

Flatirons Ski Club

An Outdoor Multi Sports and Social Group



www.FlatironsSkiClub.com

March 2025

**NEXT GENERAL MEETING WILL BE MARCH 5TH, 7 PM AT THE
UNITARIAN UNIVERSALIST CHURCH OF BOULDER
5001 PENNSYLVANIA AVE, BOULDER, CO 80303**

Message from the President

With regret, I report that we have had some serious injuries so far this ski season. Warren DeHaan is home recovering from a hip replacement done in Laramie WY. He was injured by an aggressive ski lift on the Snowy Range trip. Nan Keehner broke her clavicle in a fall at Mary Jane while on the Snow Mountain Ranch trip, also home recovering. Ed Gostling severely injured one ankle on the ski slopes and is out for the season. The message is: don't be thinking it can't happen to you. All of these people were in excellent health and known to be good skiers. In a fraction of a second their lives are changed for the next few weeks at least. Club members pulled together to provide comfort and to get the victims' cars and belongings home. Repeating a word about our general meeting agendas. We say the meeting starts at 7, but we allow some social time for people to greet each other and perhaps do business with the Membership Chair and the Treasurer. Don't expect to come to the meeting and sit down to start at 7. It's more like 7:15 to 7:30. We are social animals.

Louisa Young, President

**Heads up: The Annual FSC Spring Fling date is set
tentatively for
June 7, 2025
Venue to be determined**

March 5th FSC General Meeting Program

Title: Forest Gossip
Presenter: Stef Ringgenberg

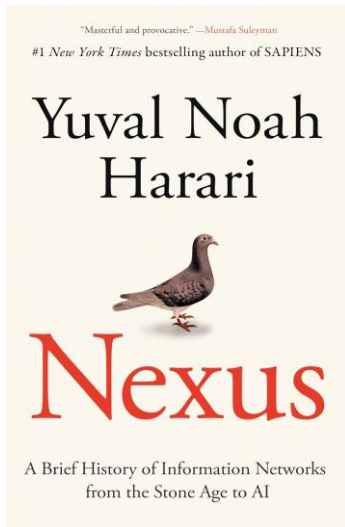
People tend to think of a forest as just big trees and forget about all the other plants and organisms, especially those underground.

Steff will show how the plants are connected by mycorrhizae and why the modern wildfire mitigation thinning paradigm is wrong.

The speaker is Stef Ringgenberg, retired owner of Boulder Tree and Landscape. He has many years of experience dealing with trees and other plants.

FSC Book Club

DATE and Time: March 10, 2025, 6:00 PM
HOST & Leader: Jim Dimmick
Location: Jim's house, see FSC roster
Book: Nexus by Yuval Noah Harari
Description:



For the last 100,000 years, we Sapiens have accumulated enormous power. But despite all our discoveries, inventions, and conquests, we now find ourselves in an existential crisis. The world is on the verge of ecological collapse. Misinformation abounds. And we are rushing headlong into the age of AI—a new information network that threatens to annihilate us. For all that we have accomplished, why are we so self-destructive? Nexus looks through the long lens of human history to consider how the flow of information has shaped us, and our world. Taking us from the Stone Age, through the canonization of the Bible, early modern witch-hunts, Stalinism, Nazism, and the resurgence of populism today, Yuval Noah Harari asks us to consider the complex relationship between information and truth, bureaucracy and mythology, wisdom and power. He explores how different societies and political systems throughout history have wielded information to achieve their goals, for good and ill. And he addresses the urgent choices we face as non-human intelligence threatens our very existence. Information is not the raw material of truth; neither is it a mere weapon. Nexus explores the hopeful middle ground between these extremes, and in doing so, rediscovers our shared humanity.

