

# Flatirons Ski Club

**Social**



**June 2024**

An Outdoor Multi Sports and  
Group

[www.FlatironsSkiClub.com](http://www.FlatironsSkiClub.com)



**Annual FSC Spring Fling  
Wednesday June 12, 2024  
Time 11:30 AM – 1:30 PM  
AT LOUISVILLE COMMUNITY  
PARK  
955 Bella Drive, Louisville, CO**

**It is a Potluck – Bring a dish to share.  
The FSC provides pulled pork, brats, and coleslaw as well as  
plates, utensils, and fresh water.**

**Please contact Elease Miller to volunteer for setup and  
cleanup!**

## Message from the President

April showers bring May flowers. What do Mayflowers bring? Pilgrims. Our annual Spring Fling is just around the corner. Unfortunately, Social Co-chair Tina Ramp will be out of town. In the meantime, Eleese Miller and her helpers are hard at work pulling everything together to make it a memorable event. I hope to see a lot of you at the Louisville Community Park on June 12<sup>th</sup>, see box above.

The Board is considering revamping our website, and a committee has been formed to investigate some possibilities. If you have expertise in website design or have experience dealing with someone who does, we would be very interested in communicating with you. The committee is composed of Beth Gaffney, Linda LaGanga, Martha Parks, Mark Stengl, Richard Varey, and me with some participation from Ted Hine. Contact any of us with your suggestions.

There are many activities being planned for the Summer. While downhill skiing is not among them, I hope each of you finds something else you like to do and can participate in.

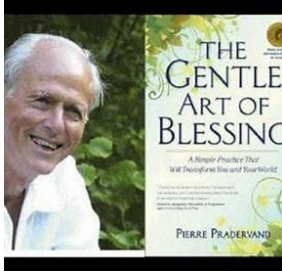
Louisa Young, President

**Please note: Next FSC General Meeting will be Wednesday  
October 2, 2024**

## Another wonderful Moab Spring Trip was had!

Twenty-five of us stayed in Moab, most of us at Gramma's and the Watermelon House run by the Lazy Lizard Hostel. The Lazy Lizard is not fancy but very reasonably priced and clean. Folks explored Arches and Canyonlands (both Island in the Sky and the Needles district), as well as Fisher Towers and Grandstaff (formerly Negro Bill). We had both hikers and bikers, and we enjoyed Happy Hours and a wonderful potluck together. There are great restaurants in Moab, and everyone had a good time! Hope you can come next year and play with us.

**Trip Leader: Dorothy Cohen**



## FSC Book Club

- DATE:** Monday, June 19, 2024, Time: 6:45 PM
- HOST & Leader:** Donna Cooper, see FSC roster for address.
- BOOK:** The Gentle Art of Blessing by Pierre Pradervand

Pradervand describes a blessing as genuinely wishing the best for another person through seeing their individual worth and honoring them for it. By looking at several different perspectives—providing spiritual inspiration from Hinduism, Taoism, the Koran, the Bible, and other important spiritual sources—*The Gentle Art of Blessing* provides the tools for people to shift their attitude from negativity to acceptance. These blessings can be practiced daily in everyday situations whether it be at the supermarket, driving in rush hour, or spending time in the workplace, the simple action of blessing the event can turn a challenging experience into an experience of grace and gratitude. Simple yet powerful, a blessing can change the way of perceiving and shaping our surroundings, reflecting the unconditional love and acceptance that is necessary for global—and inner—peace.

## Skiing Update

If any members are interested in leading an overnight ski trip for the 2025 winter season, or have any suggestions for future winter destinations, please get in touch with me.

**Richard Varey, Downhill & Nordic Ski Chair**

## Thursday Hikes June 2024

We continue to meet on Thursdays at the Meadows Shopping Center. We meet at 7:45 AM and leave at 8:00 AM. People can carpool from the Meadows Shopping Center, or they can drive by themselves to the trailhead. The Meadows Shopping

Center is at the southwest corner of Foothills Highway and Baseline. We usually park close to the Bank building. Just look for people standing by their cars.

The weather is changeable. Be prepared for all types of weather.

Call or email Sue Evans or Louisa Young to let us know if you are planning to hike and to confirm that we will be hiking if the weather forecast is questionable.

## **Tuesday Evening Hikes June 2024**

Hikes begin at 6:00 PM at the designated trailhead and are approximately 2 to 3 miles long. There will be a potluck after the hike. Contacts: Call trip leader or Pat Irwin.

