

# Flatirons Ski Club

An Outdoor Multi Sports and Social Group



[www.FlatironsSkiClub.com](http://www.FlatironsSkiClub.com)

## May 2025

**NEXT GENERAL MEETING WILL BE MAY 7TH, 7 PM AT THE  
UNITARIAN UNIVERSALIST CHURCH OF BOULDER  
5001 PENNSYLVANIA AVE, BOULDER, CO 80303**

### Message from the President

This month as in a few past ones, there is a Club activity (Moab) that conflicts with the General Meetings. It's unfortunate when we conflict with ourselves. Traditionally we have a photo gallery of our activities over the winter and some inspiration for summer activities. It's a very special program, and I hope we can find a way for members located in Moab to watch the program if they wish to do that.

Tuesday evening hikes will begin in May, under the capable organization of Pat Irwin. Potlucks are always a favorite for FSC. Our Activity Co-chairs have some great plans for the summer.

12 of us had a good time going to the Denver Art Museum on April 8th. It was good weather, and we rode RTD to get to and from, very ecologically friendly. Thanks to Tom Cannon for implementing the trip and exposing us to some culture. I'm sure each of us had our favorite exhibit.

At our recent Board meeting, the decision was made to increase annual dues to \$30 for individuals and \$50 for couples effective September 2025.

**Louisa Young, President**



**The Annual FSC Spring Fling**  
**Saturday, June 14, 2025**  
**From 11:30 AM to 1:30 PM**  
**Louisville Community Park**  
**955 Bella Vista Drive, Louisville CO**

The club will provide pulled pork and chicken, lemonade, water and paper plates, cups, and plastic utensils.

Please plan on bringing a side dish to share.

I will need help with setup and cleanup at the park. More info will be provided in the June FSC Newsletter.

**Tina Ramp, Social Chair**

## **May 7th FSC General Meeting Program**

**Title:** "What We Do: See Our Year in Review"

**Presenters:** Linda LaGanga and Martha Parks

Solving the mystery of FSC's history!

### **Skiing Update**

If you're still skiing, Breckenridge, Copper and Loveland announced they will stay open until May 11, and A-Basin and Mary Jane as long as possible.

Interested in leading an overnight trip for the 2026 winter season? Please get in touch.

**Richard Varey, Downhill & Nordic Ski Chair.**

### **General Safety Tips**

Some club members are still skiing and others are hiking and biking now so here is what I have for Safety this month.

**For skiing**, be aware of changing conditions. This time of year, you can easily go in and out of the sun and shade numerous times on one run. The snow can be fast and then slow. Beware of snow that can grab your skis and stop your momentum and send you into a somersault. Keep your head on a swivel and always look around to see if

anybody is nearby. Use the buddy system and don't ski alone. Another tip I got from a ski patroller is, don't wear headphones while you're skiing. You want to be able to hear everybody who is near you. Keep your cell phones charged up and turned on so you can reach others in your Skiing and carpool group. Have fun and be safe on the slopes!

**For biking**, I recommend always wearing a helmet. Inspect your bike regularly to make sure the tires are good and the brakes are functioning properly. Use hand signals to communicate with other riders, when slowing down, stopping, or making turns. Call out when passing others.

**For hiking**, I recommend the buddy system and not hiking alone. I especially recommend a paper map, compass, and know how to use them. You can't always count on Internet access to be able to see a map on your phone. And don't hike trails or try to do distances beyond your ability and conditioning. I also recommend looking at **REI.com/The 10 essentials** to see recommendations on what to take with you while hiking.

Have fun and be safe out there!

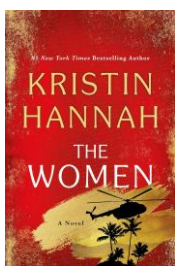
Thanks

**Arnie Mullen, Safety Chair**

## FSC Book Club

**Date:** May 12, 2025  
**Time:** 6:00 pm  
**Discussion Leaders:** Susan McGannon & Jane Hilleren  
**Host:** Jane Hilleren  
**Location:** Jane's house - see FSC Roster  
**Book:** "The Women" by Kristin Hannah

### Description:



*Women can be heroes.* When twenty-year-old nursing student Frances "Frankie" McGrath hears these words; it is a revelation. Raised in the sun-drenched, idyllic world of Southern California and sheltered by her conservative parents, she has always prided herself on doing the right thing. But in 1965, the world is changing, and she suddenly dares to imagine a different future for herself.

