## Flatirons Ski Club

Social



November 2023

An Outdoor Multi Sports and
Group

www.FlatironsSkiClub.com

NEXT GENERAL MEETING WILL BE NOVEMBER 1ST, 7 PM AT THE UNITARIAN UNIVERSALIST CHURCH OF BOULDER 5001 PENNSYLVANIA AVE, BOULDER, CO 80303

### Message from the President

#### **Health Guidelines:**

At the September (2023) FSC Board meeting, the Board approved the following health guidelines. For all activities, we will abide by the health guidelines of the venue.

#### Trips:

- Members are strongly advised to have the most current vaccinations and boosters for the common infectious diseases, including flu and COVID.
- If you have symptoms of any contagious disease (respiratory, gastrointestinal, or anything else) before the trip, do not attend.
- If you develop symptoms of a contagious disease during the trip, isolate and/or drive home as soon as possible.

If you need to drop out of a trip, your balance will be refunded if you can find a replacement to take your place on the trip. To cover times when a replacement cannot be identified, members may want to consider travel insurance.

Let's help prevent the spread of infection. Wash your hands frequently! Beth Gaffney, President

#### Save the Date

The annual FSC Holiday Party has been booked at the Unity Church on 2855 Folsom Street, Boulder, on Saturday, December 9<sup>th</sup>. More details will be provided in the next FSC Newsletter.

Elease Miller, Social Chair

### **Membership Renewal**

Please renew your Flatiron Ski Club membership. Around December 1<sup>st</sup>, I will begin culling the roster. Thank you so much.

Linda Giandinoto, Membership Chair

# FSC General Meeting program for November 1<sup>st</sup> My Time in Ukraine-Spring, 2023 Presented by Richard Patnoe



In February I went on a medical mission to Ukraine as a helper for the Global Care Force, an NGO headquartered in Olathe KS. During this time, we held 8 different clinics in 6 different cities in central and southern Ukraine. We began our journey in Krakow Poland and made our first stop in Kiev UKR where we held two clinics. We then traveled through central

Ukraine and held 6 more clinics, two of which were held in areas near Kherson and not far from the Black Sea and the Dnieper River where the Russians had previously held territory. Yes, we heard shelling and sirens which the Ukrainian members of our group seemed to mostly ignore. I followed their lead. During the 2300 miles traveled, I saw much of the countryside, lots of evidence of destroyed buildings, bridges, and infrastructure. The presence of military units and local police was ubiquitous with numerous checkpoints and a number of military trucks and military convoys. The Ukrainian people were in bad shape before the war and have suffered municipal and medical shortages since.

#### **FSC Book Club**

DATE: Monday, November 13, 2023, Time: 6:00 PM

**PLACE:** 510 Mohawk Drive – at the Meadows on the Parkway in

the Community Room

**DISCUSSION LEADER** Nicole deLorimier

and Host: BOOK:

The Light We Carry by Michelle Obama

MICHELLE OBAMA THE LIGHT WE CARRY but to

There may be no tidy solutions or pithy answers to life's big challenges, but Michelle Obama believes that we can all locate and lean on a set of tools to help us better navigate change and remain steady within flux. In *The Light We Carry*, she opens a frank and honest dialogue with

listeners, considering the questions many of us wrestle with: How do we build

enduring and honest relationships? How can we discover strength and community inside our differences? What tools do we use to address feelings of self-doubt or helplessness? What do we do when it all starts to feel like too much?

"When we are able to recognize our own light, we become empowered to use it," writes Michelle Obama. A rewarding blend of powerful stories and profound advice that will ignite conversation, *The Light We Carry* inspires listeners to examine their own lives, identify their sources of gladness, and connect meaningfully in a turbulent world.

## Thursday Hikes November 2023

We continue to meet on Thursdays at the Meadows Shopping Center. We meet at 8:45 AM and leave at 9:00 AM. People can carpool from the Meadows Shopping Center, or they can drive by themselves to the trailhead. The Meadows Shopping Center is at the southwest corner of Foothills Highway and Baseline. We usually park close to the Bank and Remax realty building. Just look for people standing by their cars.

The weather is changeable. Be prepared for all types of weather.

Call or email Sue Evans or Louisa Young to let us know if you are planning to hike and to confirm that we will be hiking if the weather forecast is questionable.

## 3rd Thursday Hike – November 16, 2023 TBA

Information for this hike will be emailed on the Sunday preceding the hike. Weather and hikers' interests will determine the possibilities. It has been an outstanding autumn for hiking, we were so fortunate. Let's hope the winter hikes have the same awesomeness.

**Dolores Afainer** 

## **Memories of the FSC Avalanche Trip**



The Flatirons Ski Club had its annual trip to Avalanche Ranch from October 10 -13. All participants enjoyed the fabulous, onsite, hot spring pools, amazing fall colors throughout the valley, interesting, fun hikes, and some really good food. The first night the club organized vegetarian chili, which was augmented by salads and desserts contributed by different members. The second night the club had wild Alaskan sockeye salmon broiled with a wonderful citrus marinade accompanied by roasted vegetables, and cauliflower rice. Karin Campanelli stepped up and sauteed pasta with garlic and vegetables for the last dinner. Every night we enjoyed Happy Hour that included a cornucopia of cheeses, and other snacks.

A few members explored the town of Marble by visiting the museum and some of the several galleries and having lunch at the barbecue restaurant. Marble is the source of some of the world's best marble and where the stone for the Tomb of the Unknown Soldier and the Lincoln Memorial was mined.

