

ACCUMULATED FLATIRONS SKI CLUB POLICIES

Flatirons Ski Club General Trip Policies

Updated 7/9/2023

adopted by the Flatirons Ski Club Board of Directors:

August 15, 2019

Revised 11/14/2019

Revised 2/18/2021

Revised 3/28/2023

Updated 7/9/2023

Sign-up Procedures: FSC doesn't intend to profit from activities, but usually charges a fee to cover costs.

- 1.1 The deposit holds your spot on the activity. Deposits in general are non-refundable.
- 1.2 When an activity is full, sign up on the Wait List. Cancellations often occur.
- 1.3 If you must cancel, notify the Leader promptly so a replacement person can be found.
- 1.4 It is preferred that when a person cancels and a replacement is found, the replacing person reimburses the cancelling person directly.
- 1.5 Pay your balance by the Due Date, or the Leader will replace you from the Wait List.
- 1.6 Pay separately for each activity, noting the activity name and date with the payment.
- 1.7 Make payments out to “**Flatirons Ski Club**” and give them to the Activity Leader.
- 1.8 The Treasurer will alert the Board to trips that have a significant profit after all known income and expenses have cleared. The Board will consider the reasons for the profit, and authorize refunds if appropriate. An example of an appropriate situation is if the trip made money because one or more person(s) paid the full charge for the trip, cancelled before the trip started and the Club was able to recover whatever costs it had paid for the participant.
- 1.9 Communicate any issues promptly to the activity leader.

Capability. When a person's capability is inadequate for the activity, it negatively impacts other participants.

- 2.1 For the group's safe enjoyment of a given activity, members and guests must participate only in those group activities (skiing, hiking etc.) that are well within their current endurance, ability and skill so as not to cause an incident.
- 2.2 An incident is defined as any accident or adverse disruption to the safety of the planned group activity, an increase in the group's time or cost to accomplish the planned activity, or undue imposition on the group or outside parties.
- 2.3 Recognizing that mistakes can occur and accidents can happen, repeated incidents caused by a participant's lack of capability may disqualify that member from group activities, and may result in use of FSC's Grievance procedure.

Guidelines for Conduct

- 3.1 During the activity, the Leader's decision on member participation is final.
- 3.2 Participants should be provided a list of contact information of all participants, when possible, being aware that mobile devices might not be in service in remote areas.

- 3.3 Group activities should be done with two people minimum in the case of rescue patrolled areas, and with four persons minimum in other cases (so one person can stay with the victim and two people can go together for help).
- 3.4 If a group member becomes incapacitated, call for medical assistance. The group must care for him/her because participation in the activity implies agreement to help out in case of trouble.
- 3.5 If you suspect a member of the Club has a concussion, let the person know of your concern, suggest that they stop the physical activity immediately, and offer to call for medical assistance.
- 3.6 A group must not split up unless there is a clear plan for a regroup place and time.
- 3.7 Turn-around times should be determined so that return can be accomplished in a timely manner.
- 3.8 In case of separation, wait at the first fork in the trail or the base of the agreed ski lift.
- 3.9 Voluntary solo-diversion from the group is strongly discouraged, effectively removes the person from the activity, and relieves the group from responsibility.
- 3.10 Carrying communication devices (e.g., cell phones and walkie talkies) is strongly encouraged for all members.

Bicycle Safety

adopted by the Flatirons Ski Club Board of Directors June 15, 2023.

- 4.1 Always wear a helmet. Biking gloves and protective eyewear are recommended.
- 4.2 Use hand signals when stopping, slowing down, and turning. Point at obstacles or hazards on the road (such as broken glass, branches, trash, etc.) so those following will be aware of them.
- 4.3 Don't wear headphones or any device that would prevent hearing sounds from other vehicles, pedestrians, runners, cyclists, dogs, and anything else that might be on the road or trail.
- 4.4 When passing pedestrians, runners, or other cyclists, use a bell or call out well ahead of time "on your left" or "on your right" and do not pass any closer than is necessary.
- 4.5 At intersections, before proceeding, observe traffic signals and make eye contact with vehicle drivers. Do not start to cross under the assumption that you have the right of way. You could be DEAD right.
- 4.6 If riding after dark, wear reflective clothing and use flashing lights.
- 4.7 Carry a spare tire tube, tire pump, gas cartridges for tires, and the tools necessary for minor repairs. Have the tools and knowledge required. If necessary take a bicycle mechanics class.
- 4.8 Inspect your bike before each ride-tires, brakes, shifters, and lubricate the chain and sprockets periodically.
- 4.9 Agree on a route and an end point. The leader shall stop periodically and make sure everyone in the group is accounted for. Carry your cell phone and have it charged up and turned on.
- 4.10 The leader should review these rules with the group before each ride.

Flatirons Ski Club Minutes Request Policies

adopted by the Flatirons Ski Club Board of Directors on November 14, 2019

- 5.0 Member requests for minutes should be directed to the FSC Board of Directors, rather than to an individual Board member.
- 5.1 Member requests for minutes must be made in writing or via email and should be made only after the requested minutes have been approved.
- 5.3 Each request should list only one set of minutes.

Flatirons Ski Club Policies Relating To Facebook

adopted by the Flatirons Ski Club Board of Directors on February 18 2021

6.0 The Flatirons Ski Club wishes to participate in social media in order to promote relationships among its members and the public. Our Facebook presence is meant to give a venue for members to share their experiences and photographs of Club activities. Our Facebook page shall be governed by the following policies and monitored by the Board through the Publicity Chair.

- 6.1 The promotion of violence of any kind shall not be tolerated, including hate speech and cruel and insensitive allegations.
- 6.2 There shall be no nudity or sexually explicit material.
- 6.3 Members may post items they wish to sell or exchange, but no commercial sales will be allowed.
- 6.4 Friend requests shall be limited to those who have a relationship with FSC.
- 6.5 If facts are to be alleged, the person posting such material shall verify the truth of allegations through reliable, traditional sources before posting.
- 6.6 The FSC Facebook page is for FSC members only.
- 6.7 The Facebook page will be managed and supervised by the FSC Publicity Chair.
- 6.8 Each month, the Publicity Chair will provide the Board with the appropriate FSC Facebook page stats – number of visits and posts, general kinds of posts and use, etc.
- 6.9 The Publicity Chair will promote the Facebook page to FSC members.