AMOUNT:** \$ \_\_\_\_\_

**ROOMMATE PREFERENCE(S):**

\_\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_

**TRIP:** \_\_\_\_\_

**MEMBER NAME:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**PHONE:** \_\_ (\_\_\_\_\_) \_\_\_\_\_

**DEPOSIT AMOUNT:** \$ \_\_\_\_\_

**ROOMMATE PREFERENCE(S):**

\_\_\_\_\_/\_\_\_\_\_  
\_\_\_\_\_

**\*\*\*\*\*SPRING IS HERE AND SO IS THE “FLING”\*\*\*\*\***  
**FRIDAY JUNE 17TH at 11:30 AM**  
**ONCE MORE AT LOUISVILLE COMMUNITY PARK**  
**955 Bella Vista Dr. Louisville 80027**

The FSC is again planning to purchase boxed lunches from Panera Bread for all attendees. The lunches may be a sandwich OR a salad, OR ½ a sandwich and ½ a salad. Please choose accordingly from the following options:

**SANDWICH choices – All sandwiches will include a pickle, chips and a cookie**

**ROASTED TURKEY AND AVOCADO BLT:** Roasted turkey raised without antibiotics, applewood-smoked bacon, emerald green lettuce, avocado, mayo, salt and pepper on Country Rustic Sourdough bread.

**STEAK AND ARUGULA:** Grass fed beef, arugula, vine-ripened tomatoes, pickled onions, mustard, mayo and garlic aioli, salt and pepper on Country Rustic Sourdough bread.

**BACON TURKEY BRAVO:** Oven-roasted turkey breast, applewood-smoked bacon, smoked Gouda, emerald greens, Panera vine-ripened tomatoes and signature sauce with salt and pepper on thin-sliced Tomato Basil bread.

**NAPA ALMOND CHICKEN SALAD SANDWICH:** Chicken raised without antibiotics tossed with diced celery, seedless grapes, toasted almonds and special dressing, and served with emerald green lettuce, vine-ripened tomatoes, salt and pepper on Country Rustic Sourdough bread.

**SALAD choices – Salads will include a French baguette and a cookie**

**GREEN GODDESS CHICKEN COBB:** Chicken raised without antibiotics, arugula, romaine, kale and radicchio blend, grape tomatoes and pickled red onion tossed in Green Goddess dressing and topped with avocado, bacon and cage-free hard-boiled egg.

**STRAWBERRY POPPY SEED:** Chicken raised without antibiotics, mandarin oranges and fresh strawberries, blueberries, and pineapple tossed in fat-free poppy seed dressing and topped with toasted pecan pieces.

**FUJI APPLE SALAD WITH CHICKEN:** Chicken raised without antibiotics, arugula, romaine, kale and radicchio blend, grape tomatoes, red onions, toasted pecan pieces, Gorgonzola cheese and apple chips tossed with sweet white balsamic vinaigrette.

**SEASONAL GREENS SALAD:** Arugula romaine, baby kale and red leaf blend, grape tomatoes, red onions and diced cucumbers tossed with Greek dressing.

Please contact me, Elease M., with any question.

**PLEASE LET ME KNOW YOUR CHOICES BY MAY 20<sup>TH</sup>**

\*\*\*MOAB\*\*\*

Moab spring trip is full. If you want to be put on a waitlist, please contact Debbie W.

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**TUESDAY HIKES ARE BACK**

Meet at the trailhead promptly at 6.00 PM. We will hike ~ 60 – 80 minutes. Potluck at trailhead after hike. Bring a dish for 6-8 to share, your own plates, drink and utensils.

**May 3 Bobolink Trail**

Pat I.

Meet at East Boulder Rec Center East Parking (Baseline East to 55<sup>th</sup>, turn Rt and follow road past soccer fields to East End of road.) Potluck after at Pat's.

**May 10 Peoples Crossing – Settlers Park**

Louisa Y.

Meet at Louisa's house – Best to park on the street just West of the entrance to her place. Potluck at Louisa's house after hike.