Several members hiked above Redstone on Thursday, admiring the Redstone Castle from the highway and checking out the coke ovens where at the turn of the last century coal was burned to make coke and then shipped to the steel plant in Pueblo.

We all returned safely and once again appreciated the friendships and benefits that the club offers.

#### Tom Canon, Trip Leader

2023/24 FSC MID-WEEK SKI SCHEDULE							
Monday	v: Ed Hanson		Thursday:				
H: 303-	993-4445, C: 303-902-37	709	C: 303-859-2549				
Email: e	whfgh@cs.com		Email: arniemullen@netscape.net				
MONDA	Y/TUESDAY (EPIC)		WEDNESD	WEDNESDAY/THURSDAY (IKON)			
Date	Area	Carpool Fee	Date	Area	Carpool Fee		
		•	30-Nov	Copper	\$10		
4-Dec	Breckenridge	\$10	7-Dec	WP/MJ	\$10		
11-Dec	Keystone	\$10	14-Dec	A-Basin	\$10		
18-Dec	Beaver Creek + 7:00ar	\$15*	21-Dec	Copper	\$10		
	+ Lunch at Joe Golden's	s Condo					
26-Dec	Keystone	\$10	28-Dec	WP/MJ	\$10		
2-Jan	Breckenridge (Tuesday	\$10	4-Jan	Eldora 8:15am	\$5		
8-Jan	Vail 7:00am	\$15*	11-Jan	WP/MJ	\$10		
16-Jan	Keystone (Tuesday)	\$10	17-Jan	Copper (Wednesday)	\$10		
22-Jan	Breckenridge	\$10	25-Jan	WP/MJ	\$10		
29-Jan	Keystone	\$10					
			1-Feb	Eldora 8:15	\$5		
5-Feb	Breckenridge	\$10	8-Feb	WP/MJ	\$10		
12-Feb	Keystone	\$10	14-Feb	Copper (Wednesday)	\$10		
20-Feb	Breckenridge	\$10	22-Feb	Eldora 8:15am	\$5		
26-Feb	Keystone	\$10	29-Feb	WP/MJ	\$10		
4-Mar	Beaver Creek 7:00am	\$15*	7-Mar	WP/MJ	\$10		
11-Mar	Vail 7:00am	\$15*	13-Mar	Copper (Wednesday)	\$10		
18-Mar	Breckenridge	\$10	21-Mar	WP/MJ	\$10		
25-Mar	Keystone	\$10	28-Mar	A-Basin	\$10		
1-Apr	Breckenridge	\$10	3-Apr	Copper (Wednesday)	\$10		
8-Apr	TBD		11-Apr	WP/MJ	\$10		
15-Apr	TBD		18-Apr	TBD			

- An asterisk (\*) indicates that there will be a parking fee in addition to the carpool fee.
- If you are not on Ed and/or Arnie's list of midweek skiers, please let them know of your interest.
   Unless otherwise noted, carpools depart at 7:30 from the Eldorado Park in Ride on the
- northeast corner of Hwy 93 and Hwy 170 (sometimes called Marshall Rd). Please arrive ten minutes early to ensure an on-time departure. Let Ed or Arnie know if you are willing to drive. We can also meet skiers at agreed upon times in the Wooly Mammoth lot in Golden.
- Ski destinations are suggestions only, and may change depending on weather, traffic, ski conditions, or carpool preferences.
- Occasionally, Ed and Arnie may need alternate leaders when they are away on ski trips.
- The club's prevailing health guidelines apply to all activities.
- We typically wear green ribbons on our helmets so it's easy to find each other on the mountain. Let Ed or Arnie know if you need one.

## 2024 FSC Ski Trip Calendar

#### \*\*IMPORTANT\*\* Note that total costs shown below are for double occupancy.

Dates	Destination	Lodging	# of Spac es	Nights	Lift Tix	Total Cost Per Person	Deposit	Balance Due	Trip Leaders
Jan 16-19	Crested Butte	Cristiana Guesthaus	23	3	Epic	\$330 (\$445 single)	<b>\$50</b>	12/6/23	Linda & Chris Paris
Jan 22-25	Steamboat	Homewood Suites	40	3	lkon	\$475	\$150	12/15/23	Tom Cannon
Jan 30- Feb 2	Monarch Mtn (& Wolf Creek)	Baymont (Salida)	20	3	M: 69+ ski free WC: Misc	\$200 (\$375 single)	\$40	12/6/23	Donna Cooper & Louise Geil
Feb 5-8	Snow Mtn Ranch	YMCA of the Rockies	28	3	Ikon	\$165	\$40	12/1/23	Beth Gaffney
Feb 20-22	Snowy Range	Old Corral Hotel	18	2	Misc	\$102	\$35	12/15/23	Janne Cookman
Feb 27- March 1	Fraser/ Winter Park	Fraser House Alpine Center	18	3	lkon	\$120	\$25	1/16/24	Louisa Young
March 4-8	Aspen/Sno wmass	Comfort Inn/Suites (Carbondale )	40	3 or 4	lkon+	\$310/ \$410	\$100	1/4/24	Richard Varey
March 12- 14	Leadville/Sk i Cooper	Silver King Inn	30	2	Misc	\$130	\$30	1/15/24	Ed Gostling

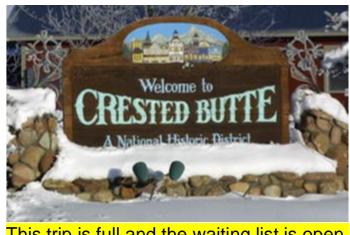
#### YOUR RESPONSIBILITY CODE (2022)

- 1. Always stay in control. You must be able to stop or avoid people or objects.
- 2. People ahead or downhill of you have the right-of-way. You must avoid them.
- 3. Stop only where you are visible from above and do not restrict traffic.
- 4. Look uphill and avoid others before starting downhill or entering a trail.
- 5. You must prevent runaway equipment.
- 6. Read and obey all signs, warnings, and hazard markings.
- 7. Keep off closed trails and out of closed areas.
- 8. You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.
- 9. Do not use lifts or terrain when impaired by alcohol or drugs.
- 10. If you are involved in a collision or incident, share your contact information with each other and a ski area employee.

