



**April 2024**

## **Flatirons Ski Club**

An Outdoor Multi Sports and Social Group

[www.FlatironsSkiClub.com](http://www.FlatironsSkiClub.com)

**NEXT GENERAL MEETING WILL BE APRIL 3<sup>RD</sup>, 7 PM AT THE  
UNITARIAN UNIVERSALIST CHURCH OF BOULDER  
5001 PENNSYLVANIA AVE, BOULDER, CO 80303**

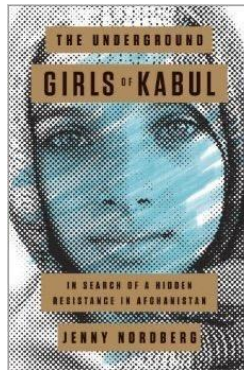
### **Message from the President**

The FSC Nominations Committee has done a wonderful job of identifying candidates for the 2024-2025 Board. The Nominations Committee includes Arnie Scheer (Chair), Gary Gates, Linda Bredt, Louisa Young, Donna Cooper and Jane Rogers. We will be electing the 2024-2025 Board at the April General Meeting. Thank you to the members who have served on the 2023-2024 Board. **Thank you: Martha Parks, Louisa Young, Marianne Bachmann, Dorothy Cohen, Eleese Miller, Linda LaGanga, Linda Giandinoto, Richard Varey, and Arnie Mullen.**

**Beth Gaffney, President**

**Program for General Meeting April 3, 2024**  
**Skiing Off to War with the 10th Mountain Division**  
**Presented by Flint Whitlock of the Broomfield Veterans Museum**

The 10th Mountain Division, which trained in Colorado from 1942-1944, was the last U.S. division to go overseas. Once deployed to the mountains of Italy, it never lost a battle or gave up a foot of ground. After the war, many of the veterans returned to the U.S. to kick-start the ski industry and establish many ski areas such as Vail and Aspen — and create the 10th Mountain Hut System. **Louisa Young, Vice President**



**FSC Book Club**


DATE: Monday, April 8 2024  
TIME: 6:45 PM  
HOST: Claudia VanWie, see FSC roster for address  
LEADER: Susan Kampe  
BOOK: The Underground Girls of Kabul: In Search of  
Hidden Resistance in Afghanistan  
by Jenny Nordberg

## **FSC NOMINATIONS SUBMITTAL**

On the following page is the FSC Nominations Committee slate of Officer & Chairperson 2024-2025 candidates for Election at the General Meeting on Wednesday, April 3, 2024. There is one candidate for each position. If there are no additions, the election could be by acclamation.

The slate includes eight returning experienced candidates with two in different positions, plus three new candidates with interest and ability in the positions of Vice President-Joe Golden, Social Chairperson-Tina Ramp, and Activities Chairperson-Tom Cannon. Per the Bylaws the Nominations Committee may only provide at least one candidate for each position, with more than one candidate requiring election to determine the “winner” of the position. However, the FSC Board may approve at its discretion Co-Chairpersons for any Standing Committee at any time. So the new FSC Board could approve Elease as Social Co-Chair and Dorothy as Activities Co-Chair if desired as well as other Co-Chairs where beneficial.

We think the three new capable candidates will provide interesting programs, good organization & coordination, great event participation, and perceptive help with FSC Board business issues.

Thank you for your support of the Nominations Committee,  
Arnie Scheer  2023-2024 Nominations Committee Chairperson  
720-708-9333 iPhone

## FSC Officer & Chairperson Nominations– 2024-2025 (Submittal, 3/17/24)

\*\*\*Note: Co-Chairpersons may be approved only at discretion of the Board at any time.

- \_\_\_\_\_ Louisa Young- **President**
- \_\_\_\_\_ Joe Golden - **Vice President**
- \_\_\_\_\_ Beth Gaffney - **Secretary**
- \_\_\_\_\_ Martha Parks - **Treasurer**
- \_\_\_\_\_ Linda LaGanga - **Publicity Chairperson**
- \_\_\_\_\_ Marianne Bachman - **Newsletter Chairperson**
- \_\_\_\_\_ Linda Giandinoto - **Membership Chairperson**
- \_\_\_\_\_ Tina Ramp - **Social Chairperson \*\*\***
- \_\_\_\_\_ Arnie Mullen - **Safety Chairperson**
- \_\_\_\_\_ Richard Varey - **Downhill & Nordic Ski Chairperson**
- \_\_\_\_\_ Tom Cannon - **Activities Chairperson \*\*\***

Ref: Nominations Committee 2023-2024  
Arnie Scheer, Chairperson  
Gary Gates (Through ~3/21/24)  
Linda Bredt  
Donna Cooper  
Jane Rogers  
Louisa Young (Through 4/2/24)

**\*\*\*SAVE THE DATE\*\*\***  
**JUNE 8 2024 for FSC Spring Fling**

**Snowshoeing**

Thank you everyone who came snowshoeing. We had a successful year! I think April usually brings warm and mushy snow. If we get big dump I will send an email out.

