

# Flatirons Ski Club

An Outdoor Multi Sports and Social Group



[www.FlatironsSkiClub.com](http://www.FlatironsSkiClub.com)

## October 2024

**NEXT GENERAL MEETING WILL BE OCTOBER 2ND, 7 PM AT  
THE UNITARIAN UNIVERSALIST CHURCH OF BOULDER  
5001 PENNSYLVANIA AVE, BOULDER, CO 80303**

### Message from the President

Summer is staying with us. At this writing, we still have temps in the upper 80s and sunny skies for the foreseeable future. We must all be alert to the fire danger, but enjoy these opportunities while they last. I'm going to use some of my space to write about trip leadership. The Club offers a lot of overnight travels, both summer and winter. I can say from personal experience that the last 2 overnight trips (the Hut and the Bike trip) were great successes. All feedback about the Moab and Crested Butte trips is glowing. We eagerly anticipate the Avalanche Ranch outing in October.

Winter ski trips are reserved. However, some of us have led the same trips for years, and it's not realistic to expect that we will continue indefinitely. We need some fresh blood. When a leader decides not to continue, that trip is in danger of cancellation, and one of the participants may step up to keep it going. If a long-time leader had a co-leader, he or she might continue to lead longer. We could do more if we had more leaders. The idea of leading a trip may feel overwhelming, but the Club offers mentors. I ask you to examine your attitudes, especially if you participate in the trips. Volunteer to be a co-leader and learn how it is organized. Think of a place you'd like to go and would welcome some friends to share the experience. Be creative and get outside your comfort box. It will be good for you and for the Club.

**Louisa Young, President**

## FSC Book Club

<b>DATE:</b>	Monday, October 14, 2024, Time: 6:45 PM
<b>HOST &amp; Leader:</b>	Caryl Shields – see FSC roster for address
<b>Leader:</b>	Richard Varey
<b>BOOK:</b>	“Four Against the Arctic” by David Roberts

**Description:** Follows the author's reconstruction of the survival story of four eighteenth-century Russian sailors who were shipwrecked on the barren Arctic island of Svalbard for six years, discussing the events of the ice wrecking, the four survivors' minimal provisions, their dependence on driftwood for fire, and their near-death experiences in the wake of polar bear attacks.

## Thursday Hikes June 2024

For a few years, Sue Evans and Louisa Young have been planning and leading day hikes on Thursdays. We have decided to put our destinations in the newsletter. We reserve the ability to change without notice if the weather or other factors so motivate us. We hope this will help people in their decision whether to save a particular Thursday and commit to join us. We meet at the Meadows Shopping Center parking lot in the northeast area, near the office building at 7:45 and leave promptly at 8. Look for people standing by their cars. The Meadows is on the southwest quadrant of the corner of Baseline and Foothills Parkway. It's an option to drive yourself and meet at the trailhead but let us know your plan. Pay attention to the forecast and bring layers of clothing plus water and snacks. We are often out all day and stop for a picnic lunch along the way. We welcome newcomers.

**October 3** – Sourdough trail from the south trailhead (Rainbow Lakes Road) to the Peace Bridge. It's about 6 miles out and back with maybe 800 ft of elevation change.

**October 10** – Niwot Ridge. Trailhead is within the Brainard Lake Recreation area, so we will need entry permits, and will have to know in advance how many are hiking and who is driving. The trail is about 6.5 miles roundtrip, with 1000 ft of elevation change.

**October 17** – Sandbeach Lake in RMNP. The trailhead is at Wild Basin, which may require an entry permit. The trail is 8.8 miles roundtrip. The elevation change is 2000 ft, so this one is challenging.

**October 23 – TBA**

**October 31 – something spooky, maybe a remote cemetery**

**Leaders: Louisa Young and Sue Evans**

## **October 6 to 9, 2024 (3 nights) Avalanche Ranch**



The club's upcoming annual trip to Avalanche Ranch in the Crystal River Valley near Carbondale is just around the corner. The dates are October 6 - 9. We check in on Sunday after three (four PM for the Ranch House), and regrettably pack up and roll out Wednesday morning by 10:00 AM. The trip is full and we are all looking forward to more fun filled times of hiking through the fall colors and then

soaking in the wonderful onsite hot spring pools.

One even has views of Mt. Sopris that is often freshly dusted with snow. There are also ample opportunities for biking - both road and mountain. The Rio Grande Trail is paved and runs from Aspen to Glenwood Springs and can be accessed from Carbondale (across from City Market).