This safety information is from the National Ski Areas Association and can be found at: <a href="https://www.nsaa.org/NSAA/Safety/Your\_Responsibility\_Code.aspx">https://www.nsaa.org/NSAA/Safety/Your\_Responsibility\_Code.aspx</a>

Your FSC Safety Chair, Arnie Mullen

## WINTER Skiing in CRESTED BUTTE 3 Nights Lodging at the CRISTIANA GUESTHAUS Jan. 16th, 17th & 18th (leaving Jan. 19th AM)



This trip is full and the waiting list is open.

If you are looking to cross country ski this winter, Crested Butte is the place for you. Crested Butte is a cross country skier's dream, with miles of groomed trails in town and many others in the vicinity. For the downhill skiers, Crested Butte Mountain Resort (Mount Crested Butte) specializes in intermediate terrain but includes plentiful expert and easy terrain, as well. Please join us for a great weekend in a great lodging and ski town. We will be staying in Crested Butte town at the Cristiana Guesthaus for 3 midweek nights January 16, 17, & 18 with check out on Friday the 19<sup>th</sup>, 2024.

The trip cost includes an ample daily continental breakfast with homemade breakfast breads, mixed fresh fruit, juices (including fresh squeezed orange juice), granola and yogurt parfait, HB eggs and oatmeal each morning. Lunches and dinners are on your own. There are no cross country trail passes or downhill lift tickets included in the trip cost. The Nordic Center day pass is free for those over 70 and reduced for those 65-69. Lift tickets at Mt. Crested Butte are on the Epic Pass for downhill skiers. If you do not have that pass, you can still come - there are online discounts through Mt. Crested Butte so you will not have to pay the full ticket window price if you don't have the Epic and FSC members have shared buddy passes. Your non-refundable \$50 deposit per person was due in October after the membership ski trip meeting. Final payment is due on December 6th either at the meeting or by mail. Both deposit and final payment checks must be made out to the Flatirons Ski Club.

Please call or e-mail Linda or Chris Paris with questions.

## Steamboat Trip January 22 to 25, 2024

The club will be staying once again at the **Homewood Suites by Hilton**. I think last time everyone was happy with the comfortable accommodation. They provide a hot breakfast that includes eggs, hot and cold cereals, different breads and pastries. We will be able to use the breakfast room for our happy hour gatherings as well. The town shuttle bus, which goes to the mountain and downtown, has a stop outside the front door of the hotel. Rooms all have two queen size beds, microwaves, TV's, coffee makers, and hairdryers.

There is an indoor hot tub, exercise room, and ping pong. We will be staying three nights - Monday, Tuesday, Wednesday, checking out on Thursday - January 22 - 25, 2024!

The cost per person for the three nights with double occupancy is \$475. For those needing a single, the price is double that. Sign up for the trip will was at the general club meeting October 4, when the \$150 deposit needed to be paid.

Tom Canon, Trip Leader

## Monarch Mountain & Wolf Creek Jan. 30 - Feb. 2, 2024

Please join us for our third *combined* Flatirons Ski Club trip to Monarch and Wolf Creek from January 30 to February 2, 2024! We will have a *three-night* stay at The Baymont by Wyndham in Salida.

You can travel to the ski area of your choice, Monarch Mountain, or Wolf Creek. Salida has many lovely restaurants to choose from for our dining pleasure.

The drive to Monarch is less than 30 minutes up Highway 50 on Monarch Pass. For those more adventurous, Wolf Creek Ski area is two hours, mostly on a flat stretch of Highway 285. We can opt for either area depending upon snow conditions, and your driving preferences.

#### Our stay at The Baymont hotel will include:

- \* Spacious rooms with two comfortable queen beds;
- \* Continental breakfast + (with scrambled eggs);
- \* Room amenities include big-screen TV, desk/chair, *mini-fridge, micro-wave,* coffee/tea maker, hair dryers, ironing board;
- \* Indoor swimming pool and hot-tub; and
- \* Business center and laundry facilities.

Total cost per person for all three nights (double room occupancy) is \$200. Deposit is \$40. Balance is due at the December 6<sup>th</sup> FSC meeting. If you cannot attend the FSC meetings, you can mail checks to Donna. Single occupancy is \$375 for 3 nights.

A social gathering with appetizers will be held each night (Tuesday, Wednesday, Thursday). Please bring your favorite appetizer to share. Paper products and non-alcoholic beverages will be provided. BYOB if desired.