**May 17<sup>th</sup> – Walden Ponds**

Nancy P.

From 75<sup>th</sup> and Arapahoe go North on 75<sup>th</sup> for approx 2 miles. You will pass Valmont and the sign to Sawhill Ponds, and will then see the sign for Walden Ponds Wildlife Habitat on the left. Turn here and continue about ¼ mile to sign saying Cottonwood Marsh. Park in the parking lot there. After hiking we will picnic at the shelter.

**May 25<sup>th</sup> – South Mesa Trail**

Karin C. & Dave D.

Go South on Broadway, turn Rt on Eldorado Springs Road. Go downhill about 2 miles to parking lot on the right. Potluck at trailhead picnic tables.

**May 31 – Eagle Trail**

Linda G. & Roger B.

Directions: From CO 119 Diagonal, turn LEFT onto Jay Road. Turn RIGHT onto road to Boulder Reservoir, see the sign. Continue as the road becomes dirt for a couple of miles to parking on the left. Potluck at Linda and Roger's house after.

**THURSDAY HIKERS**  
**\*\*\*SUMMER TIME CHANGE\*\*\***

Starting in May, the Thursday hikes will start earlier. Doing this gives us more time to travel into the mountains and do longer hikes.

We will meet at the Meadows Shopping Center at **7:45 AM** to set up car pools and get packed up. We will leave promptly at 8:00 AM. The Meadows Shopping Center is located in the SW corner of Foothills and Baseline near the 1<sup>st</sup> Bank/Remax building.

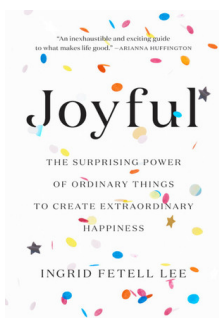
As always come prepared for all kinds weather and lots of food and water, etc. Email or call Louisa Y. or Sue E. to let us know you are going to join us or if you have questions

**3rd Thursday Hike – May 19th**

We will go to Trail Ridge Road in RMNP, no reservation needed for this date. Trail Ridge Road is open to Rainbow Curve where there is parking. The road opens for traffic from Rainbow Curve after Memorial Day. The hike is a walk on the road. The views are spectacular, dogs on leash are allowed. This is a fun event. Details by email the Monday before. Dolores A.

**10<sup>th</sup> Mountain Division Hut Trip**

Arrangements have been made to go to the Fowler-Hilliard Hut August 9, 10 and 11, 2022. Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either. You will need to bring your own sleeping bag. There is room for 16 people (including co-leaders Sue and Louisa). Registration will open at the May 5<sup>th</sup> General Meeting. Total cost will be \$100 per person, which includes 2 breakfasts and 2 dinners planned by volunteers. A \$20 deposit holds your space, **final payments are due June 15th**. For more information, contact Sue E. or Louisa Y.



## FSC Book Club

**DATE:** May 16th, Monday, 5:30 PM (Note Time Change)

**PLACE:** Pat I.'s house

**LEADER:** Pat I.

**BOOK:** Joyful by Ingrid Fetell

**Note!!! This is one week later than our regular schedule of meetings. It is an in-person meeting.**

In *Joyful*, designer Ingrid Fetell Lee explores how the seemingly mundane spaces and objects we interact with every day have surprising and powerful effects on our mood. Drawing on insights from neuroscience and psychology, she explains why one setting makes us feel anxious or competitive, while another fosters acceptance and delight—and, most importantly, she reveals how we can harness the power of our surroundings to live fuller, healthier, and truly joyful lives.

## \*\*\*\*\*Thursday Ski Trips\*\*\*\*\*

We had a great day at Winter Park on Thursday April 14 with a foot of new powder! However, I may be done for the season. It has been very warm and there hasn't been much snow lately. If that changes I will send an email blast to the people on my list of Thursday skiers (who get notifications of our activities and help connecting people to car pools). Anyone who isn't on the list who would like to get the emails, email me, Arnie M.