There will be plenty of opportunity for socializing during our nightly happy hours and our shared dinners. Everyone needs to remember to **bring a bathing suit and snacks and beverages to share for the happy hours.** All participants should have received their cabin assignments. The Ranch requires everyone to fill out the waiver on their website. It's always good to have rain gear and different layers of clothing (including wool caps and gloves!) as days can still be quite warm and evenings mountain cool.

I am coordinating this successful and fun trip again this year because everyone steps up and helps make it a fun memorable event.

**Trip Leader: Tom Cannon**

## Stories in the Rocks October 15 9 am – 12 pm

If you think geology is fascinating but too technical, this is the program for you. Boulder's rocks tell wild stories that include dinosaurs, glaciers, vast swamps, oceans and ancient mountain ranges now vanished into the dust of time. Join naturalist Dave Sutherland for an easy hike and a journey into Boulder's past. The hike is 2 miles, 300 feet elevation gain.

**Location:** Meetup at NCAR parking lot. The address is 1850 Table Mesa Drive, Boulder, CO 80305

**Registration will open October 1 and the hike is limited to 15 folks.**

You must register with Dorothy Cohen, the organizer. Please email see email on roster.

## Colorado Wolf and Wildlife Center, Divide, Colorado. Tuesday, November 5, 2024



**DECISION TIME:** a paid reservation is needed for the guided tour. **NO REFUNDS.** The standard guided walking tour of one hour is \$20.

**For mor details i.e. time of tour, carpool and lunch, please contact me by email.**

It is helpful to read the information on the website:

[www.wolfeducation.org](http://www.wolfeducation.org)

**Reservation deadline: October 10, 2024**

**Trip Leader: Dolores Afainer**

# 2025 FSC Ski Trip Calendar

\*\*IMPORTANT\*\* Note that total costs shown below are for double occupancy.

Dates	Destination	Lodging	# of Spaces	Nights	Lift Tix	Total Cost Per Person	Deposit	Balance Due	Trip Leaders
Jan 14-17	Crested Butte	Cristiana Guesthaus	23	3	Epic	\$352 (\$468 single)	\$50	12/4/24	Linda & Chris Paris
Jan 20-23	Steamboat	Homewood Suites	40	3	Ikon	\$475	\$150	12/14/24	Tom Cannon
Jan 28-30	Snowy Range	Old Corral Hotel	18	2	Misc	\$135	\$35	12/4/24	Janne Cookman
Feb 3-6	Snow Mtn Ranch	YMCA of the Rockies	28	3	Ikon	\$160	\$40	12/4/24	Beth Gaffney
Feb 10-13	Vail/Beaver Creek	Comfort Inn Avon	20	3	Epic	\$395	\$100	12/14/24	Susan McGannon & Sue Bolton
Feb 18-21	Monarch Mtn (& Wolf Creek)	Baymont (Salida)	20	3	M: 69+ ski free WC: Misc	\$175 (\$335 single)	\$40	1/8/25	Donna Cooper & Louise Geil
Feb 25-28	Fraser/Winter Park	Fraser House Alpine Center	18	3	Ikon	\$120	\$25	1/8/25	Louisa Young
March 3-7	Aspen/Snowmass	Comfort Inn/Suites Carbondale	40	3 or 4	Ikon+	\$310/ \$410	\$100	1/8/25	Richard Varey
March 11-13	Leadville/Ski Cooper	Columbine Inn	42	2	Misc	\$195	\$50	1/8/25	Ed Gostling

**Sign-up at the general meeting, Wednesday October 2nd.**

Details on mid-week skiing (Epic Mondays & Ikon Thursdays) will be announced in November's newsletter.



# Protocol for 2025 Overnight Ski Trip Sign-Ups

This October newsletter has detailed write-ups on all the ski trips, and the ski calendar summarizes important details. In addition, those trip coordinators who attend the October general meeting will be asked to present their trips.

The sign-up process is basically the same as last season. Signing up for a ski trip involves completing a sign-up form and writing a check **made out to Flatirons Ski Club** for each trip you would like to go on. For example, if you want to sign up for 4 trips, you will need to complete 4 sign-up forms and write 4 checks.

If you attend the October meeting, you can bring completed sign-up forms and checks to the meeting. If you do not come to the October meeting or so prefer, you can send your completed sign-up forms and checks to the trip leaders within the next couple of days. You can find their mailing addresses on the latest roster. **Remember:** make checks payable to the Flatirons Ski Club and include the name of the trip in the memo line.