#### Day price for skiing at Monarch (discounted from last year!):

Adults (18-61 yrs old): \$64 Tues, Wed, Thurs; higher pricing Fri - Sun. Seniors (62-68 yrs old): \$54 Tues, Wed, Thurs; higher pricing Fri-Sun

Super seniors (69 and older): Free with ID

#### Day price for skiing at Wolf Creek:

Adults (18-64 yrs old): \$89 Seniors (65-79 yrs old): \$58

80 yrs old and older: Free with ID

Note: Jan. 31. 2024 is local discount day for all: \$47 for seniors; general, \$66.

There is a \$5 charge at Monarch unless you have your ID card from last year. So bring your ID card, if you have it, and your license verifying age!

**Donna Cooper and Louise Geil, Trip Leaders** 

## SNOW MOUNTAIN RANCH YMCA OF THE ROCKIES February 5 - 8, 2024

Snow Mountain Ranch (SMR) in Fraser is a wonderful location for cross country skiing with miles of groomed trails. Snow Mountain Ranch offers snowshoeing, swimming, roller skating, arts & crafts, cross country skiing, and many other activities. Downhill skiing is located nearby at Winter Park, Mary Jane, and Granby Ranch. Cross country skiing also is available at Devil's Thumb and other sites nearby to Snow Mountain Ranch.

The accommodation includes two reunion cabins with seven bedrooms. The trip fee includes use of most of the YMCA facilities, meals, and lodging. Trip attendees prepare the group meals at the cabins, and food is available to take for lunch. The trip fee includes SMR trail pass, meals, and lodging.

If the two cabins are full and additional members want to join this trip, it may be possible to reserve lodge rooms for the overflow.

Cost: \$165 per person

Payments: (\$40 on 10/4/23 and \$125 on 12/01/23)

**Beth Gaffney: Trip Leader** 

## **Snowy Range 2024 February 20-22 (2 Nights)**

Snowy Range Ski Area is beautifully nestled within the scenic Medicine Bow National Forest in southeast Wyoming. There's downhill skiing as well as many trails for cross country skiing. It's an easy drive with no mountain passes or tunnels to navigate and it's only about 2 1/2 hours from Boulder!

We will stay at the rustic and charming Old Corral Hotel which is in Centennial WY (2750 Hwy 130). The Old Corral Hotel is only 4 miles away from the ski area, which is really convenient. The trip fee of \$102 per person is based on double occupancy, and it includes 2 queen size beds, with mini fridge (microwaves are available in the common area). The hotel is within a 5-minute walk to Mountain View Café or Bear Bottom Bar & Grill, very handy for dinner or breakfast.

There are usually few people skiing mid-week at Snowy Range and it's a nice change of pace. Another really great thing is the price of the day ticket (18-69yrs) is only \$49 (last season) and everyone 70+ is free! So please join us as we ski Snowy Range Ski Area, Wyoming, 2024.

A \$35 deposit per person is due by November 8 by mail to Janne Cookman (see FSC membership roster). Be sure to make checks payable to Flatirons Ski Club and write Snowy Range in the memo line. Please contact me with any questions.

Janne Cookman, Trip Leader

## Fraser/Winter Park Trip Feb 27-March 1, 2024



For many years, the Ski Club has sponsored a trip to the Fraser House, which is located north of Tabernash. It's a large home, able to accommodate 18 people. Some are bunk beds. In the last few years, COVID has caused us to limit participation to 10 people, but with relaxation of restrictions, we can accommodate 18. It's a beautiful setting in a subdivision.

Downhillers can easily reach Winter Park, Mary Jane, or Granby Ranch. Those who prefer Nordic skiing or snowshoeing have many choices: Snow Mountain Ranch, Devil's Thumb, Colorado Experimental Forest, or the west side of Rocky Mountain National Park, among other options. **No lift tickets or passes are included in the price.** 

Protein main dishes will be provided on Tuesday, Wednesday and Thursday, and breakfasts will be available on Wednesday, Thursday, and Friday. Makings for a sandwich and fruit lunch will also be provided. Participants are expected to bring 3 side dishes, salads or dessert (one for each dinner).

\$25 holds your spot. The total cost is \$120 per person! Such a deal. I am the new leader, trying to fill the Paris' very large shoes.

Make checks payable to Flatirons Ski Club and send them to me.

#### Louisa Young, Trip Leader

## SKI ASPEN/SNOWMASS 2024 March 4-7 or 8, 2024

This trip is back in 2024, offering great skiing at Aspen, Aspen Highlands, Snowmass, and Buttermilk. We will be lodging at the same hotel in Carbondale as last year.

Lodging: Comfort Inn & Suites

920 Cowen Dr

Carbondale CO 81623 Phone: (970) 963-8880

Location: The hotel is in Carbondale, approximately 36 minutes (28 mi) from Aspen/Snowmass and 3 1/2 hours from Boulder.

Web: https://www.choicehotels.com/colorado/carbondale/comfort-inn-hotels/co116

Cost: \$310 per person for 3 nights OR \$410 per person for 4 nights
Payments: \$100 (3 or 4 nights) as soon as possible and balance of \$210 (3 nights) or
\$310 (4 nights) by 1/4/24.

Ski lift tickets are available online. The IKON Pass is good at all areas as follows: **IKON Base Plus Pass** for 5 days, IKON Pass (full) for 7 days. You must reserve your days in advance with IKON online - it's free. The IKON Base Pass is not valid here, so you must buy the **add-on**.

#### Includes:

- 3 nights OR optional 4th night lodging (2 queen beds per room)
- Each room has a microwave and refrigerator.
- Breakfast bar each morning
- Use of meeting room for club potluck on Monday night
- Drive/carpool to ski areas
- Outdoor fire pit, indoor hot tub & pool
- City Market, shops, and restaurants nearby

Please make checks payable to Flatirons Ski Club, put Aspen/Snowmass and 3 or 4 nights in the memo line.