Amy Lem Varey, Book Club Leader

Thursday Hikes January 2025

We meet at the Meadows Shopping Center parking lot in the northeast area, near the office building. For the winter our meeting time is 8:45 and we plan to leave promptly at 9. Look for people standing by their cars. The Meadows is on the southwest quadrant of the corner of Baseline and Foothills Parkway. Our meeting area is east of Safeway. It's an option to drive yourself and meet at the trailhead but let us know your plan. Pay attention to the forecast and bring layers of clothing plus water and snacks. We are often out all day and stop for a picnic lunch along the way. We welcome newcomers. Here is the plan for the coming month. A reminder goes out on Sunday or Monday to an email list maintained by Louisa. Be sure to get yourself on that list for current information as we go along. We reserve the ability to change without notice if the weather or other factors so motivate us.

March 6 – Caribou Ranch is an old favorite. It will be closed April 1-June 30, so let's get a hike before the closure. The trailhead is north and west of Nederland. If we do DeLonde and Bluebird loop, it will be about 4 miles with about 600 ft. of elevation change. Spikes will be necessary.

March 13 – Pella Crossing trailhead is on 75th Street, just south of Hygiene. We often do the east side on a Tuesday evening in the summer, and if we add the west side, it will be about 3 easy miles with good birdwatching.

March 20 – Betasso is another old favorite. The trailhead is off of Sugarloaf Road several miles up Boulder Canyon. The loop is about 3 ½ miles with 429 ft of elevation change.

March 27 – Rattlesnake Gulch is located in the Eldorado Canyon State Park. We access it from Ashram Road. It's a 3.4-mile roundtrip with 600 ft of elevations change and an optional loop adding another 600 ft and .8 mile. Spikes may be needed at this time of year.

Leaders: Louisa Young and Ruth Durst

Cross Country and snowshoeing on Tuesdays!

As long as the snow condition is good, we will meet at the Safeway parking lot at Iris and 28th at NW corner at 9:00 am and leave at 9:15 am. If you plan to come, please contact me.

Dorothy Cohen, Coordinator

FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

Visit Denver Art Museum Free Day April 8, 2025

Let's go to the Denver Art Museum! They have a free day April 8th. Mark your calendars. We can catch the 10:30 bus from the Table Mesa Park n' Ride (need to cross to the other side for the Union Station bound platform). From Union Station we'll catch the free 16th Street Shuttle to the end and then walk across City Park to the Denver Art Museum.

We can have lunch at Mad Greens, which is just across from the museum. We can talk about which exhibits we want to see and decide after we get our tickets. We don't have to go around as one group. I would like to see the Korean Moon Jars, porcelain treasures from the seventeenth century. There is also an exhibit by Japanese American painter, Tokio Ueyama, who was interned along with 10,000 other Japanese Americans at Amache in SE Colorado. Some of his paintings portray life at Amache and his personal strength and resilience. His paintings were done very well and the exhibit is well worth seeing. The museum closes at five. We'll probably have seen enough before then and be ready to leave. We'll reverse our steps and get back to Union Station for the bus ride back to Boulder.

Tom Cannon and Dorothy Cohen
FSC Activity Co-Chairs

FSC Movie Night at Janet Evans' home

Date: April 17, 2025, 2:00 pm

The cost will be \$8 and payable to the Flatiron Ski Club.

The event limit is 15 people.



Movie time is back! Last year you joined hosts Bob & Janet Evans for a movie about living in Antarctica. Now, enjoy a movie afternoon watching Fire on the Mountain: The Story of the 10th Mountain Division at our house. **Just like last year, we'll serve tasty desserts plus chocolates, nuts and decaf coffee. Will provide gluten free treats upon request.**

Load your plate and learn about this epic story of the brave men of the 10th Mountain Division: Drawing together an elite group of champion skiers, mountain climbers and European mountaineers, the US Army created the 10th Mountain Division, America's only mountain and winter warfare fighting unit in World War II (72 minutes). "Astonishing, riveting!" - Outside Magazine

For your reservation, please contact Janet Evans, see FSC roster.

**The annual Moab Trip date is
Sunday May 4 to Friday May 9, 2025**



The FSC will once again be heading to Moab for hiking and biking in the beautiful outdoors of Utah, staying at the Lazy Lizard and Grandma's (with upgrades, we have been told!)