Often these trips are oversubscribed. So that everyone has an equal chance of getting a spot, we are requesting trip leaders to wait until October 11th before processing the forms and checks, rather than giving priority to those who handed their forms/checks in at the meeting or whose mail arrived earlier.

If there are more applications than spots, then at their discretion, trip leaders can add rooms, if possible, to accommodate everyone who has applied. If everyone cannot be accommodated, trip coordinators will use a lottery system to determine who is accepted and who is put on the waitlist. If you **want** to be on the waitlist, please indicate that clearly on your sign-up form.

Important notes:

- You need to be an active FSC member to sign up for ski trips.
- Please sign a waiver and return it to Linda Giandinoto at least 2 weeks before your trip.
- **Monies paid for a ski trip (including both deposits and balances) are generally non-refundable.** If you must cancel notify the trip leader promptly so a replacement can be found. The replacing person directly reimburses the person who is canceling. If a replacement cannot be found, your payment is non-refundable.
- Members should follow the club's current health guidelines (published in the November 2023 newsletter).

**Richard Varey, Downhill & Nordic Ski Chair**

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MEMBER NAME \_\_\_\_\_  
EMAIL \_\_\_\_\_  
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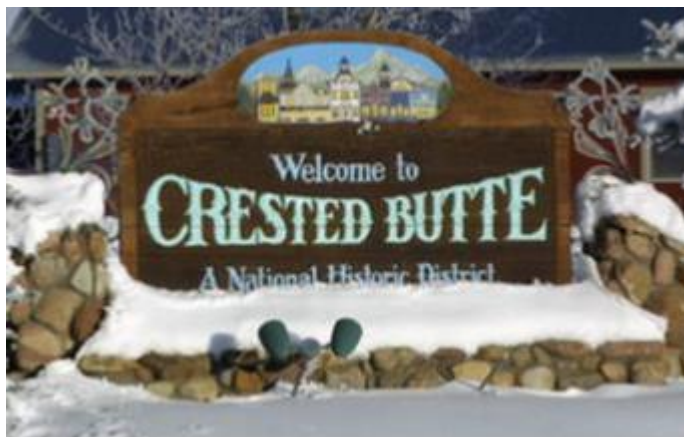
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# WINTER Skiing in CRESTED BUTTE

## 3 Nights Lodging at the CRISTIANA GUESTHAUS

Jan. 14<sup>th</sup>, 15<sup>th</sup> & 16<sup>th</sup> (leaving Jan. 17<sup>th</sup>AM)



You can't do better than Crested Butte this winter, whether you are looking to **downhill or cross-country** ski. Crested Butte is the place for you! CB is a cross-country skier's dream, with miles of groomed trails in town and many others in the vicinity. Crested Butte Mountain Resort (Mount Crested Butte) is a premier downhill resort that specializes in intermediate terrain with plentiful expert and easy terrain. Please join us for a great time in a great ski town. We will be staying in Crested Butte town at the Cristiana Guesthaus for 3 midweek nights **January 14, 15, & 16** (Tuesday, Wednesday, and Thursday) with check out on Friday the 17<sup>th</sup>, 2025.

The trip cost includes an ample daily continental breakfast with homemade breakfast breads, mixed fresh fruit, juices (including fresh squeezed orange juice), granola and yogurt, HB eggs and oatmeal each morning. Lunches and dinners are on your own. There are no cross-country trail passes or downhill lift tickets included in the trip cost. The Nordic Center day pass is free for those 70+ and reduced for those 65-69. Lift tickets at Mt. Crested Butte are on the Epic Pass for downhill skiers. If you do not have that pass, you can still come – there are online discounts through Mt. Crested Butte to avoid the full ticket window price and FSC members have shared buddy passes.

**Cost:**                    **\$352.00 per person double occupancy.** Single people wishing to room with someone else must find her/his own roommate.  
**\$468.00 single occupancy (Queen)**

**Payment/Deadline:** **Non-refundable \$50 deposit per person** due after the October membership ski trip meeting until October 11. **Final payment is due December 4th** either at the meeting or by mail to the Paris'.

**Checks:**                Make deposit and final payment checks out to the **Flatirons Ski Club.** Please write **2025 Winter Crested Butte** in the note line.

**Please call or e-mail Linda or Chris Paris with questions.**



# STEAMBOAT

## January 20 - 23, 2025



This will be the third time the club gets to enjoy the comforts of the Homewood Suites by Hilton in Steamboat Springs. The club has reserved twenty rooms, each with two queens for the nights of January 20 - 23, 2025. That is check-in Monday and check-out on Thursday the 23rd. Each room has a small fridge, and microwave. The cost is the same as last time - \$475 per person!