Richard Varey, Trip Leader, Downhill & Nordic Ski Chair

## Leadville Ski Trip March 12 to 14, 2024

Please join us on the year's final "mid-week" ski trip during the snowiest month of the year. This year we will be staying at the **Silver King Inn & Suites** located at 2020 North Poplar in Leadville, CO 80461. It is across the street from the Columbine Inn, where we stayed last year, and before the Safeway. The town is on Hwy 91 a half hour past Copper Mountain ski area.

Clean double queen rooms with a microwave, fridge, private bath. The owners have hospitality as a priority. We have access to a large room for our potlucks for both evenings starting at 6 pm. Additionally, a large breakfast room also has a microwave. Breakfast consists of waffles, cereal, oatmeal, yogurt, hard boiled eggs, bagels, fruit and juices.

**Least expensive trip this season**. Cost reduced from \$200 to \$130, by 35 %. I did not renew Columbine because FSC members expressed unhappiness; so did the Columbine Inn with FSC.

**Ski Cooper** is different, in all the right ways! Soft all-natural snow, terrain variety for everyone, laid-back atmosphere, family-friendly vibe, great food & drinks, and reasonable prices. The FSC club uses a few lifts: you can see, be seen or change FSC groups all day. Very social! We meet for lunch at the only lodge on picnic benches at 12:30. Powder days happen every year, we do fresh tracks till late afternoon. It is very different from "Mega areas" to which you have been. Go "RETRO areas"! Drive 9 miles 12 minutes from lodge to slopes.

**Lift Tickets:** Cooper is not on EPIC pass or IKON pass. Free for 75+ age. Loveland pass includes 3 days free. Cooper office is not open till November for prices. Last year Thursdays were \$30 for lift or equipment or a group lesson.

**Location Connections:** some members ski on arrival or departure days at the following areas: Copper, A-Basin, Keystone, Vail, or Beaver Creek

**Deposit:** \$ 30, Due 15 October **Balance:** \$100, Due 15 January

Checks made out to Flatirons Ski Club and mailed to:

**Ed Gostling, Trip Leader** 

#### **Board Matters....**

Your Board of Directors believed that the Bylaws should be reviewed, and a committee was appointed to do that. The committee was composed of Marianne Bachmann, Beth Gaffney, Linda LaGanga, and Louisa Young (chair). The committee learned that there is a password protected area on the FSC website, and we believe it is much more efficient if Minutes and Treasurer Reports were posted there. All Board members have access to that area. It makes distribution of these items much easier. Also, the Board decided to change the word "coordinator" to "leader" wherever it appeared in order to make the language consistent. Following is a document that shows the changes. Language to be deleted is shown in red, and language to be added is shown in blue. The changes are found in Article VI, Sections 4, 5 and 11. We will vote on the changes at our General Meeting on December 6, 2023.

Louisa M. Young,

Chair Bylaws Review Committee 2023

#### Revised January 4, 2023

Bylaws of the Flatirons Ski Club, Inc.

ARTICLE I – NAME This organization shall be known as the FLATIRONS SKI CLUB, INC. of Boulder, Colorado (referred to herein as FSC).

#### ARTICLE II - OBJECTIVES

Section 1. The objectives of the FSC are:

- a. To provide members with opportunities for the safe enjoyment of skiing and other recreational and social activities carried out on a non-profit basis, and
- b. To encourage good sportsmanship and camaraderie in these activities.

Section 2. To implement these objectives, FSC will organize a year-round program of ski trips and other activities related to members' interests, desires and abilities.

#### ARTICLE III - MEMBERSHIP

Section 1. Qualifications for FSC membership are:

- a. An interest in and support of FSC's objectives, as recited above.
- b. Attainment of age eighteen years
- c. Completion of membership application and payment of dues, except Board members are exempt from paying dues.
- d. Annually signing a Waiver provided by the Club.

Section 2. FSC admits members of any gender, sexual orientation, race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to members. It does not discriminate in administration of its policies and programs.

Section 3. Membership may be terminated by:

- a. Resignation,
- b. Failure to pay dues or sign the Waiver,
- c. Expulsion by the Board of Grievance in accordance with Article V, Section 6.

Section 4. On matters decided by the membership, each member shall have one vote.

#### ARTICLE IV - DUES AND FINANCES

Section 1. The fiscal year shall be from May 1 to April 30.

Section 2. An annual budget may be adopted, if requested by the Board, to serve as a guideline to the fiscal operation of FSC and each Board Member position in accordance with the following schedule:

- a. April Joint Board Meeting Treasurer presents financial report covering eleven months of the current fiscal year,
- b. May Board Meeting Board Members review Treasurer's final report on the just ended fiscal year and submit estimates of income/expenses for their area of responsibility for the ensuing fiscal year,

- c. June 1st Treasurer assembles tentative composite budget from Board Members' estimates and distributed to each Board member by June 1st,
- d. June Board Meeting Board adopts final budget and sets amount of annual membership dues based on the number of projected members for the year.

#### Section 3. Annual dues shall:

- a. Be determined each year by the Board,
- b. Be due by October 1 of each year, with a grace period for renewal of membership extending to December 1 after which all membership benefits cease.
- Section 4. Membership dues after March 31 shall be one-half the annual amount.