- June 4      **Leaders are Jim Shaw and Marianne Bachmann**  
**Location: Viele Lake at South Boulder Rec Center – Parking is off Gillespie Road near the shelter and bathrooms**  
There is a short loop around the lake which some people may find just fine and others may choose a bigger loop on some neighborhood roads. Be aware of the Geese parents aggressively protecting their goslings and of their scats that are everywhere.  
**Potluck will be at the Picnic Shelter off Gillespie Road.**
- June 11     **Leader is Nancy Peterson.**  
**Location: Walden Ponds**  
**Direction:** From 75<sup>th</sup> and Valmont go North past Sawmill to Walden Ponds on left; sign is on right. Take the road to parking near covered pavilion and bathrooms where the group will meet.  
**Potluck is at the pavilion after hike.**
- June 18     **Leader is Louisa Young**  
**Location: Sunshine Valley**  
**Direction:** Park at the Centennial Lot on Mapleton. It is just west of the trailhead for Mt. Sanitas which is on the right. Carpooling is recommended because the parking lot is small and popular.  
**Potluck is after hiking at tables near parking lot.**
- June 25     **Leader – none as of yet**  
**Location: Teller Farms on Arapahoe side**

**Direction:** Take Arapahoe east past 75<sup>th</sup>; go past Willow Creek; in less than a mile look for the sign on the left and turn left. The road is washboard-like but gets you to the parking lot and bathrooms. Hike for half an hour and return. Potluck is at table under the trees. Bring a chair.

## SUMMER WILDFLOWERS in CRESTED BUTTE

2024 Crested Butte Wildflower Trip, Tuesday, July 9 – Friday, July 12, 2024

**THIS TRIP IS FULL** – the waiting list is open (no deposit required). Contact the trip leaders Linda and Chris Paris to join the waiting list or with questions.

Trip details were published in the March 2024 newsletter on page 4 and in the April 2024 newsletter on page 6 – refer to these descriptions for more information.

## 2024 Wildflower Rambles

So far, it has been a different season and not quite as we expected with timing. If you are interested in participating with the rambles this summer, contact Linda Paris by email to join the interest list. Detailed information about place/time, leaders, meet up for carpooling, directions and trail attributes will be sent out by email to the interest list.

The late May and June walks are:

- May 31 (Friday): Realization Point vicinity, Flagstaff Road
- June 5 (Wednesday) Shanahan Ridge – via Lehigh Connector North
- June 14 (Friday) Golden Gate State Park – Beaver Pond Trail

Wildflower rambles are relaxed and slow-paced to allow attention to the details of the flowers and plants and to make identification easier. We also spotlight particular flower groups. Bring sun protection, snack/lunch, water, rain gear, poles, and field guides. There is a carpool fee payable to the driver.

The rambles leader team of 6 welcomes everyone who likes to look for or wants to find out more about flowers. We recognize that there are many levels of expertise and pace among our rambles and also recognize that we will get strung out on our route because of that. Some want general information about the flowers and others are into keying them out. Rambles are not meant to be hikes. Our rambles policy is to provide several leaders to accommodate moderate and ambling paces. You are welcome to go as far as your interest or physical condition take you. Please consider your physical capabilities/limitations, the ramble trip details (elevation, surface, topography, etc.) and your schedule in your decision to participate.



**SHAKESPEARE FESTIVAL AT CU**  
**A comedy, "The Merry Wives of Windsor"**  
**Wed. July 17th, 2024 @ 7PM**

Although all 15 tickets are spoken and paid for, I am taking a wait list, in case anyone needs to cancel. If you'd like to be put on the Cancellation List, please contact me, Nicole deLorimier, at my Email address in our roster. The usual venue at CU is being remodeled this summer, so instead of us enjoying the play at the Mary Rippon Outdoor Theatre, it will be presented at the nearby Roe-Green Theatre on campus. Tickets are \$55 each. We will likely plan to find a restaurant 'on the hill', for those who want to join the group for dinner in advance of the play. Details to follow to all participants.

Nicole deLorimier, Organizer



**10<sup>th</sup> Mountain Division Hut Trip**  
**August 18, 19 and 20, 2024**

The Hut Trip is full, but the waitlist is short. There are always people who have to cancel, so please put your name on the waitlist if you have any interest in going. There is no cost to do that. We rented Jay's Cabin at Shrine Mountain on August 18, 19 and 20, 2024, It is located near Vail Pass, and it is accessible to regular vehicles. This one is uptown! IT HAS POTABLE WATER, FLUSH TOILETS, REFRIGERATOR AND SHOWERS!!! Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may



not exist either. The bed configuration is different from past events. There are 8 single beds, 1 queen and 1 double. So, we can accommodate 2 couples and 8 singles. When you sign up, specify whether you are single or part of a couple.

**The cost is \$225 per person and final payments are due June 15.** Volunteers will be solicited to prepare and clean up breakfasts and dinners. You need to bring your own hike lunches. Mattresses and pillows are provided.

**For more information, contact the Trip Leader, Louisa Young.**



## **Fall Bicycle Ride in Grand County, CO September 3, 4, 5 & 6, 2024**

Our agenda will be to arrive on Tuesday the 3rd, some people may choose to have a local ride, and meet at the Fraser house in the evening for a potluck dinner. Please bring food and lunch supplies for the rest of the days there. There is some local dining in Winter Park and the other local towns. Folks can ride Wednesday, Thursday, and Friday (checkout day).