This is the nicest and closest accommodation to any ski resort the club has for this ski season. The free city run shuttle stops out the front door and across the street from the hotel. It runs three times an hour and drops you off where all the buses stop and near the escalators.

Homewood Suites provides a free hot breakfast. They also have an indoor pool and hot tub and a fitness center. The club typically has a happy hour every evening and a potluck feast the first night.

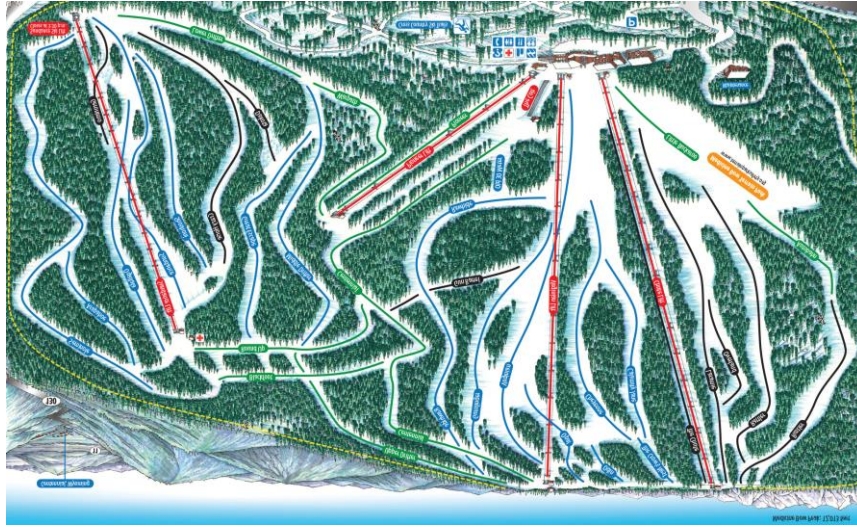
Sign-ups start at the October meeting with a \$150 deposit and the balance due December 1. Please remember to get your payments in on a timely basis, or you may lose your spot! Please consider your trip leaders. It is no fun chasing down tardy payments.

If you have any questions, you can contact the hotel directly or Tom Cannon, the trip leader.

**Tom Cannon - FSC Steamboat Trip Leader**

# Snowy Range 2025

## January 28 to 30 (2 Nights)



Snowy Range Ski Area is beautifully nestled within the scenic Medicine Bow National Forest in southeast Wyoming. There is downhill skiing as well as many trails for cross country skiing. It's an easy drive with no mountain passes or tunnels to navigate and it's only about 2 1/2 hours from Boulder!

We will stay at the rustic and charming Old Corral Hotel which is in Centennial WY (2750 Hwy 130). The Old Corral Hotel is only 4 miles away from the ski area, which is really convenient. The trip fee of \$135 per person is based on double occupancy, and it includes 2 queen size beds, with mini fridge (microwaves in common area). The hotel is within a 5-minute walk to Mountain View Café or Bear Bottom Bar & Grill, very handy for dinner or breakfast.

There are usually few people skiing mid-week at Snowy Range and it's a nice change of pace. Another really great thing is the price of the midweek day ticket (18-69yrs) is only \$54 (weekday online purchase) and everyone 70+ is free! So please join us as we ski Snowy Range Ski Area, Wyoming, 2025.

Cost: \$135 per person

Payments: (\$35 on 10/2/24 and \$100 on 12/04/24)

Please make checks payable to Flatirons Ski Club, put Snowy Range in the memo line.

For additional information, please contact

**Janne Cookman, Trip Leader**

# **SNOW MOUNTAIN RANCH YMCA OF THE ROCKIES February 3 – 6, 2025**



Snow Mountain Ranch in Fraser is a wonderful location for cross country skiing with miles of groomed trails. Snow Mountain Ranch offers snowshoeing, swimming, roller skating, arts & crafts, cross country skiing, and many other activities. Downhill skiing is located nearby at Winter Park, Mary Jane, and Granby Ranch. Cross country skiing also is available at Devil's Thumb and other sites nearby to Snow Mountain Ranch. The accommodations include two reunion cabins with seven bedrooms. The trip fee includes use of most of the YMCA facilities, meals, and lodging. Trip attendees prepare the group meals at the cabins, and food is available to take for lunch. The trip fee includes SMR trail pass, meals, and lodging. If the two cabins are full and additional members want to join this trip, it may be possible to reserve lodge rooms for the overflow.