#### Section 5. Refund of dues:

- a. Full refund shall be granted upon written request received by the Board no later than December 1 based on a change of residence away from the Boulder Valley area or for other reason accepted by the Board.
- b. No refunds will be made after December 1.
- Section 6. Funds collected by FSC shall be used to advance the objectives of FSC.

Section 7 Custody of property purchased or leased by FSC shall be entrusted to the Board. A record of such property shall be maintained by the Secretary. "Property" does not include consumable supplies.

Section 8. Acquisition of any property or interest therein in excess of \$5,000 shall receive approval of the membership.

Section 9. The financial records shall be reviewed at the request of the Board by a committee of three voting members, excluding the outgoing Treasurer, or by a CPA.

Section 10. All claims for reimbursement shall be accompanied by supporting receipts.

#### ARTICLE V - BOARD OF DIRECTORS

Section 1. The Board of Directors, herein referred to as the Board, shall consist of the four Officers: President, Vice President, Secretary and Treasurer and the seven Standing Committee Chairpersons: Publicity, Newsletter, Membership, Social, Safety, Downhill Ski, and Activities. The Board at its discretion may approve a Co-Chairperson for any committee. However, each chairperson shall have one vote only regardless of whether position is co-chaired.

Section 2. The term of each Board Member shall be from the conclusion of the April Joint Board meeting in one year to the conclusion of the April Joint Board Meeting in the ensuing year.

Section 3. In the event of vacancy of the office of President, the Vice President shall assume the office. The Board shall conduct special elections by the membership in the event both the President and the Vice President vacate their offices. Any other vacancy shall be filled by the Board.

- Section 4. Any Board position may be declared vacant by the Board:
  - a. Upon receipt of a written resignation or notice of death of a Board member,
  - b. By a two-thirds vote of the entire Board in the event a Board Member is unfit, unable or unwilling to fulfill his or her duties.

Section 5. The Board: a. Shall determine FSC Policies and required Waivers, b. Shall transact all business necessary to accomplish FSC objectives, including distribution of Bylaws and Policies information, c. May establish rules for the participation of guests of members in FSC activities.

Section 6. The Board may constitute a Board of Grievance, and by a vote of three-fourths the Board shall have the following powers:

- a. To reprimand any FSC member for cause,
- b. To request the resignation of any FSC member for cause,
- c. To expel any FSC member for cause. Cause shall be defined as willful failure to abide by these Bylaws, the Waiver or Policies, and/or conduct detrimental to FSC and/or its members' safety and welfare. The ruling of the Board of

Grievance may be appealed. A three-fourths affirmative vote of a quorum of members at a General Meeting is required to overrule a decision of the Board of Grievance.

Section 7. Minutes of the Board Meetings shall be available to members upon request.

Section 8. Any decision of the Board may be overruled by a two-thirds vote of a quorum at a General Meeting. In such event, the issue shall be referred back to the Board with recommendation for further study.

Section 9. No Board Member shall be personally liable to FSC or to its members for monetary damages for any breach of fiduciary duty as a Board Member, except that the foregoing shall not eliminate or limit such Board Member's liability to FSC or to it members for monetary damages for the following:

- a. Any breach of such Board Member's duty of loyalty to FSC or to its members,
- b. Any of such Board Member's acts or omissions not in good faith or which involve intentional misconduct or a knowing violation of the law,
- c. The Board Member's assent to or participation in the making of any loan by FSC to any Board Member or Officer of FSC, or
- d. Any transaction from which such Board Member derives an improper personal benefit. Any repeal or modification of this Section by the members of FSC shall be prospective only and shall not adversely affect any right or protection of a Board Member of FSC existing at the time of such repeal or modification.

#### ARTICLE VI - DUTIES OF DIRECTORS

Section 1. Each Officer and Director shall:

- a. Attend all Board and General Meetings of FSC whenever possible,
- b. Select other FSC members as necessary to assist him/her in their duties,
- c. Provide the Board with necessary information, dates, and proposals to make timely decisions on matters within that Board Member's area of responsibility,
- d. Submit to the Treasurer an expense report covering each FSC activity for which he or she is responsible that involves the collection of money. Activity Chairpersons may delegate this responsibility to individual activity leaders. e. Submit for Board approval recommendations for changes deemed needed in the General Policies,

#### Section 2. The President shall:

- a. Preside at all General Meetings and all Board Meetings of FSC,
- b. Interpret or have interpreted the Bylaws, Policies, and Rules of Order,
- c. Present a State-of-the-Club report at the January General Meeting,
- d. Appoint delegates, with Board approval, to represent FSC at non-FSC meetings and events,
- e. With Board approval, appoint chairpersons of special ad hoc committees,
- f. Be an ex officio member of all committees except the Nomination and Election Committee,
- g. Appoint a Nomination and Election Committee with Board approval at least one week prior to the February General Meeting consisting of at least three FSC members.
- h. Be otherwise responsible for coordinating all activities of FSC.

#### Section 3. The Vice President shall:

- a. Perform the duties of the President in the absence of the President, and
- b. Be responsible for arranging the General Meeting place and the non-business program to be presented at each General Meeting, and sign necessary contracts related to the General Meetings.