**Dorothy Cohen**

## **10<sup>th</sup> Mountain Division Hut Trip 2024**

Arrangements have been made to go to Jay's Cabin at Shrine Mountain August 18, 19 and 20 of 2024. It is located near Vail Pass, and it is accessible with regular vehicles. This one is uptown! IT HAS POTABLE WATER, FLUSH TOILETS, REFRIGERATOR AND SHOWERS!!! Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either. The bed configuration is different from past events. There are 8 single beds, 1 queen and 1 double. So we can accommodate 2 couples and 8 singles. When you sign up, specify whether you are a single or part of a couple.

**Sign-ups will start at the April General Meeting.** The cost will be \$225 per person. \$25 deposit holds your place, with the balance due June 15<sup>th</sup>. Volunteers will be solicited to prepare and clean-up breakfasts and dinners. You need to bring your own hike lunches. Mattresses and pillows are provided. For more information, contact Louisa Young.

## **Moab Trip May 5 to 10, 2024**

The ski club will be going to Moab to stay at the Lazy Lizard again this year. We will be in Grandma's and the Watermelon up and downstairs. There is still room, cost is \$135 for 5 nights. We will have a potluck Monday evening and happy hour nightly. We will be hiking and biking. Please mail me a check made out to FSC, use my address as listed in the roster .

**Dorothy Cohen, Trip Leader**

**SUMMER WILDFLOWERS in CRESTED BUTTE**

## **2024 Crested Butte Wildflower Trip, Tuesday, July 9 – Friday, July 12, 2024**

Linda and Chris Paris will lead a Wildflower Rambles trip to Crested Butte next July 9 – 12, 2024 - 3 nights lodging at the Cristiana Guesthaus on Tuesday, Wednesday, Thursday, checking out Friday morning. Note that this trip is earlier in July than it has been in past years and is now midweek. **Total trip cost is \$412.00 per person in a double occupancy room or \$552.00 per person in a single occupancy room.** Deposits for the trip will be accepted beginning April 3.

The Cristiana provides breakfast each morning. Provide your own lunch with items brought from home in a small cooler or purchased locally. Dinners will be at local restaurants. The trip cost covers only lodging with breakfast.

The trip leaders will lead a wildflower hike on both Wednesday and Thursday. Participants are welcome to join them or go out on their own. Options for wildflower walks and hikes are numerous, ranging from easy to moderate walks in/near town to strenuous hiking to mountain passes. People going on the trip should be in good physical health and condition. Being vaccinated for COVID, flu and RSV is strongly encouraged.

A non-refundable deposit of \$75.00 per person is required at the time of sign-up – either at the April meeting or by mail. Sign-up and checks will be accepted at the end of the April 3 FSC Membership Meeting. Signing up is for those who are ready to commit to go on the trip. If you have interest in going but are not sure, still thinking about it, or your schedule may change, put your name on the waiting list – no deposit is required to join the waiting list. Before you sign up and pay a deposit, be sure you are ready to come on the trip.

Our reservations accommodate 26 people: 5 couples (king), 10 persons in 5 queen+double rooms (each with own bed) and 6 single persons (queen). Queen+Double rooms are only for double occupancy - 2 persons who are comfortable rooming with each other and mutually agree to do so. Sign up together after you have found your roommate. Contact the trip leaders for suggestions of persons to contact to arrange a roommate if you don't have someone in mind. Finding a roommate is your own responsibility. Questions? Contact Linda and Chris by e-mail/telephone.

Please contact us by e-mail to let us know you have chosen to sign up by mail. We will look for your check in the mail and inform you when we receive it. **Make out checks to Flatirons Ski Club and put 2024 Wildflower Crested Butte in the note line.** Send deposits and final payments to the Paris' by mail (address available from the membership list). **Full payment is due by Saturday, June 1, 2024.** After that date, unused rooms will be cancelled.