**Cost: \$160 per person**

**Payments: (\$40 on 10/2/24 and \$120 on 12/04/24)**

**Please make checks payable to Flatirons Ski Club, put Snow Mountain Ranch in the memo line.**

For additional information, please contact

**Beth Gaffney, Trip Leader**

**New Trip!**  
**Vail/Beaver Creek**  
**Monday to Thursday**  
**February 10 to 13, 2025**



A great opportunity to enjoy a huge choice of trails on your doorstep in Vail, Colorado's largest ski area, and Beaver Creek. The base villages have a European vibe, with good cafes and restaurants.

The Club has ten double occupancy rooms reserved for three nights at the Comfort Suites in Avon. Shuttle outside right in front of the reception building to Beaver Creek and connection available to Vail from the stop at the base of Beaver Creek. Vail shuttle drops at Lion's Head or main village. Also, extras include free parking, outdoor hot tub, microwave and refrigerator, hot breakfast in the lobby each morning as well as cookies and soup provided in the afternoon. Gathering room for club potluck reserved for Monday night. A Club group dinner is planned for Tuesday night.

**Cost: \$395 per person for 3 nights.**

Payment: \$100 deposit at general meeting 10/2/24 or by mail 10/11/24, with the balance of \$295 due by 12/14/24. Please make checks payable to Flatirons Ski Club, put Vail/Beaver Creek in the memo line.

Send mailed checks and trip form to Sue Bolton (address in club roster).

**Susan McGannon & Sue Bolton, Trip Leaders**

# Monarch Mountain & Wolf Creek

## February 18 to 21, 2025

Please join us for our fourth combined Flatirons Ski Club trip to Monarch and Wolf Creek from February 18 to 21, 2025! We will have a three-night stay at The Baymont by Wyndham in Salida. You can travel to the ski area of your choice, Monarch Mountain, or Wolf Creek. Salida has many lovely restaurants to choose from for our dining pleasure. The drive to Monarch is less than 30 minutes up Highway 50 on Monarch Pass. Wolf Creek Ski area is two hours, mostly on a flat stretch of Highway 285. You can opt for either area depending upon snow conditions, and your driving preferences.

### **Our stay at The Baymont hotel will include:**

- \* Spacious rooms with two comfortable queen beds;
- \* Continental breakfast + (with scrambled eggs);
- \* Room amenities include big-screen TV, desk/chair, mini-fridge, micro-wave, coffee/tea maker, hair dryers, and ironing board;
- \* Indoor swimming pool and hot tub; and
- \* Business center and laundry facilities.

**Total cost per person for all three nights (double room occupancy) is \$175. Deposit is \$40. Please give deposit checks to Donna Cooper at the October 2023 FSC meeting, Wednesday, October 2nd. A balance of \$135 is due at the December 6th FSC meeting. If you cannot attend the FSC meetings, you can mail checks to Louise Geil. Single occupancy is \$375 for 3 nights.**

**Cross-Country Skiers Note:** There are 7 cross-country ski areas on Monarch Pass: Fosses Creek; Middle Fork Creek to Lost Wonder Hut; Waterdog Lakes, etc. Also, Browns Creek (midway between Salida and Buena Vista) is a flat easy area to navigate. Contact cross-country ski shops in Salida for more information.

**A social gathering with appetizers will be held each night** (Tuesday, Wednesday, Thursday). Please bring your favorite appetizer to share. Paper products and non-alcoholic beverages will be provided. BYOB if desired.

### **Day price for skiing at Monarch:**

Adults (18-61 yrs old): \$69 Tues, Wed, Thurs; higher pricing Fri - Sun.

Seniors (62-68 yrs old): \$59 Tues, Wed, Thurs; higher pricing Fri-Sun

Super seniors (69 and older): Free with ID

There is a \$5 charge at Monarch unless you have your ID card from last year. So, bring your ID card, if you have it, and your license verifying age!

### **Day price for skiing at Wolf Creek:**

Adults (18-64 yrs old): \$91; Seniors (65-79 yrs old): \$60

**80 yrs old and older: Free with ID**

**Donna Cooper and Louise Geil, Trip Leaders**



# Fraser/Winter Park Trip

## Feb 25 to 28, 2025



For many years, the Ski Club has sponsored a trip to the Fraser House, which is located north of Tabernash. It's a large home, able to accommodate 18 people. Some are bunk beds. It's a beautiful setting in a subdivision.

Downhillers can easily reach Winter Park, Mary Jane or Granby Ranch. Those who prefer Nordic skiing or snowshoeing have many choices: Snow Mountain Ranch, Devil's Thumb, Colorado Experimental Forest, or the west side of Rocky Mountain National Park, among other options. No lift tickets or passes are included in the price.

