

Flatirons Ski Club

An Outdoor Multi Sports and Group

www.FlatironsSkiClub.com

Social



August 2024

Message from the President

We are lucky to live in Colorado in general and the Boulder area in particular. I say that, but for many of us it isn't luck. We worked to intentionally end up here. Where else can you go from urban setting to wilderness in less than 15 minutes? Some trails are crowded and some aren't. It's a pity that more people don't get into the mountains, but then they wouldn't be the sometimes-secluded places we love. I hope each of you gets into the outdoors in some way this summer. We need to appreciate what we have.

Louisa Young, President

**Please note: Next FSC General Meeting will be Wednesday
October 2, 2024**

FSC Book Club

DATE: Monday, August 12, 2024, Time: 6:45 PM

HOST & Leader: Richard Patnoe's house, see FSC roster for address.

BOOK: The Heaven and Earth Grocery Store: A Novel by James Mc Bride

In 1972, when workers in Pottstown, Pennsylvania, were digging the foundations for a new development, the last thing they expected to find was a skeleton at the bottom of a well. Who the skeleton was and how it got there were two of the long-held secrets kept by the residents of Chicken Hill, the dilapidated neighborhood where immigrant Jews and African Americans lived side by side and shared ambitions and sorrows. Chicken Hill was where Moshe and Chona Ludlow lived when Moshe integrated his theater and where Chona ran the Heaven & Earth Grocery Store. When the state came looking for a deaf boy to institutionalize him, it was Chona and Nate Timblin, the Black janitor at Moshe's theater and the unofficial leader of the Black community on Chicken Hill, who worked together to keep the boy safe.

Skiing Update

We have 9 overnight ski trips in the works for 2025, one a week from January 14 through March 13. Look out for: Save the Date Calendar in the September Newsletter.

Richard Varey, Downhill & Nordic Ski Chair

Thursday Hikes June 2024

For a few years, Sue Evans and Louisa Young have been planning and leading day hikes on Thursdays. We haven't been putting our destinations in the newsletter, mainly because we didn't know very far ahead where we would go. But lately we have planned a few weeks in advance. So, we are going out on a limb and publishing our planned hikes for the next month. We reserve the ability to change without notice if the weather or other factors motivate us. We hope this will help people in their decision whether to save a particular Thursday and commit to join us.

We meet at the Meadows Shopping Center parking lot in the northeast area, near the office building at 7:45 and leave promptly at 8. Look for people standing by their cars. The Meadows is on the southwest quadrant of the corner of Baseline and Foothills Parkway. It's an option to drive yourself and meet at the trailhead but let us know your plan. Pay attention to the forecast and bring layers of clothing plus water and snacks. We are often out all day and stop for a picnic lunch along the way. We welcome newcomers.

August 1 – Butzel Hill. The trailhead is along Left-Hand Canyon Drive at the group of houses called Rowena. It's about 4 ½ miles roundtrip, with some elevation gain.

August 8 – White Ranch Park in Jefferson County. We'll use the west entrance. We will follow the Rawhide Trail and Wranglers Run, about a 5-mile loop.

August 15 – Ceran St. Vrain. The trailhead is a few miles uphill from Jamestown. The main trail is 1.9 miles (one way), and we can add Miller Rock, which is another mile, but steep. So, roundtrip for the whole thing will be 6 miles.

August 22 – Bridal Veil Falls is located in the northeastern part of Rocky Mountain National Park. It is about 6.2 miles roundtrip with 990 ft of elevation gain. The trailhead is Cow Creek, and parking is very limited. We may decide to start earlier in order to secure parking.

August 29 – Woodland Lake loop. The trailhead is Hessie, and again parking can be a problem, prompting us to start earlier than usual. We will do a loop formed by the Devil's Thumb and the Devil's Thumb Bypass trails, about 5 miles total.

Louisa Young and Sue Evans

Tuesday Evening Hikes June 2024

Hikes begin at 6:00 PM at the designated trailhead and are approximately 2 to 3 miles long. There will be a potluck after the hike. Contacts: Call trip leader or Pat Irwin.