Here is the form to fill out and bring to the meeting or send with your check:

TRIP\_\_\_\_\_

MEMBER NAME\_\_\_\_\_

EMAIL\_\_\_\_\_

PHONE (\_\_\_\_\_)\_\_\_\_\_

DEPOSIT \$\_\_\_\_\_

ROOMMATE PREFERENCE\_\_\_\_\_

The trip is: **2024 Wildflower Crested Butte**

If you would like to have a single occupancy room, please say that under Roommate Preference(s) on the form.

### Thursday Hikes

We continue to meet on Thursdays at the Meadows Shopping Center. We meet at 8:45 AM and leave at 9:00 AM. People can carpool from the Meadows Shopping Center, or they can drive by themselves to the trailhead. The Meadows Shopping Center is at the southwest corner of Foothills Highway and Baseline. We usually park close to the 1<sup>st</sup> Bank building. Just look for people standing by their cars. The weather is changeable. Be prepared for all types of weather. Email Sue Evans or Louisa Young to let us know if you are planning to come.

## 2024 Wildflower Rambles

The recent significant snow bolstered our watersheds and bodes well for a good flower season this summer. The Wildflower Rambles is using an “as we go” protocol and developing an interest list of participants for communication. If you are interested in participating this summer, please drop Linda Paris an e-mail so we can form that interest list. Even if you were on the list last year, please email us again to confirm you wish to continue being notified. An indication of what you are comfortable doing, specific places that would appeal for rambling or special flowers that interest you (for example calypso orchids) are welcome. The rambles leader core met recently and developed trips through July. Detailed information about place/time, leaders, meet up for carpooling, directions and trail attributes will be sent out by email to the interest list.

The early season trips in April and May are:

April 9 (Tuesday): Joder Ranch from Old Stage Road

May 1 (Wednesday): Rabbit Mountain near Lyons

May 15 (Wednesday): Goshawk Ridge (focus on pasque flowers and sugarbowls)

May 31 (Friday): Realization Point vicinity, Flagstaff Road

Wildflower rambles are relaxed and slow-paced trips to allow attention to the details of the flowers and plants and to make identification easier. We also spotlight particular flower groups. Bring sun protection, snack/lunch, water, rain gear, poles and field guides. There is a carpool fee payable to the driver.

The rambles leader team of 6 welcomes everyone who likes to look for or wants to find out more about flowers. We recognize that there are many levels of expertise and pace among our ramblers and also recognize that we will get strung out on our route because of that. Some want general information about the flowers and others are into keying them out. Rambles are not meant to be hikes. Our rambles policy is to provide several leaders to accommodate faster, moderate and ambling paces. You are welcome to go as far as your interest or physical condition take you. Please consider your physical capabilities/limitations, the ramble trip details (elevation, surface, topography, etc.) and your schedule in your decision to participate.



## 2023/24 FSC MID-WEEK SKI SCHEDULE

Monday: Ed Hanson			Thursday: Arnie Mullen		
H: 303.993.4445, C: 303.902.3709			C: 303.859-2549		
Email: ewhfg@cs.com			Email: arniemullen@etscape.net		
<b>MONDAY/TUESDAY (EPIC)</b>			<b>WEDNESDAY/THURSDAY (IKON)</b>		
<b>Date</b>	<b>Area</b>	<b>Carpool Fee</b>	<b>Date</b>	<b>Area</b>	<b>Carpool Fee</b>
1-Apr	Breckenridge	\$10	3-Apr	Copper (Wed)	\$10
8-Apr	TBD		11-Apr	WP/MJ	\$10
15-Apr	TB		18-Apr	TBD	

- If you are not on Ed and/or Arnie’s list of midweek skiers, please let them know of your interest.
- Unless otherwise noted, carpools depart at 7:30 from Eldorado Park “N” Ride on the northeast corner of Hwy 93 and Hwy 170 (sometimes called Marshall Rd). **Please arrive 10 minutes early to ensure an on-time departure.** Let Ed or Arnie know if you are willing to drive. We can also meet skiers at agreed upon times in the Woolly Mammoth lot in Golden.
- Ski destinations are suggestions only, and may change depending on weather, traffic, ski conditions, or carpool preferences.
- Occasionally, Ed and Arnie may need to alternate leaders when they are away on ski trips.
- The club’s prevailing health guidelines apply to all activities.
- We typically wear green ribbons on our helmets so it’s easy to find each other on the mountain. Let Ed or Arnie know if you need one.
- 

### A Big Thank You to our Ski Leaders

A big thank you for 8 great trips and midweek opportunities to ski together. We can’t guarantee powder, but many trips had great snow, and all were fun.