#### Section 4. The Secretary shall:

- a. Record the minutes of all Board Meetings,
- b. Include in the minutes of Board meetings the names of all Board members both present and absent,
- c. Distribute a copy of the Approved Minutes to each Board member prior to the succeeding Board Meeting, Within two weeks of the approval of a Board meeting's Minutes, or prior to the succeeding Board meeting, whichever occurs first, distribute a copy of the Approved Minutes by causing the Approved Minutes to be posted in an electronically password protected location to which all Board members have access.
- d. Within two weeks of the approval of a Board meeting's minutes, post (or have posted) the Approved Minutes on the FSC website,
- e. d. Attend to all Board correspondence as directed by the Board,
- f. e. Maintain copies of all Board correspondence,
- g. f. Maintain copies of all Board contracts or commitments made by any Board member on behalf of the Club,

- h. g. Serve as custodian of current and past copies of the FSC Bylaws and Policies,
- i. h. Provide a copy of the current Bylaws and Policies to incoming Board members,
- j. i. Supply a copy of the Bylaws and/or Policies to FSC members upon request,
- k. j. Maintain a written record of FSC property, other than consumable supplies,
- l. k. During October/November of each year, conduct an inventory to confirm the location of such property.

#### Section 5. The Treasurer shall:

- a. Deposit all receipts promptly in a bank approved by the Board,
- b. Keep account of all monies in an approved manner and upon demand show said books of account to any member,
- c. Make disbursements as such items occur, maintain check authorization for the current President, for fund disbursements when the Treasurer is unavailable,
- d. On request present at a General Meeting a summary of FSC's financial condition; submit at each Board Meeting a written financial report comparing income and expenditures,
- e. Submit to the Board copies of the April 30 and October 31, bank statement and a final annual financial report by causing them to be posted in an electronically password protected location accessible to all Board members promptly after the documents are available at the May Board Meeting for the year ended April 30,
- f. Be responsible for review and renewal and be custodian of the FSC liability insurance policy; present to the Board on or before the renewal date a breakdown of coverage and cost.
- g. Submit filings required by an applicable government such as annual reports to the Colorado Secretary of State and applicable income tax return.

#### Section 6. The Publicity Chairperson shall:

- a. Assure that the club website design is economically hosted, professional looking, and appealing to potential new members with a minimum of the following current club information on the website: Mission/purpose statement, Current photos/videos of club activities, Club newsletter, Bylaws, safety/trip responsibility policies, Liability waivers, Monthly meeting location and normal meeting day and time, Membership dues, and Archives for old photos.
- b. Design and place FSC newspaper, radio and internet advertisements as directed by the Board.
- c. Design trifold FSC brochures as directed by the Board.

#### Section 7. The Newsletter Chairperson shall:

- a. Prepare, edit, and submit to the Membership Chairperson for distribution to the membership a monthly Newsletter containing the official written notice of date, time, and place of each General Meeting, upcoming activities, election candidates, election results, and other news submitted by Board members and Activity Leaders,
- b. Publish the General Policies in the October and May Newsletter and at such other times as the Board may direct,

#### Section 8. The Membership Chairperson shall:

- a. Receive membership applications and collect dues and waivers.
- b. Maintain an up-to-date roster of members containing name, mailing address, email address, home, cell and work phone numbers, as available,
- c. Distribute the Newsletter provided by the Newsletter Chairperson each month.
- d. Assist in planning and organizing the annual membership drive including related social events coordinating with the Social Chairperson,
- e. Distribute annually in December a copy of the membership list to each FSC member with any significant updates thereafter.

#### Section 9. The Social Chairperson shall:

- a. Recruit/enlist committee members to enable the various social events.
- b. Be responsible for planning and organizing the Spring Fling, the Fall Membership Drive, the Winter Holiday Season party, and oversight of other social events.
- c. Keep the Board advised of the financial status of all events.

#### Section 10. The Safety Chairperson shall

- a. Maintain records for the purpose of enabling the Board to understand the nature of incidents as described in the General Policies document and develop plans to reduce such incidents,
- b. Recruit/enlist committee members to assist with Safety responsibilities.
- c. Distribute the General Policies to the membership.
- d. Coordinate the compassionate resolution of serious incidents.

#### Section 11. The Downhill and Nordic Ski Chairperson shall:

- a. Recruit/enlist members to act as trip coordinators leaders,
- b. Work with the trip coordinators leaders to draw up a schedule of overnight ski trips,
- c. Inform trip coordinators leaders of their responsibilities with respect to preparing a trip budget, arranging trip details, and handling trip sign-ups/monies,
- d. Inform the Board of the status of overnight trips.

#### Section 12. The Activities Chairperson shall:

- a. Recruit/enlist committee members to enable the various activities,
- b. Be responsible for coordinating all recreational activities of FSC except downhill ski trips and social events.
- c. Inform the Board of the coordinated schedule of activities,
- d. Keep the Board advised of the financial status of all activities,
- e. Inform activity leaders regarding their responsibilities to arrange all details, handle activity sign-ups/monies, and otherwise assure successful completion of their activity.

#### **ARTICLE VII - MEETINGS**

#### Section 1. General Meetings:

- a. Shall be held during the first week of each month, from October through May; however, if the meeting would fall on a holiday, it may be postponed to the following week.
- b. The purpose shall be for Board Members to inform the membership of planned activities and board actions and decisions,
- c. The April meeting shall include election of Board Members,
- d. A portion of each General Meeting may be devoted to an informational or entertainment program,
- e. A quorum at any General Meeting shall be ten percent of the membership.