When her brother ships out to serve in Vietnam, she joins the Army Nurse Corps and follows his path. As green and inexperienced as the men sent to Vietnam to fight, Frankie is over-whelmed by the chaos and destruction of war. Each day is a

gamble of life and death, hope and betrayal; friendships run deep and can be shattered in an instant. In war, she meets – and becomes one of – the lucky, the brave, the broken, and the lost.

But war is just the beginning for Frankie and her veteran friends. The real battle lies in coming home to a changed and divided America, to angry protesters, and to a country that wants to forget Vietnam.

**Amy Lem Varey, Book Club Leader**

## Thursday Hikes May 2025

We meet at the Meadows Shopping Center parking lot in the northeast area, near the office building. For the winter our meeting time is 8:45 and we plan to leave promptly at 9. Look for people standing by their cars. The Meadows is on the southwest quadrant of the corner of Baseline and Foothills Parkway. Our meeting area is east of Safeway. It's an option to drive yourself and meet at the trailhead but let us know your plan. Pay attention to the forecast and bring layers of clothing plus water and snacks. We are often out all day and stop for a picnic lunch along the way. We welcome newcomers.

Here is the plan for the coming month. A reminder goes out on Sunday or Monday to an email list maintained by Louisa. Be sure to get yourself on that list for current information as we go along. We reserve the ability to change without notice if the weather or other factors so motivate us.

**May 1 – Rocky Flats NWR South Woman Creek and Woman Creek trail.** It's open and sunny and about 4 miles, in and out. It has been recommended, but neither Ruth nor Louisa has hiked it, so it will be a new experience for all of us.

**May 8 – Coney Flats Trailhead is at Beaver Reservoir.** This is a high rocky trail, so it is weather dependent. We will go 2-3 miles in and then turn around. There is a lake, but it might be farther than we want to go.

**May 15 – Snowshoe Hare loop in Golden Gate State Park** is about 3 miles and there are optional additions along the way. Trailhead is at Aspen Meadows. We will be looking for drivers who have a State park entry pass. Or we can share the entry fee.

**May 22 – Ceran St. Vrain.** This is an old favorite located above Jamestown. It's about 4 miles out and back.

**May 29 – Trailridge Road.** It is a tradition to hike Trailridge Road in Rocky Mountain National Park before it is open to automobiles. Go as far as you like on the paved road and return.

**Leaders: Louisa Young and Ruth Durst**

## **May Tuesday Evening Hikes**

Tuesday Hikes are back starting May 13th. We gather to hike at 6:00 PM for 2 to 3 miles, approximately one hour. Then we meet back at a home or trailhead shelter for Potluck and fellowship.

Please bring a dish for 5 or 6 people to share. We will do these gatherings rain or shine.

**May 6:** Due to the Moab trip, there will be no hike.

**May 13:** Meet at Louisa Young's house. She will lead us on the Knollwood hike in the near neighborhood and back to her house for potluck. Check FSC roster for address and phone number.

**May 20:** Meet at Pat Irwin's house to hike Bobolink at South Boulder Creek trail and back to her house for Potluck after.

**May 27:** Meet at Walden Ponds shelter for a hike led by Dorothy Cohen followed by a Potluck at the shelter. Directions: Walden Ponds (not Sawhill) are on 75th, north of Valmont and south of Jay Road. There is a sign. Turn west and follow the road to the **shelter, bathrooms, and parking lot.**

**The Annual Moab Trip date is  
Sunday May 4 to Friday May 9, 2025**



There are currently two openings: one female and one male (both in same gender shared rooms)

The FSC will once again be heading to Moab for hiking and biking in the beautiful outdoors of Utah, staying at the Lazy Lizard property consisting of the Watermelon house and Grandma's house (with upgrades, we have been told!)

There will be potluck on Monday evening and happy hour nightly.

The cost is \$148 per person for 5 nights. Please make a check payable to FSC, mail to Ruth Durst, as listed in the club roster, or bring it to the FSC monthly meeting. Hope to see you there!

**Trip Leaders: Ruth Durst and Janne Cookman**

## SUMMER WILDFLOWERS in CRESTED BUTTE

2025 Crested Butte Wildflower Trip, Tuesday, July 8 – Friday, July 11, 2025

**THIS TRIP IS FULL.** The waiting list is open (no deposit required). Contact the trip leaders Linda and Chris Paris to join the waiting list or with questions.

Trip details were published in the March 2025 newsletter on page 14 and in the April 2025 newsletter on page 8 – refer to these descriptions for more information.

## 2025 Wildflower Rambles

If you are interested in participating this summer, contact Linda Paris by email to join the interest list (last year's list is not carried over to this summer). Detailed information about place/time, leaders, meet up for carpooling, directions and trail attributes will be sent out by email to the interest list.