#### 2024 Overnight Trip Leaders

Linda & Chris Paris - Crested Butte  
 Tom Cannon - Steamboat  
 Donna Cooper & Louise Geil - Monarch/Wolf Creek  
 Beth Gaffney - Snow Mountain Ranch YMCA (Winter Park)  
 Janne Cookman - Snowy Range  
 Louisa Young - Fraser House (Winter Park)  
 Richard Varey - Aspen/Snowmass  
 Ed Gostling - Leadville/Ski Cooper

#### Mid-Week Day Skiing Leaders:

Ed Hanson - Epic pass holders - Beaver Creek, Breckenridge, Keystone, Vail

Arnie Mullen - Ikon pass holders - A-Basin, Eldora, Copper, Winter Park/Mary Jane

Not forgetting Nan Keehner, who set up an email group for visits to Loveland.

If any members are interested in leading an overnight ski trip for the 2025 winter season, or have any suggestions for future winter destinations, please get in touch with

**Richard Varey, Downhill & Nordic Ski Chair.**

## **Ski Safety**

Unfortunately, some of our club members have had collisions with other skiers or snowboarders with some injuries resulting. In an effort to promote safety on the slopes, here are some of my suggestions, many of which come from Ski Patrol at various areas.

- Look around you on the slopes continuously. Be aware of others who are around you and approaching. Ski defensively.
- Remember that snowboarders have a blind spot and often don't see other people on the hill.
- Leave yourself an out. Try to keep lots of space between yourself and other skiers and snowboarders.
- Try not to do wide sweeping turns that others can't anticipate. A straighter line down the mountain with tighter turns at controlled speed is safer and easier for others to avoid.
- In flat light or when it's snowing and visibility is not great, the visibility and ability to see moguls, bumps, and contours in the slope is better near the trees and in glades.
- When skiing near the side of a trail, keep a constant lookout for others suddenly emerging from the trees unannounced.
- When others are coming up behind you, stop and wait for them to go in front of you to make it easier to see them.
- Don't ski alone in remote areas, trees, glades, etc. where medical help or rescuers may have a hard time finding you.
- Don't do that additional last run of the day if you're too tired.
- Keep your skis tuned because the powder can turn to hard pack, and you want sharp edges so you can turn and stop quickly and not slide.
- When you're coming up close on others, call out "on your right" or "on your left" , or "behind you" loud enough so it can be heard through headphones.
- Keep your cell phone charged and turned on for emergencies and to communicate with your companions for meeting at the end of the day.
- Make sure all your companions have your cell # in their phones. Also, enter phone #'s for each area's Ski Patrol in your phones.
- If involved in a collision with others, the ski area safety act requires exchanging contact information. I recommend doing this even in the event of what you think is a minor collision because an injury can turn out to be worse than initially thought.
- Have fun and be safe on the slopes!
- If any one has questions or comments on how to be safer on the slopes, I'd like to hear them. Please send them to me at [Arniemullen@netscape.net](mailto:Arniemullen@netscape.net).

Thanks, Arnie

## **March 2024 Calendar**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 FSC General Meeting 7:00 PM	4 Thursday Hike 8:45 AM	5 FAC 4:00 PM	6
7	8 Book Club	9 Wildflower Ramble	10	11 Thursday Hike 8:25 AM	12 FAC 4:00 PM	13
14	15	16	17	18 Thursday Hike 8:45 AM	19 FAC 4:00 PM	20
21	22 FSC Newsletter Submittals due	23	24	25 Thursday Hike 8:45 AM	26 FAC 4:00 PM	27
28	29	30				

### Board Members

President	Beth Gaffney	303.499.6287	beth.gaffney.boulder@gmail.com
Vice President	Louisa Young	303.886.9080	louisamyong@gmail.com
Secretary	OPEN		
Treasurer	Martha Parks	720.384.3582	mrpravel6@gmail.com
Publicity	Linda LaGanga	720.352.6805	laganga@colorado.edu
Newsletter	Marianne Bachmann	202.484.0964	bachmann.marianne1291@gmail.com
Membership	Linda Giandinoto	303.499.1647	membership@flatironsskiclub.com
Social Chair	Elese Miller	303.530.4376	dem7340@gmail.com
Safety Chair	Arnie Mullen	303.859.2549	arniemullen@netscape.net
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	richardvarey@gmail.com
Activities	Dorothy Cohen	303.494.0458	dorothy_cohen@q.com

### Members at Large

Mailing	Roger Briden	303.402.0682	webmaster@flatironsskiclub.com
Webmaster	Roger Briden	303.402.0682	webmaster@flatironsskiclub.com

Flatirons Ski Club  
PO Box 6120  
Boulder, CO 80306