The Fraser House near Fraser has been reserved for all 3 nights. Please contact Mark Stangl to arrange accommodation if you wish to stay at the Fraser House. Those NOT choosing the Fraser House need to make their own accommodation. There will be a \$25 deposit to stay at the Fraser house. If we get at least 12 people the total fee will be around \$80 for the three nights. The approximate price of the stay there is \$25 per night per person with a contribution to the electrical bill I have approximately \$5.

What we call the Fraser house is the Alpine Learning Center that was built in 1979 by some former members of the club who graciously will rent this thing out to us for a decent price. What I found on my last ski trip there was that it is a great venue for socialization in the evenings and mornings and also for making plans for the following days. This sense of community that I had there with everybody was just wonderful and one of my favorite trips with the ski club so far. Some of you will elect to stay in hotels or in condos owned by other members. I suspect you could be pleasantly surprised at how much fun you will have if you stay with us at the Fraser house. The

house has three bathrooms, one on each level. All sheets and towels are there and are clean. Sleeping bags and bedding are supplied.

The kitchen is more than adequate and there are enough dining and cooking items and supplies for everybody to prepare meals for the day. If anyone would like to prepare a larger group meal, we should start planning for that now and we can add the expense to the overall fee for the trip. Usually, everyone helps clean up in the kitchen. Here is a link to the rooms and levels of the Alpine Learning Center:

<https://photos.app.goo.gl/bsj6tM5JvMbFSu7U8>

The ride routes have not yet been fully determined. One day, Thursday, will be the Fraser River Bicycle Trail. The other two days will be on county roads in the Grand County vicinity. Efforts will be made for the routes to be hard surfaces, but it is expected that there will be some hard-packed gravel. All efforts will be made to make this an adventure where the strongest to the weakest cyclists may participate. Toward the goal of accommodating those of varying abilities and interests, steep or long climbs will not be sought. The recommended routes will not be available until the end of June since two of the routes must be scouted.

**Trip Leaders: Mark Stangl and Richard Patnoe**



## **October 6 to 9, 2024 (3 nights) Avalanche Ranch**

The club is sponsoring another fun trip to Avalanche Ranch. We will be checking in on Sunday October 6 from 3 PM and leaving Wednesday morning by 10 AM. The Ranch is

twelve miles south of Carbondale along the Crystal River Valley. Typically, the fall colors are at their best while we're at the Ranch. There are many opportunities for hiking and bicycling, both with road bikes and mountain biking, too. The club is renting various cabins for couples and singles, which will include beds and futons, but this year there are no lofts. Each cabin has a full kitchen. The Ranch has wonderful hot pools available 24/7, so bring your bathing suits! Some include views of Mt. Sopris dusted with snow. The club typically provides vegetarian chili on the first night and salmon the second. The third night is optional potluck. Club members will provide side dishes and desserts. Every evening the club enjoys a happy hour. Bring



your favorite beverage and snacks to share. **The cost is \$235 for three nights per person. I will be accepting full payment after August 1st.**  
Looking forward to another fun FSC trip.

**Trip Leader: Tom Cannon**

### **FRIDAY AFTERNOON CLUB**

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

Please note that there is a separate attachment to this June newsletter that includes the **ACCUMULATED FLATIRONS SKI CLUB POLICIES.**

They provide imported information in addition to Sign-up Procedures, Capabilities and FSC Policies relating to Facebook on the Guidelines for Conduct and Bicycle Safety.

Maintaining awareness of these policies when participating in our fun activities, will provide a smooth, safe, and respectful environment for all of us.

## June 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					May 31 Wildflower Ramble	1
2	3	4 Tuesday Hike 6:00 PM	5 Wildflower Ramble	6 Thursday Hike 7:45 AM	7 FAC 4:00 PM	8
9	10 Book Club	11 Tuesday Hike 6:00 PM	12 Annual FSC Spring Fling	13 Thursday Hike 7:45 AM	14 Wildflower Ramble FAC 4:00 PM	15
16 Happy Father's Day	17	18 Tuesday Hike 6:00 PM	19	20 Thursday Hike 7:45 AM	21 FAC 4:00 PM	22 FSC June Newsletter submittals due
23	24	25 Tuesday Hike 6:00 PM	26	27 Thursday Hike 7:45 AM	28 FAC 4:00 PM	29
30						

### Board Members

President	Louisa Young		
V. President	Joe Golden		
Secretary	Beth Gaffney		
Treasurer	Martha Parks		
Publicity	Linda LaGanga		
Newsletter	Marianne Bachmann		
Membership	Linda Giandinoto		
Social Co-Chair	Tina Ramp		
Social Co-Chair	Eleese Miller		
Safety Chair	Arnie Mullen		
Downhill & Nordic Ski Chair	Richard Varey		
Activities Co-Chair	Tom Cannon		
Activities Co-Chair	Dorothy Cohen		

### Member at Large

Webmaster	Mark Stangl		<a href="mailto:webmaster@flatironsskiclub.com">webmaster@flatironsskiclub.com</a>
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