Protein main dishes will be provided on Tuesday, Wednesday and Thursday, and breakfasts will be available on Wednesday, Thursday, and Friday. Makings for a sandwich and fruit lunch will also be provided. Participants are expected to bring 3 side dishes, salads or dessert (one for each dinner).

**The total cost is \$120 per person! Such a deal!**  
**\$25 holds your spot, with the balance due 1/8/25.**

Make checks payable to Flatirons Ski Club and send them to me.

**Louisa Young, Trip leader**



# **SKI ASPEN/SNOWMASS 2025**

## **March 3-6 or 7, 2025**

This trip is back in 2025, offering great skiing at Aspen, Aspen Highlands, Snowmass, and Buttermilk. We will be lodging at the same hotel in Carbondale as last year.

Lodging: **Comfort Inn & Suites**  
**920 Cowen Dr**  
**Carbondale CO 81623**  
**Phone: (970) 963-8880**

Location: The hotel is in Carbondale, approximately 36 minutes (28 mi) from Aspen/Snowmass and 3 1/2 hours from Boulder.

Web: <https://www.choicehotels.com/colorado/carbondale/comfort-inn-hotels/co116>

**Cost: \$310 per person for 3 nights OR \$410 per person for 4 nights**  
**Payments: \$100 deposit (3 or 4 nights) on 10/2/24 (or 10/11/24 by mail) and balance of \$210 (3 nights) or \$310 (4 nights) at the general meeting Wed 1/8/25 or mailing also by 1/8/25 latest.**

Ski lift tickets are available online. The IKON Pass is good at all areas as follows: **IKON Base Plus Pass** for 5 days, IKON Pass (full) for 7 days. You must reserve your days in advance with IKON online - it's free. The IKON Base Pass is not valid here, so you must buy the add-on before it goes off-sale in December.

### **Includes:**

- 3 nights OR 4 nights lodging (2 queen beds per room)
- Each room has a microwave and refrigerator
- Breakfast bar each morning
- Use of meeting room for club potluck on Monday night
- Drive/carpool to ski areas
- Outdoor fire pit, indoor hot tub & pool
- City Market, shops and restaurants nearby

Please make checks payable to Flatirons Ski Club and put Aspen/Snowmass and 3 or 4 nights in the memo line. Mail check and completed trip form to me (address in roster).

**Richard Varey, Trip Leader, Downhill & Nordic Ski Chair**

# Leadville Ski Trip

## March 11 to 13, 2025



**Welcome!** Please join us on the year's final "mid-week" ski trip during the snowiest month of the year. This year we will be staying at the Columbine Inn & Suites located at 2019 North Poplar in Leadville just before getting to Safeway. The town is on Hwy 91 a half hour past Copper Mountain ski area.

Clean double queen rooms with fridge, private bath. I have negotiated access to their breakfast room for our happy hour for both evenings starting at 4:30 pm. The breakfast room and lobby have a microwave. Breakfast is classic continental.

**Ski Cooper** is different, in all the right ways! Soft all-natural snow, terrain variety for everyone, laid-back atmosphere, family-friendly vibe, great food & drinks, and reasonable prices. The FSC club uses a few lifts: you can see, be seen or change FSC groups all day. Very social! We meet for lunch at the only lodge on picnic benches at 12:30. Powder days happen every year, we do fresh tracks till late afternoon. It is very different from "Mega areas" to which you have been. Let's go "*Retro Areas*"! Drive 9 miles, 12 minutes from lodge to slopes.

**Lift Tickets:** Cooper is not on EPIC pass or IKON pass. Free for 75+ age. Loveland pass belongs to Powder Alliance which includes 3 free days here. Last year it was \$30 for a lift or equipment or group lesson on certain days. The window price was \$90. Cooper office is not open till November for prices, so this may not repeat.

**Location Connections:** some members ski on arrival or departure days at the following areas: Copper, A-Basin, Keystone, Vail or Beaver Creek

**Cost:** \$190 for 2 nights

**Deposit:** \$ 50 is due November 6<sup>th</sup>. **Balance:** \$145 is due January 8th

Please make checks payable to *Flatirons Ski Club* and mail to:

**Ed Gostling, Trip Leader**

# Ski Safety

Hi everyone. At the November general meeting I will be doing a presentation about safety on the ski slopes. The slopes are getting more crowded and dangerous every year so it's important to practice safe skiing. Don't miss this thrilling event!

Thanks!