There will be potluck on Monday evening and happy hour nightly.

The cost is \$148 per person for 5 nights. Please make a check payable to FSC, mail to Ruth Durst, as listed in the club roster, or bring it to the FSC monthly meeting.

Hope to see you there!

Trip Leaders: Ruth Durst and Janne Cookman

2024/25 FSC MID-WEEK SKI SCHEDULE

Monday: Ed Hanson	Thursday: Arnie Mullen	2/16/2025
C: 303-902-3709	C: 303-859-2549	
Email: ewhfhgh@cs.com	Email: arniemullen@netscape.net	

MONDAY/TUESDAY (EPIC)			WEDNESDAY/THURSDAY (IKON)		
Date	Area	Carpool Fee	Date	Area	Carpool Fee
2-Dec	Breckenridge	\$10	5-Dec	Copper	\$10
9-Dec	Vail 7:00am	\$15*	12-Dec	WP/MJ	\$10
16-Dec	Breckenridge	\$10	19-Dec	A-Basin	\$10
23-Dec	Keystone	\$10	26-Dec	TBD	\$10
30-Dec	Breckenridge	\$10	2-Jan	Eldora 8:15am	\$5
6-Jan	Vail 7:00am	\$15*	9-Jan	WP/MJ	\$10
13-Jan	Keystone	\$10	15-Jan	Copper (Wednesday)	\$10
21-Jan	Breckenridge (Tuesday)	\$10	23-Jan	WP/MJ	\$10
27-Jan	Keystone	\$10	30-Jan	Eldora 8:15	\$5
3-Feb	Breckenridge	\$10	6-Feb	WP/MJ	\$10
10-Feb	Beaver Creek 7:00am	\$15*	12-Feb	Copper (Wednesday)	\$10
18-Feb	Breckenridge (Tuesday)	\$10	20-Feb	Eldora 8:15am	\$5
24-Feb	Keystone	\$10	27-Feb	WP/MJ	\$10
3-Mar	Keystone	\$10	6-Mar	WP/MJ	\$10
10-Mar	Vail 7:00am	\$15*	12-Mar	Copper (Wednesday)	\$10
17-Mar	Breckenridge	\$10	20-Mar	WP/MJ	\$10
24-Mar	Keystone	\$10	27-Mar	A-Basin	\$10
31-Mar	Breckenridge	\$10	2-Apr	Copper (Wednesday)	\$10
7-Apr	TBD		10-Apr	WP/MJ	\$10
14-Apr	TBD		17-Apr	TBD	

- An asterisk (*) indicates that there will be a parking fee in addition to the carpool fee.
- If you are not on Ed and/or Arnie's list of midweek skiers, please let them know of your interest.
- Unless otherwise noted, carpools depart at 7:30 from the Eldorado Park 'n' Ride on the northeast corner of Hwy 93 and Hwy 170 (sometimes called Marshall Rd). **Please arrive ten minutes early to ensure an on-time departure.** Let Ed or Arnie know if you are willing to drive. We can also meet skiers at agreed upon times in the Woolly Mammoth lot in Golden.
- Ski destinations are suggestions only, and may change depending on weather, traffic, ski conditions, or carpool preferences.
- Occasionally, Ed and Arnie may need alternate leaders when they are away on ski trips.
- The club's prevailing health guidelines apply to all activities.
- We typically wear green ribbons on our helmets so it's easy to find each other on the mountain. Let Ed or Arnie know if you need one.

2025 FSC Ski Trip Calendar

There are openings for Aspen and Leadville. Please contact the appropriate trip leader.

IMPORTANT Note that total costs shown below are for double occupancy.