Planning is in progress, so no specific details are available at this time.

Wildflower rambles are relaxed and slow-paced to allow attention to the details of the flowers and plants and to make identification easier. We also spotlight particular flower groups. Bring sun protection, snack/lunch, water, rain gear, poles and field guides. There is a carpool fee payable to the driver.

The rambles leader team welcomes everyone who likes to look for or wants to find out more about flowers. We recognize that there are many levels of expertise and pace among our rambles and also recognize that we will get strung out on our route because of that. Some want general information about the flowers and others are into keying them out. Rambles are not meant to be hikes. Our rambles policy is to provide more than one leader to accommodate moderate and ambling paces. You are welcome to go as far as your interest or physical condition take you. Please consider



your physical capabilities/limitations, the ramble trip details (elevation, surface, topography, etc.) and your schedule in your decision to participate.

## **Westcliffe - Dark Sky July 21 to 24, 2025**

This is the trip you've been waiting for: hiking (canyons, lakes, meadows, and peaks), wildflowers, small town amenities, and best of all STARGAZING. Check it out: Westcliffe, Colorado: International Certified Dark Sky in the Wet Mountain Valley. Come along, we really want to share this experience with you.



Suggestion, make your reservation now. The town is small, with limited housing in town, but there are rooms, houses, cabins, and ranches in the area. More details when we know who's

coming.

**Trip Leaders: Martha Parks and Dolores Afainer**

## **10th Mountain Division Hut Trip Walter's Cabin at Shrine Mountain August 19, 20 and 21, 2025,**



Walter's Cabin is located near Vail Pass, and it is accessible to regular vehicles. It's just a little way away from Jay's where we were last year. IT HAS POTABLE WATER, FLUSH TOILETS, REFRIGERATOR AND SHOWERS!!! Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either. The bed configuration is different from past events. There are 4 single beds and one double, on

each of the 2 floors, so 12 in total.

Sign-ups started at the April General Meeting, and the trip filled within 48 hours.

There is no one on the waitlist, however, so put your name there if you really want to go. There are always cancellations. Volunteers will be solicited to prepare and clean-up breakfasts and dinners. You need to bring your own hike lunches. Mattresses and pillows are provided.

**Trip Leader: Louisa Young.**

## **Southeast Colorado Historical Sites Trip: Bent's Old Fort National Historic Site, Amache National Historic Site and Sand Creek Massacre Site September 25 to 26, 2025**

The club is proposing this overnight field trip to visit these three historical sites. We will carpool to Bent Fort (La Junta), a three hour and fifteen-minute drive from Boulder, and have the opportunity to walk a two-mile trail at the reconstructed site on the Arkansas River where hunters, trappers, and Natives peacefully traded with each other. This is on the old Santa Fe Trail, and the river was the boundary with Mexico. That afternoon we will drive to Amache where Japanese and Americans of Japanese ancestry were interned during WWII. Later that day we will check into a motel in nearby Lamar where rooms range from \$100 - \$150. On Friday before returning home, we will visit the Sand Creek Massacre National Historic Site. We will be able to enjoy a ranger-led tour and the three-mile interpretive trail. A ranger-led tour is available at Amache as well.

Please let Tom or Dorothy know if you are interested in going by the end of May. Once we have a number we will make reservations.

**Trip Organizers: Tom Cannon and Dorothy Cohen, FSC Activities Co-Chairs**

## **FSC Fall Bicycle Ride Wednesday to Friday, September 3 to 5, 2025**



This ride will be in Garfield and Pitkin Counties (Glenwood Springs and Aspen area). There will be a number of ride choices which may include Glenwood Canyon, Crystal River, Rio Grande Trail, Maroon Bells, Castle Creek, Frying Pan River, Snowmass. The details for this ride are still being developed. If you would like to be included on the mailing list as the details are worked out, please contact:

**Richard Patnoe, Trip Leader.**



## October 4 to 7, 2025 (3 nights) Avalanche Ranch



The club has once again reserved three cabins and the Ranch House at Avalanche Ranch for our annual fall trip. This year the dates are 10/4 (Saturday), check in and check out 10/7 (Tuesday). Signups will start in August. Tom Cannon will be organizing the trip again this year. He appreciated all the help and support he received last year. For those who have not experienced Avalanche Ranch this is a wonderful

opportunity to hike, bike, or just plain relax while enjoying the fall colors and the wonderful 24/7 onsite hot spring pools. We enjoy nightly happy hours and delicious potluck suppers.