**Safety Chair, Arnie Mullen**

## FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

## October 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Thursday Hike 7:45 AM	4 FAC 4:00 PM	5
6 Avalanche	7 Ranch	8 Fall Colors	9 Trip	10 Thursday Hike 7:45 AM	11 FAC 4:00 PM	12
13	14 Book Club 6:45 PM	15 NCAR Stories in the Rocks	16	17 Thursday Hike 7:45 AM	18 FAC 4:00 PM	19 FSC October Newsletter submittals due
20	21	22	23	24 Thursday Hike 7:45 AM	25 FAC 4:00 PM	26
27	28	29	30	31 Spooky Halloween Thursday Hike 7:45 AM		

## Board Members

President	Louisa Young	303.444.6428	<a href="mailto:louisamyong@gmail.com">louisamyong@gmail.com</a>
V. President	Joe Golden	720.253.5061	<a href="mailto:joegolden@q.com">joegolden@q.com</a>
Secretary	Beth Gaffney	303.499.6287	<a href="mailto:beth.gaffney.boulder@gmail.com">beth.gaffney.boulder@gmail.com</a>
Treasurer	Martha Parks	720.384.3582	<a href="mailto:mrptravel6@gmail.com">mrptravel6@gmail.com</a>
Publicity	Linda LaGanga	720.352.6805	<a href="mailto:laganga@colorado.edu">laganga@colorado.edu</a>
Newsletter	Marianne Bachmann	202.484.0964	<a href="mailto:bachmann.marianne1291@gmail.com">bachmann.marianne1291@gmail.com</a>
Membership	Linda Giandinoto	303.499.1647	<a href="mailto:membership@flatironsskiclub.com">membership@flatironsskiclub.com</a>
Social Co-Chair	Tina Ramp	303.443.3559	<a href="mailto:tina.ramp@gmail.com">tina.ramp@gmail.com</a>
Social Co-Chair	Eleese Miller	303.530.4376	<a href="mailto:dem7340@gmail.com">dem7340@gmail.com</a>
Safety Chair	Arnie Mullen	303.859.2549	<a href="mailto:arniemullen@netscape.net">arniemullen@netscape.net</a>
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	<a href="mailto:richardvarey6@gmail.com">richardvarey6@gmail.com</a>
Activities Co-Chair	Tom Cannon	303.817.3498	<a href="mailto:Ceramictom@gmail.com">Ceramictom@gmail.com</a>
Activities Co-Chair	Dorothy Cohen	303.494.0458	<a href="mailto:dorothy_cohen@q.com">dorothy_cohen@q.com</a>
<b>Member at Large</b>			
Webmaster	Mark Stangl		<a href="mailto:webmaster@flatironsskiclub.com">webmaster@flatironsskiclub.com</a>

Continue reading to the next page about  
the “ACCUMULATED FLATIRONS SKI  
CLUB POLICIES”

## **ACCUMULATED FLATIRONS SKI CLUB POLICIES**

### **Flatirons Ski Club General Trip Policies**

Updated 7/9/2023

*adopted by the Flatirons Ski Club Board of Directors:*

*August 15, 2019*

*Revised 11/14/2019*

*Revised 2/18/2021*

*Revised 3/28/2023*

*Updated 7/9/2023*

**Sign-up Procedures:** FSC doesn't intend to profit from activities, but usually charges a fee to cover costs.

1.1 The deposit holds your spot on the activity. Deposits in general are non-refundable.

1.2 When an activity is full, sign up on the Wait List. Cancellations often occur.

1.3 If you must cancel, notify the Leader promptly so a replacement person can be found.

1.4 It is preferred that when a person cancels and a replacement is found, the replacing person reimburses the cancelling person directly.

1.5 Pay your balance by the Due Date, or the Leader will replace you from the Wait List.

1.6 Pay separately for each activity, noting the activity name and date with the payment.

1.7 Make payments out to "**Flatirons Ski Club**" and give them to the Activity Leader.

1.8 The Treasurer will alert the Board to trips that have a significant profit after all known income and expenses have cleared. The Board will consider the reasons for the profit and authorize refunds if appropriate.

An example of an appropriate situation is if the trip made money because one or more person(s) paid the full charge for the trip, cancelled before the trip started and the Club was able to recover whatever costs it had paid for the participant.

1.9 Communicate any issues promptly to the activity leader.

**Capability.** When a person's capability is inadequate for the activity, it negatively impacts other participants.

2.1 For the group's safe enjoyment of a given activity, members and guests must participate only in those group activities (skiing, hiking etc.) that are well within their current endurance, ability and skill so as not to cause an incident.