Dates	Destination	Lodging	# of Spaces	Nights	Lift Tix	Total Cost Per	Deposit	Balance Due	Trip Leaders
Jan 14-17	Crested Butte	Cristiana Guesthaus	23	3	Epic	\$352 (\$468 single)	\$50	12/4/24	Linda & Chris Paris
Jan 20-23	Steamboat	Homewood Suites	40	3	Ikon	\$475	\$150	12/14/24	Tom Cannon
Jan 28-30	Snowy Range	Old Corral Hotel	18	2	Misc	\$135	\$35	12/4/24	Janne Cookman
Feb 3-6	Snow Mtn Ranch	YMCA of the Rockies	28	3	Ikon	\$160	\$40	12/4/24	Beth Gaffney
Feb 10-13	Vail/Beaver Creek	Comfort Inn Avon	20	3	Epic	\$395	\$100	12/14/24	Susan McGannon & Sue
Feb 18-21	Monarch Mtn (& Wolf	Baymont (Salida)	20	3	M: 69+ ski free WC:	\$175 (\$335 single)	\$40	1/8/25	Donna Cooper & Louise
Feb 25-28	Fraser/Winter Park	Fraser House Alpine Center	18	3	Ikon	\$120	\$25	1/8/25	Louisa Young
March 3-7	Aspen/Snowmass	Comfort Inn/Suites Carbondale	40	3 or 4	Ikon+	\$310/\$410	\$100	1/8/25	Richard Varey
March 11-13	Leadville/Ski Cooper	Columbine Inn	42	2	Misc	\$195	\$50	1/8/25	Ed Gostling

Suggested Carpool Fees for FSC Overnight Ski Trips 2025

We did not think it appropriate to change the suggested carpool fees for this season's FSC overnight ski trips. These fees were loosely based on gas prices at \$3.50/gallon and a suggested carpool fee of 7 cents/mile, but keep in mind that driving costs have been driven up by inflation, and winter driving can stress both car and driver! They are guidelines only, and subject to change.

Destination	Round Trip Mileage (from Central Boulder)	Suggested Carpool Fee (7cts/mile)
Crested Butte (Cristiana)	480	\$35
Steamboat	325	\$25
Monarch (Salida)	310	\$25
Snow Mtn Ranch & Fraser	175	\$15
Snowy Range (Centennial)	320	\$25
Aspen (Carbondale)	355	\$30
Ski Cooper (Leadville)	215	\$20

Notes:

- The carpool fees above do not include daily driving to the ski areas or restaurants from the lodging. These need to be figured out separately.
- Take into consideration the number of people who are in the car.
- Pricing is ultimately at the discretion of the driver and the type of vehicle in use.
- To avoid misunderstandings, discuss carpool fees prior to your trip departure.

Enjoy the season!

Richard Varey, Downhill & Nordic Ski Chair

Welcome to new FSC members!

The ski season is in full swing, with mid-week skiing and overnight trips, we have new members who:

- May not know whom to carpool with to the ski area, hotel or trailhead.
- Don't know who downhill skis and cross-country skis, and at what level.
- May not be able to come to the monthly meetings to schmooze with us, or be expert schmoozers.

Ski trip leaders work hard to organize the trips, and provide information on the resort, but there's only so much they can do to include new members. So, it's up to the rest of us to make new members feel welcome. Here are some things we can all do:

- Email the trip or group list if you can offer a ride.
- During group gatherings, stop the schmoozing momentarily, ask new members to introduce themselves and say what kind of skiing they do.

If there's a lunch meetup make sure it's announced so everyone knows about it. We're a welcoming bunch, whether skiing or joining in the club's other activities. Let's keep it up!

Richard Varey, Downhill & Nordic Ski Chair

Skiing Safely!

The slopes are getting more crowded and dangerous. We must do all we can to be safe on the slopes. Several additional pieces of advice I have learned from ski patrollers are:

- Keep your head on a swivel. Always look around to know if somebody's near you. Beware when even doing a slight traverse. I was nearly blindsided by a straight liner recently when only crossing the slope for a very short distance.
- When stopped, look uphill and wait for the slopes to clear before proceeding. Remember, a lot of people on the slopes may have had lessons in how to ski or snowboard, but not in how to be safe on the slopes and avoid others. I still remember what I learned in driver's education over 50 years ago: drive and ski defensively and leave yourself an out.
- When coming close to another skier or passing somebody, call out loudly "on your left" or "on your right"- same as while bicycling.