August 6 **Leader: Jim Shaw and Marianne Bachmann**

Location: Shanahan Ridge

Direction: Meet at Viele Lake picnic area near the South Boulder Recreation Center. Choose the longer Shanahan Ridge walk or the Viele Lake trail before gathering for picnic.

August 13 **Leader is Louisa Young.**

Location: Bike or Hike Boulder Canyon Creek Trail

Direction: Meet at Louisa's house. Park on the street or go to the parking lot at People's Crossing (northwest of intersection Pearl and Canyon) and walk back east 2 long blocks. Potluck at Louisa's after bike or hike.

August 20 **Leader is Pat Irwin**

Location: Bike or Hike South Boulder

Direction: Meet at Pat's house before and after for potluck.

August 27 **Leader is Richard Patnoe**

Location: Boulder Open Space

Direction: Meet at Richard's house before hike and after for Potluck.

Safety tips for summer activities

For hiking, carry the 10 essentials. You can go to American [hiking.org](https://www.hiking.org) for the list. When hiking with a group, have designated meeting times and places. If you leave the group, make sure the leader knows.

For biking, always wear a helmet, use hand signals for stopping, slowing down and turning, and call out when passing-loud enough for people wearing headphones to hear- "on your left" or "on your right" or use a bell. I don't recommend using any earphones or headphones while biking. I want to be able to hear any possible danger around me.

Enjoy the nice weather and have fun out there.

Arnie Mullen, Safety Chair

2024 Wildflower Rambles

There are no Wildflower Rambles scheduled in August at this time.



Fun was had - 15 of us enjoyed the Shakespeare play, "The Merry Wives of Windsor", which was a hilarious comedy. We gathered at The Sink to have pre-play dinner, then walked across the street (on the HILL) to enjoy the play at the lovely Roe-Green Theatre on CU campus.

Nicole deLorimier, Organizer

10th Mountain Division Hut Trip August 18, 19 and 20, 2024



The Hut Trip is full. There is a waitlist. There are always people who have to cancel, so please put your name on the waitlist if you have any interest in going. There is no cost to do that. We rented Jay's Cabin at

Shrine Mountain on August 18, 19 and 20, 2024. It is located near Vail Pass, and it is accessible to regular vehicles. This one is uptown! IT HAS POTABLE WATER, FLUSH TOILETS, REFRIGERATOR AND SHOWERS!!! Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either. The bed configuration is different from past events. There are 8 single beds, 1 queen and 1 double. So, we can accommodate 2 couples and 8 singles. When you sign up, specify whether you are single or part of a couple.

The cost is \$225 per person and final payments were due June 15. Volunteers will be solicited to prepare and clean up breakfasts and dinners. You need to bring your own hike lunches. Mattresses and pillows are provided.

For more information, contact the Trip Leader, Louisa Young.



Fall Bicycle Ride in Grand County, CO September 3, 4, 5 & 6, 2024

Dear Fellow Cyclists,

I hope this message finds you excited for our upcoming Fall Bicycle Ride in Grand County, CO. Our plan is to gather on Tuesday the 3rd, with an option for a local ride for early arrivals, culminating in a potluck dinner at the Fraser house in the evening. I encourage everyone to bring food and lunch supplies for the duration of our stay, complemented by local dining options in Winter Park and surrounding towns.

If you are staying elsewhere in the area, you are welcome to join for rides if you sign up and then there is no fee.

We have arranged accommodation at the Fraser House, which is now fully booked with 14 participants. If you're interested in staying there and wish to be placed on the waitlist, please contact me directly. Further details about the Fraser House can be found in our last newsletter, and for those curious about the accommodations, here is a link to the rooms and levels of the Alpine Learning Center: <https://photos.app.goo.gl/bsj6tM5JvMbFSu7U8>. There are three levels to the Fraser house. The bottom level has a bathroom and one bedroom. There is also a recreational room and some storage for your bicycle available there. The second floor has two bedrooms, a large kitchen and dining area as well as a living room for gathering and seating.

I will be making room assignments in order to minimize mayhem upon check in. There are some bunk beds and limited privacy in the building for sleeping.