2.2 An incident is defined as any accident or adverse disruption to the safety of the planned group activity, an increase in the group's time or cost to accomplish the planned activity, or undue imposition on the group or outside parties.

2.3 Recognizing that mistakes can occur and accidents can happen, repeated incidents caused by a participant's lack of capability may disqualify that member from group activities and may result in use of FSC's Grievance procedure.

### **Guidelines for Conduct**

3.1 During the activity, the Leader's decision on member participation is final.

3.2 Participants should be provided a list of contact information of all participants, when possible, being aware that mobile devices might not be in service in remote areas.

3.3 Group activities should be done with two people minimum in the case of rescue patrolled areas, and with four persons minimum in other cases (so one person can stay with the victim and two people can go together for help).

3.4 If a group member becomes incapacitated, call for medical assistance. The group must care for him/her because participation in the activity implies agreement to help out in case of trouble.

3.5 If you suspect a member of the Club has a concussion, let the person know of your concern, suggest that they stop the physical activity immediately, and offer to call for medical assistance.

3.6 A group must not split up unless there is a clear plan for a regroup place and time. 3.7 Turn-around times should be determined so that return can be accomplished in a timely manner.

3.8 In case of separation, wait at the first fork in the trail or the base of the agreed ski lift.

3.9 Voluntary solo-diversion from the group is strongly discouraged, effectively removes the person from the activity, and relieves the group from responsibility.

3.10 Carrying communication devices (e.g., cell phones and walkie talkies) is strongly encouraged for all members.

### **Bicycle Safety**

*adopted by the Flatirons Ski Club Board of Directors June 15, 2023.*

4.1 Always wear a helmet. Biking gloves and protective eyewear are recommended. 4.2 Use hand signals when stopping, slowing down, and turning. Point at obstacles or hazards on the road (such as broken glass, branches, trash, etc.) so those following will be aware of them.

4.3 Don't wear headphones or any device that would prevent hearing sounds from other vehicles, pedestrians, runners, cyclists, dogs, and anything else that might be on the road or trail.

4.4 When passing pedestrians, runners, or other cyclists, use a bell or call out well ahead of time "on your left" or "on your right" and do not pass any closer than is necessary.

4.5 At intersections, before proceeding, observe traffic signals and make eye contact with vehicle drivers. Do not start to cross under the assumption that you have the right of way. You could be DEAD right.

4.6 If riding after dark, wear reflective clothing and use flashing lights.

4.7 Carry a spare tire tube, tire pump, gas cartridges for tires, and the tools necessary for minor repairs. Have the tools and knowledge required. If necessary, take a bicycle mechanics class.

4.8 Inspect your bike before each ride-tires, brakes, shifters, and lubricate the chain and sprockets periodically.

4.9 Agree on a route and an end point. The leader shall stop periodically and make sure everyone in the group is accounted for. Carry your cell phone and have it charged up and turned on.

4.10 The leader should review these rules with the group before each ride.

### **Flatirons Ski Club Minutes Request Policies**

*adopted by the Flatirons Ski Club Board of Directors on November 14, 2019*

5.0 Member requests for minutes should be directed to the FSC Board of Directors, rather than to an individual Board member.

5.1 Member requests for minutes must be made in writing or via email and should be made only after the requested minutes have been approved.

5.3 Each request should list only one set of minutes.

### **Flatirons Ski Club Policies Relating To Facebook**

*adopted by the Flatirons Ski Club Board of Directors on February 18, 2021*

6.0 The Flatirons Ski Club wishes to participate in social media in order to promote relationships among its members and the public. Our Facebook presence is meant to give a venue for members to share their experiences and photographs of Club activities. Our Facebook page shall be governed by the following policies and monitored by the Board through the Publicity Chair.

6.1 The promotion of violence of any kind shall not be tolerated, including hate speech and cruel and insensitive allegations.

6.2 There shall be no nudity or sexually explicit material.

6.3 Members may post items they wish to sell or exchange, but no commercial sales will be allowed.

6.4 Friend requests shall be limited to those who have a relationship with FSC.

6.5 If facts are to be alleged, the person posting such material shall verify the truth of allegations through reliable, traditional sources before posting.

6.6 The FSC Facebook page is for FSC members only.

6.7 The Facebook page will be managed and supervised by the FSC Publicity Chair.

6.8 Each month, the Publicity Chair will provide the Board with the appropriate FSC Facebook page stats – number of visits and posts, general kinds of posts and use, etc.

6.9 The Publicity Chair will promote the Facebook page to FSC members.