**Tom Cannon, Trip Leader**

### FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

# 2025 FSC Summer/Fall Calendar

Date/s	Description of Activity	Leaders/Organizers
4-8-2025	Denver Art Museum	Tom Canon & Dorothy Cohen
4-17-2025	Movie Night: Fire on the Mountain	Janet Evans
5-4 to 5-7-2025	Annual Moab Trip	Ruth Durst & Janne Cookman
5-7-2025	FSC Monthly Meeting (last before October 2, 2025)	
6-14-2025	Annual FSC Spring Fling at Louisville Community Park	Tina Ramp
7-8 to 7-11-2025	Summer Flowers in Crested Butte Trip	Chris & Linda Paris
7-21 to 7-24-2025	Westcliffe - Dark Sky	Martha Parks & Dolores Afainer
8-19 to 8-21-2025	10th Mountain Division Walter's Cabin at Shrine Mountain Trip	Louisa Young
9-3 to 5-2025	Fall FSC Bicycle Ride	Richard Patnoe
9-20-2025	Annual FSC Membership Picnic at the Lavern M. Johnson Park, Lyons	Tina Ramp
9-25 to 26-2025	Southeast Colorado Historical Sites Trip	Tom Canon & Dorothy Cohen
10-4 to 10-7-2025	Annual Avalanche Ranch Trip	Tom Canon

## May 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<sup>1</sup> Thursday Hike 8:45 AM	<sup>2</sup> FAC 4:00 PM	<sup>3</sup>
<sup>4</sup>	<sup>5</sup> Cinco de Mayo Annual	<sup>6</sup> Moab	<sup>7</sup> FSC General Meeting Trip	<sup>8</sup> Thursday Hike 8:45 AM	<sup>9</sup> FAC 4:00 PM	<sup>10</sup>
<sup>11</sup> Happy Mother's Day	<sup>12</sup> Book Club Meeting	<sup>13</sup> Tuesday Hike 6:00 PM	<sup>14</sup>	<sup>15</sup> Thursday Hike 8:45 AM	<sup>16</sup> FAC 4:00 PM	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> May Newsletter submittals due	<sup>20</sup> Tuesday Hike 6:00 PM	<sup>21</sup>	<sup>22</sup> Thursday Hike 8:45 AM	<sup>23</sup> FAC 4:00 PM	<sup>24</sup>
<sup>25</sup>	<sup>26</sup> Memorial Day	<sup>27</sup> Tuesday Hike 6:00 PM	<sup>28</sup>	<sup>29</sup> Thursday Hike 8:45 AM	<sup>30</sup> FAC 4:00 PM	<sup>31</sup>

### Board Members

President	Louisa Young	303.444.6428	<a href="mailto:louisamyong@gmail.com">louisamyong@gmail.com</a>
V. President	Joe Golden	720.253.5061	<a href="mailto:joegolden@q.com">joegolden@q.com</a>
Secretary	Beth Gaffney	303.499.6287	<a href="mailto:beth.gaffney.boulder@gmail.com">beth.gaffney.boulder@gmail.com</a>
Treasurer	Martha Parks	720.384.3582	<a href="mailto:mrptravel6@gmail.com">mrptravel6@gmail.com</a>
Publicity	Linda LaGanga	720.352.6805	<a href="mailto:Linda.Laganga@gmail.com">Linda.Laganga@gmail.com</a>
Newsletter	Marianne Bachmann	202.484.0964	<a href="mailto:bachmann.marianne1291@gmail.com">bachmann.marianne1291@gmail.com</a>
Membership	Linda Giandinoto	303.499.1647	<a href="mailto:membership@flatironsskiclub.com">membership@flatironsskiclub.com</a>
Social Chair	Tina Ramp	303.443.3559	<a href="mailto:tina.ramp@gmail.com">tina.ramp@gmail.com</a>
Safety Chair	Arnie Mullen	303.859.2549	<a href="mailto:arniemullen@netscape.net">arniemullen@netscape.net</a>
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	<a href="mailto:richardvarey6@gmail.com">richardvarey6@gmail.com</a>
Activities Co-Chair	Tom Cannon	303.817.3498	<a href="mailto:Ceramictom@gmail.com">Ceramictom@gmail.com</a>
Activities Co-Chair	Dorothy Cohen	303.494.0458	<a href="mailto:dorothy_cohen@q.com">dorothy_cohen@q.com</a>
		<b>Member at Large</b>	
Webmaster	Mark Stangl		<a href="mailto:webmaster@flatironsskiclub.com">webmaster@flatironsskiclub.com</a>