Also, we have a lot of potlucks and communal meals coming up with our ski trips. I have seen people in line for food, blow their nose or coughing into their hands, and then get back into line without washing their hands. If this is you, please wash your hands again. Trip leaders, please keep hand sanitizer close by at mealtimes and remind people to wash their hands. I will help with these reminders when necessary. We don't want anyone to get sick. If you're not feeling good or have a communicable disease, please stay home.

Also, below are Ski Patrol numbers for numerous areas. I recommend that everybody going on trips put the appropriate numbers in their phones:

Winter Park	970-726-1480
Copper Mountain	970-968-3311
Steamboat	970-871-5911
Eldora	303-440-8700 extension 9
Snowmass	970-923-0530
Aspen Mountain	970-920-0723
Aspen Highlands	970-544-3052
Aspen Buttermilk	970-920-0969
Crested Butte	970-349-2236
Vail	970-754-1111
Ski Cooper	719-486-2277
Monarch	719-530-5000

I'm looking forward to lots of fun on our trips and on the slopes.
Stay safe!

Arnie Mullen, Safety Chair

SKI ASPEN/SNOWMASS 2025

March 3-6 or 7, 2025

This trip is back in 2025, offering great skiing at Aspen, Aspen Highlands, Snowmass, and Buttermilk. We will be lodging at the same hotel in Carbondale as last year.

Lodging: Comfort Inn & Suites
920 Cowen Dr
Carbondale CO 81623
Phone: (970) 963-8880

Location: The hotel is in Carbondale, approximately 36 minutes (28 mi) from Aspen/Snowmass and 3 1/2 hours from Boulder.

Web: <https://www.choicehotels.com/colorado/carbondale/comfort-inn-hotels/co116>

Ski lift tickets are available online. The IKON Pass is good at all areas as follows: **IKON Base Plus Pass** for 5 days, IKON Pass (full) for 7 days. You must reserve your days in advance with IKON online - it's free. The IKON Base Pass is not valid here, so you must buy the add-on before it goes off-sale in December.

Includes:

- 3 nights OR 4 nights lodging (2 queen beds per room)
- Each room has a microwave and refrigerator
- Breakfast bar each morning
- Use of meeting room for club potluck on Monday night
- Drive/carpool to ski areas
- Outdoor fire pit, indoor hot tub & pool
- City Market, shops and restaurants nearby

The total cost is \$310 per person for 3 nights OR \$410 per person for 4 nights

Please make checks payable to Flatirons Ski Club and put Aspen/Snowmass and 3 or 4 nights in the memo line. Mail check and completed trip form to me (address in roster).

Richard Varey, Trip Leader, Downhill & Nordic Ski Chair

Leadville Ski Trip March 11 to 13, 2025



Attention: This trip is full. You can be waitlisted. Linda Bredt has joined as Co-Trip Leader.

Welcome! Please join us on the year's final "mid-week" ski trip during the snowiest month of the year. This year we will be staying at the Columbine Inn & Suites located in Leadville. The town is on Hwy 91, a half hour past Copper Mountain ski area and ski Cooper is 9 miles, 12 minutes from lodge to slopes.

I have negotiated access to their breakfast room for our Happy Hour for both evenings.

Ski Cooper is different, in all the right ways! Soft all-natural snow, terrain variety for everyone, laid-back atmosphere, family-friendly vibe, great food & drinks, and reasonable prices. The FSC club members generally wear green ribbons: you can see, be seen or change FSC groups all day. Very social! We meet for lunch at the only lodge on picnic benches at 12:30 PM. Powder days happen every year, we do fresh tracks till late afternoon. It is very different from "Mega areas" to which you have been.

Cross Country: There are three well-liked areas within 15 minutes of lodge.

Lift Tickets: Ski Cooper is not on EPIC pass or IKON pass. Free for 75+ age. Loveland pass includes 3 free days here. The window price (TBD) was \$90 last year.