## 2022 Wildflower Rambles

An interest list is being assembled with those who have responded about rambles this summer. Because it is difficult to plan for the entire summer under these circumstances, we will plan rambles as we go. The rambles leader core will decide on locations and meet up time/place. Details are still being sorted out.

If you are interested in participating this summer, please drop Linda P. an e-mail. An indication of what you are comfortable doing or specific places that would appeal for rambling are welcome. Would you like to see something special (for example calypso orchids)?

**NEW SUMMER TRIP  
CUMBRES & TOLTEC SCENIC RAILROAD  
June 21 and 22, 2022**

The Cumbres & Toltec railroad is the oldest narrow-gauge railroad in Colorado. It starts in Antonito, Colorado, crosses the state line between Colorado and New Mexico to Chama, New Mexico. It is powered by several steam engines that date back to the late 1800's. It was named the #1 Scenic Train by "USA Today 10 Best" and has been featured in National Geographic and a number of movies including Indiana Jones & The Last Crusade and Wyatt Earp to name a few. There is more information on their web site [www.cumbrestoltec.com](http://www.cumbrestoltec.com). Check it out.

We will drive to Alamosa on Tuesday, June 21, and stay at hotels in Alamosa. Car pools will be formed and each group is responsible for making their own hotel reservations. The next morning, we will drive to Antonito which is 30 miles south of Alamosa. This is a full day trip and takes 6 hours to cross the pass to Cumbres, NM. We will then take a bus back to Antonito. The train stops at the summit of the pass at Osier Station for lunch. (Lunch is included in the ticket price as is the bus.)

There are a lot of sights to see and places to go after we return to Antonito. Some possibilities are to drive to Ghost Ranch which is south of Chama. Ghost Ranch is famous for being the home of Georgia O'Keeffe. There is a museum close to the ranch. In addition Ghost Ranch is a stunning display of geology with rock formations and colors. There are some good hikes in the area. Other possibilities include Taos, Santa Fe, the Great Sand Dunes, and hot springs.

The cost for the train ride is \$145 and includes lunch and riding in the Coach car. Sign up will begin at the May club meeting. Any questions – call Sue E.

**Crane Festival**

The ski club is planning a trip to Steamboat Springs over Labor Day weekend (9/1 to 9/4) to see the Crane Festival. There are viewings, talks and field trips. We are also planning to do some hiking in the area. We will be staying at the Holiday Inn at Steamboat. The cost per person will be \$350 for 3 nights. Deposit will be \$50 due asap so we can get an accurate count. Final payment will be due July 1. For more information contact Dorothy C (activities) via email.

**Bicycle Trip Announcement  
September 6-9, the Tuesday thru Friday of Labor Day week**

A 3 or 4 day bicycle trip is planned for September Tuesday-Friday, September 6-9. This is either a 3 or 4 days depending upon the participants arrival time in Gunnison Colorado. The shortest day's ride is scheduled for the first day. Whether the participant chooses to ride on the first day is optional but a short ride is planned for this day for those arriving in Gunnison by 1:00 PM. All four days' rides are "out and back" rides so the participants can choose to shorten the length by doing a remote start to shorten the distance. All rides are on roadways. On one of the days, we will ride to Crested Butte from Gunnison. The final routing is dependent upon a scouting trip. Further details can be provided by contacting Richard Patnoe via email.

## 2022 Crested Butte Wildflower Trip, July 22 – 25, 2022

Linda and Chris P. will lead a Wildflower Rambles trip to Crested Butte next July 22 – 25, 2022 - 3 nights lodging at the Cristiana Guesthaus on Friday, Saturday, Sunday, checking out Monday.

**Total trip cost is \$370.00 per person in a double occupancy room or \$510.00 per person in a single occupancy room.**

Sign up continues for the trip. The rooms still available are king and single occupancy (1 queen bed) rooms. All of the queen+double rooms are taken.

The Cristiana provides breakfast each morning. Provide your own lunch with items brought from home in a small cooler or purchased locally. Dinners will be at local restaurants. The trip cost covers only lodging with breakfast.