Our itinerary includes rides on Tuesday, Wednesday, and Thursday, and an optional ride on Friday, the day of checkout. We have pre-ridden the routes to ensure a smooth and enjoyable experience for all skill levels, with a mix of group rides and recommended individual routes. Specifics about each day's ride will be shared soon, including a group ride on Thursday along the Fraser River Trail, promising scenic views and a memorable lunch at the Winter Park Ski Area's many restaurants.

To facilitate meal planning for Wednesdays and Thursdays, and Friday morning, I will be sending out a signup list for shared meals. We aim to have breakfast together at the Fraser House for those staying there, ensuring a great start to each day.

Your trip leaders are committed to making this an unforgettable experience for everyone involved. Please stay tuned for more updates, including the detailed ride list and additional logistical information.

Looking forward to an incredible fall ride together.

Best regards,

Trip Leaders: Mark Stangl and Richard Patnoe

Mark your Calendar!
Fall Membership picnic at Laverne Johnson Park in Lyons on September 14, 2024. More information will follow.



October 6 to 9, 2024 (3 nights) Avalanche Ranch

The club is sponsoring another fun trip to Avalanche Ranch. We will be checking in on Sunday October 6 from 3 PM and leaving Wednesday morning by 10 AM. The Ranch is

twelve miles south of Carbondale along the Crystal River Valley. Typically, the fall colors are at their best while we're at the Ranch. There are many opportunities for hiking and bicycling, both with road bikes and mountain biking, too. The club has reserved three cabins plus the ranch house where we will enjoy our happy hour gatherings and our chili, and salmon and potluck dinners. The Ranch requires everyone to sign a waiver, which is available on their website. One of the cabins does in fact have a loft. Think about who you would like to share a room or the loft with.

The Ranch has wonderful hot pools available 24/7, so bring your bathing suit! Some include views of Mt. Sopris dusted with snow. The club typically provides vegetarian chili on the first night and salmon the second. The third night is optional potluck. Club members will provide side dishes and desserts. Every evening the club enjoys a happy hour. Bring your favorite beverage and snacks to share. **The cost is \$235 for three nights per person. I will be accepting full payment after August 1st.** Looking forward to another fun FSC trip.

Trip Leader: Tom Cannon

FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

August 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Thursday Hike 7:45 AM	2 FAC 4:00 PM	3
4	5	6 Tuesday Hike 6:00 PM	7	8 Thursday Hike 7:45 AM	9 FAC 4:00 PM	10
11	12 Book Club 6:45 PM	13 Tuesday Hike 6:00 PM	14	15 Thursday Hike 7:45 AM	16 FAC 4:00 PM	17
18 FSC June Newsletter submittals due 10 th Div	19 Hut	20 Tuesday Hike 6:00 PM Trip	21	22 Thursday Hike 7:45 AM	23 FAC 4:00 PM	24
25	26	27 Tuesday Hike 6:00 PM	28	29	30 FAC 4:00 PM	31

Board Members

President	Louisa Young	303.444.6428	louisamyong@gmail.com
V. President	Joe Golden	720.253.5061	joegolden@q.com
Secretary	Beth Gaffney	303.499.6287	beth.gaffney.boulder@gmail.com
Treasurer	Martha Parks	720.384.3582	mrptravel6@gmail.com
Publicity	Linda LaGanga	720.352.6805	laganga@colorado.edu
Newsletter	Marianne Bachmann	202.484.0964	bachmann.marianne1291@gmail.com
Membership	Linda Giandinoto	303.499.1647	membership@flatironsskiclub.com
Social Co-Chair	Tina Ramp	303.443.3559	tina.ramp@gmail.com
Social Co-Chair	Eleese Miller	303.530.4376	dem7340@gmail.com
Safety Chair	Arnie Mullen	303.859.2549	arniemullen@netscape.net
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	richardvarey6@gmail.com
Activities Co-Chair	Tom Cannon	303.817.3498	Ceramictom@gmail.com
Activities Co-Chair	Dorothy Cohen	303.494.0458	dorothy_cohen@q.com

Member at Large

Webmaster	Mark Stangl		webmaster@flatironsskiclub.com
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