#### Section 2. Board Meetings:

- a. Shall be held during the third week of each month of the year unless the majority of a Board shall decide otherwise,
- b. The President and any five Board Members may reschedule or add individual meetings by giving fifteen days advance notice to all Board members,
- c. FSC members and invited guests may attend Board Meetings with voice but not vote,
- d. The purpose of Board Meetings shall be to hear status reports from all Board Members, to receive special committee reports, to discuss items requiring action, and to make decisions on matters affecting FSC,
- e. Each Board Member, except the presiding Board Member, shall have one vote which may only be cast in person; the presiding Board Member shall have a vote in the event of a tie vote of the other Board members present,
- f. The April meeting shall be a joint meeting of the continuing, outgoing and incoming Board Members
- g. A quorum of the Board shall consist of seven Board members.

#### ARTICLE VIII - NOMINATIONS AND ELECTIONS

Section 1. A Nomination and Election Committee shall be appointed by the President with Board approval at least one week prior to the February General Meeting and shall consist of at least three FSC members. The members of the Committee shall select one of their members as Chairperson. The names of the Committee members shall be announced at the March General Meeting.

Section 2. The Committee shall attempt to nominate at least one member for each Officer position and for each Standing Chair position. A member may not be a candidate for more than one Board Member position. The Committee shall provide the Newsletter Chairperson with the names of the candidates who have accepted nomination prior to the deadline for news items to appear in the April Newsletter. The candidates' names shall be included in the April issue.

Section 3. Service on the Nomination and Election Committee shall not prevent a member from accepting a nomination; however, nominees may not serve at the Election. The President shall appoint from the membership any necessary replacements to provide three Committee members at the Election.

#### Section 4. The Election

- a. Shall be held at the April General Meeting. The Nomination and Election Committee Chairperson shall conduct the Election.
- b. Nominations from the floor shall be accepted by the Committee Chairperson prior to voting provided the nominee is present to accept the nomination or has signified in writing his or her willingness to accept the nomination,

- c. The Committee shall provide written ballots with provision for write-in votes to be cast for candidates nominated from the floor,
- d. Voting is to be by secret ballot and the Committee shall ensure that only one ballot is given to each member. Non-members are excluded from voting and absentee balloting is not permitted.
- e. The Committee shall count the ballots and the candidate for each position with the most votes shall be the winner, f. Tie votes shall be resolved by an immediate run-off election in which the two candidates with the highest number of votes shall be included; the candidate in the run-off election with the highest number of votes shall be the winner, g. The Committee Chairperson shall announce the new Officers and Standing Committee Chairpersons.

#### ARTICLE IX - AFFILIATIONS

Section 1. The Board may recommend by a two-thirds vote to affiliate or associate FSC with another group. However, such a decision by the Board shall require ratification by a two-thirds affirmative vote of the membership at a regularly scheduled General Meeting of FSC provided twenty days advance notice of the vote on the proposed affiliation or association shall have been distributed to all members.

#### ARTICLE X - DISSOLUTION

Section 1. Dissolution of FSC can only be accomplished by a three-quarters affirmative vote of all members present at a regularly scheduled General Meeting of FSC. A proposal to dissolve must be distributed to all members not less than twenty days prior to the regular General Meeting at which the vote is to take place.

Section 2. Proceeds from liquidation of FSC assets, after provision for payment of all FSC liabilities, shall be distributed to such organization or organizations having similar purposes to FSC as shall be selected by the Board of Directors of FSC. 99

#### ARTICLE XI-PARLIAMENTARY AUTHORITY

Section 1. The rules contained in Robert's Rules of Order (latest edition) shall govern in all cases to which they are applicable and in which they are not inconsistent with these Bylaws.

#### ARTICLE XII - AMENDMENTS TO BYLAWS

Section 1. Amendments may be submitted to the membership by a majority vote of Board or by a petition to the Board signed by not less than ten percent (10%) of the members of FSC. Amendments shall be put to a vote within sixty (60) days of their submittal to the Board, subject to the restrictions of Section 2.

Section 2. These Bylaws may be amended: A. By a two thirds (2/3) affirmative vote of those members present at a regularly scheduled General Meeting of FSC if the proposed amendment(s) have been submitted in writing by mail or email to all FSC members at least seven days prior to the date of the meeting at which the vote is taken, or B. By a two-thirds (2/3) affirmative vote of those ballots returned within fifteen (15) days after submittal by mail or email of the amendment(s) to all members.

#### FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

#### November 2023 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Januay	monady	- i uosuuy	1 FSC General Meeting	Thursday Hike 8:45 AM	3 FAC 4:00 PM	4
Daylight Saving Time End	6	7 Election Day Vote	8	9 Thursday Hike 8:45 AM	10 FAC 4:00 PM	11 Veterans Day
12	13 Book Club 6:00 PM	14	15	16 3 <sup>rd</sup> Thursday Hike 8:45 AM	17 FAC 4:00 PM	18
FSC December Newsletter submittals due	20	21	22	Enjoy Jhanksgiving	24 FAC 4:00 PM	25
26	27	28	29	30 Thursday Hike 8:45 AM		

#### **Board Members**

President	Beth Gaffney	
V. President	Louisa Young	
Secretary	OPEN	
Treasurer	Martha Parks	
Publicity	Linda LaGanga	
Newsletter	Marianne	
	Bachmann	
Membership	Linda Giandinoto	
Social Chair	Elease Miller	
Safety Chair	Arnie Mullen	
Downhill &	Richard Varey	
Nordic Ski Chair		
Activities	Dorothy Cohen	
(Co-Chairs)	Maggie Livingston	

Members at Large

Mailing	Roger Briden	
Webmaster	Roger Briden	