The trip leaders will lead a hike on both Saturday and Sunday. Participants are welcome to join them or go out on their own. Options for wildflower walks and hikes are numerous, ranging from walks in/near town to strenuous hiking to mountain passes. People going on the trip should be in good physical health and condition.

**A non-refundable deposit of \$75.00 per person is required by mail at the time of sign-up.**

Sign-up is for those who are ready to commit to go on the trip. A waiting list is open. If you have interest in going but are not sure and still thinking about it (for COVID or other reasons), put your name on the waiting list – no deposit is required to join the waiting list. Before you sign up and pay a deposit, be sure you are ready to come on the trip. There are accommodations for 22 people: 4 couples (king), 8 persons in 4 queen+double rooms (each with own bed) and 6 single persons (queen). One person in a queen room will pay the single occupancy rate of \$510.00. Questions? Contact Linda and Chris by e-mail/telephone.

Please contact us by e-mail to let us know you will be signing up and sending payment. We will look out for your check in the mail. Make out checks to Flatirons Ski Club and put 2022 Wildflower Crested Butte in the note line. Send deposits and final payments to the Paris' by mail (address available from the membership list). **Do not contact the Cristiana directly – sign up and payment is only through FSC** for this trip. **Full payment is due by June 1, 2022.** After that date, unused rooms will be cancelled.



**AVALANCHE RANCH TRIP and APPLE FESTIVAL trip in 2022**  
(None scheduled for 2023, so this may be the last)

<https://avalancheranch.com/>

Avalanche Ranch is 11.35 miles south of Carbondale, CO and 5 miles north of Redstone, CO  
We will arrive on September 30<sup>th</sup> and leave on October 3<sup>rd</sup>.

For those who are new to the club, the Avalanche Ranch trip has been run for many years by the club. We rent cabins at Avalanche Ranch and soak in the brilliant color of the area, especially the golden aspen, the green pines, the gray mountains, the blue sky and occasionally the white snow on the mountains. The Apple Festival is an event run by the staff once a year. They provide meat and others provide everything else. But what I find most interesting is the community of people who attend, most are local, and they play bluegrass music for at least an hour around the campfire.

Other than the Apple Festival, there are wonderful hikes to be made and the weather is almost always perfect. Did I mention that there are several hot tubs and a hot pool which are free and open to us twenty-four hours a day?

The club provides chili on Friday night and protein on Sunday night. On Saturday, the Ranch will provide the protein and each guest is asked to bring something for the huge potluck. We have the Ranch House this year for happy hours and generally getting together.

The price will be \$255 a person for three nights of paradise but there are many queen beds which will need to be filled so anyone willing to share a bed with someone else will have a much better chance of getting on board this remarkable trip. **The trip is full now but send in a deposit check of \$50.00 made out to FSC to get on the WAITING list.** Send checks to:

Roger P.  
(Address available in Membership Roster)



## **Want to Sell Something?**

Every month, members will now have the opportunity to sell something (ski equipment, etc.) by having their items listed in our FSC Club Newsletter. Submit your items via email to Marianne B., in the body of your email or as an attachment (.doc or .docx). Submissions will need board approval. Marianne will need to receive your information by the Wednesday before the monthly board meetings. Items will be posted in the Newsletter sometime during the 4<sup>th</sup> week of the month. Items will appear in the newsletter only once, they will not roll over to the following month's newsletter.

## **SAVE THE DATE**

A small group of us are planning an informal trip to Mt. Bierstadt. The goal is to summit on Monday, July 18<sup>th</sup> 2022. Woe is me, this will be my first attempt, so no promises, though there are those who will summit. To acclimate to the high altitude, I will be staying in Georgetown for two days prior. Others may camp near Guanella Pass. If you want more information, let me know and I can add you to our email list. Monica A.

## **FSC GENERAL POLICIES**

### **FSC Board approved and updated as of August, 2021**

Sign-up Procedures: FSC doesn't intend to profit from activities, but usually charges a fee to cover costs.