Location Connections: some members ski on arrival or departure days at the following areas: *Copper, A-Basin, Keystone, Vail or Beaver Creek*

Double Queen cost: \$195

Single Queen cost: \$340

Ed Gostling, Trip Leader

Linda Bredt, Co-Trip Leader

SUMMER WILDFLOWERS in CRESTED BUTTE

2025 Crested Butte Wildflower Trip, Tuesday, July 8 – Friday, July 11, 2025

Linda and Chris Paris will lead a midweek Wildflower Rambles trip to Crested Butte next July 8 – 11, 2025 - 3 nights lodging at the Cristiana Guesthaus on Tuesday, Wednesday, Thursday, checking out Friday morning. **Total trip cost has not yet been set. Room rates have not yet been set by the Cristiana. For this trip, there will be a per person double occupancy room rate and a single occupancy per person room rate.** We will be accepting deposits for the trip beginning April 2 and hope to have the trip cost information distributed to members in the April newsletter.

The Cristiana provides breakfast each morning. Provide your own lunch with items brought from home in a small cooler or purchased locally. Dinners will be at local restaurants. The trip cost covers only lodging with breakfast.

The trip leaders will lead a wildflower hike on both Wednesday and Thursday. Participants are welcome to join them or go out on their own. Options for wildflower walks and hikes are numerous, ranging from easy to moderate walks in/near town to strenuous hiking to mountain passes. People going on the trip should be in good physical health and condition. Being vaccinated for COVID, flu and RSV is strongly encouraged.

A non-refundable deposit of \$75.00 per person is required at the time of sign-up – either at the April meeting or by mail. Sign-up and checks will be accepted at the April 2 FSC Membership Meeting. Signing up is for those who are ready to commit to go on the trip. If you have interest in going but are not sure, still thinking about it, or your schedule may change, put your name on the waiting list – no deposit is required to join the waiting list. Before you sign up and pay a deposit, be sure you are ready to come on the trip. Our reservations accommodate 26 people: 5 couples (king), 10 persons in 5 queen+double rooms (each with own bed) and 6 single persons (queen). Queen+Double rooms are only for double occupancy - 2 persons who are comfortable rooming with each other and mutually agree to do so. Sign up together after you have found your roommate. The trip leaders can suggest persons to contact to arrange a roommate if you don't have someone in mind. Finding a roommate is your own responsibility. Questions? Contact Linda and Chris by e-mail/telephone.

Please contact us by e-mail to let us know you have chosen to sign up by mail. We will look out for your check in the mail and inform you when we receive it. **Make out checks to Flatirons Ski Club and put 2025 Wildflower Crested Butte in the note line.** Send deposits and final payments to the Parises by mail (address available from the membership list). **Full payment is due by Saturday, May 31, 2025.** After that date, unused rooms will be cancelled.

March 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1 st Night of Ramadan
2	3 Aspen	4 Snowmass	5 Comfort Inn FSC General Meeting Ash Wednesday	6 Carbondale Thursday Hike 8:45 AM	7 Trip FAC 4:00 PM	8
9 Daylight Saving	10 Book Club PM	11 Leadville/Ski Cooper	12 Columbine Inn	13 Trip Thursday Hike 8:45 AM	14 Holi FAC 4:00 PM	15
16	17 St. Patrick Day	18	19 April Newsletter submittals due	20 Thursday Hike 8:45 AM	21 FAC 4:00 PM	22
23	24	25	26	27 Thursday Hike 8:45 AM	28 FAC 4:00 PM	

Board Members

President	Louisa Young	303.444.6428	louisamyong@gmail.com
V. President	Joe Golden	720.253.5061	joegolden@q.com
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Social Co-Chair	Eleese Miller	303.530.4376	dem7340@gmail.com
Safety Chair	Arnie Mullen	303.859.2549	arniemullen@netscape.net
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	richardvarey6@gmail.com
Activities Co-Chair	Tom Cannon	303.817.3498	Ceramictom@gmail.com
Activities Co-Chair	Dorothy Cohen	303.494.0458	dorothy_cohen@q.com
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