- 1.1 Your deposit holds your place on the activity.
- 1.2 Deposits and balances in general are non-refundable.
- 1.3 If an activity is full, your name will be added to the Wait List. Cancellations often occur.
- 1.4 If you must cancel, notify the Activity Leader promptly so a replacement can be found.
- 1.5 If you are replacing someone, you must reimburse that person for the fees he/she already paid.
- 1.6 If your balance is not paid by the Due Date, the Activity Leader will replace you with a person on the Wait List.
- 1.7 Pay separately for each activity, noting the activity name and date with the payment.
- 1.8 Make payments out to "Flatirons Ski Club" and give them to the Activity Leader.
- 1.9 Communicate any issues promptly to the Activity Leader.

Capability. When a person's capability is inadequate for the activity, it negatively impacts other participants.

- 2.1 For the group's safe enjoyment of a given activity, members and guests must participate only in those group activities (skiing, hiking etc.) that are well within their current endurance, ability and skill so as not to cause an incident.
- 2.2 An incident is defined as any accident or adverse disruption to the safety of the planned group activity, an increase in the group's time or cost to accomplish the planned activity, or undue imposition on the group or outside parties.
- 2.3 Recognizing that mistakes can occur and accidents can happen, repeated incidents caused by a participant's lack of capability may disqualify that member from group activities, and may result in use of FSC's Grievance procedure.

#### Guidelines for Conduct

- 3.1 During an activity, the Leader's decision on member participation is final.
- 3.2 Participants should be provided with a list of contact information for all participants, when possible, and should be aware that mobile devices might not have service in remote areas.
- 3.3 Group activities should be done with a minimum of two people in the case of rescue-patrolled areas, and with a minimum of four people in other cases (so one person can stay with the injured person and two others can go together for help).
- 3.4 If a group member becomes incapacitated, the group must care for him/her, because participation in the activity implies agreement to help out in case of trouble.
- 3.5 A group must not split up unless there is a clear plan for a regroup place and time.
- 3.6 Turn-around times should be determined so that return can be accomplished in a timely manner.
- 3.7 In case a group becomes separated, group members should wait at the first fork in the trail or at the base of an agreed-upon ski lift.
- 3.8 Individuals who voluntarily separate from their group are no longer considered participants in the group activity, and the group is relieved of responsibility for them.
- 3.9 Carrying communication devices (e.g., cell phones and walkie-talkies) is strongly encouraged for all members.

## MAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Tuesday Hike 6:00 PM	4	5 Thursday Hike 7:45 AM General Mtg 7:00 PM	6 FAC 4:00 PM	7
8	9	10 Tuesday Hike 6:00 PM	11	12 Thursday Hike 7:45 AM	13 FAC 4:00 PM	14
15	16 Book Club 5:30 PM	17 Tuesday Hike 6:00 PM	18	19 3 <sup>rd</sup> Thursday Hike, Time TBD Board Mtg 7:00 PM	20 Deadline for Spring Fling choices FAC 4:00 PM	21
22	23	24 Tuesday Hike 6:00 PM	25	26 Thursday Hike 7:45 AM	27 FAC 4:00 PM	28
29	30	31 Tuesday Hike 6:00 PM				

## Board Members

President	Beth Gaffney		
V. President	Sue Evans		
Secretary	Mary Anne Davitt		
Treasurer	Martha Parks		
Publicity (Co-Chairs)	Donna Scott Linda LaGanga		
Newsletter	Marianne Bachman		
Membership	Linda Giandinoto		
Social Chair (Co-Chairs)	Elease Miller Debbie Williamson		
Safety Chair	Arnie Mullen		
Downhill Chair	Rosie Piller		
Activities (Co-Chairs)	Dorothy Cohen Maggie Livingston		

## Members at Large

Mailing	Roger Briden		
Webmaster	Roger Briden		

Flatirons Ski Club  
PO Box 6120  
Boulder, CO 80306