

Flatirons Ski Club

An Outdoor Multi Sports and Social Group



www.FlatironsSkiClub.com

June 2025

**NEXT GENERAL MEETING WILL BE OCTOBER 1ST, 7 PM
AT THE UNITARIAN UNIVERSALIST CHURCH OF BOULDER
5001 PENNSYLVANIA AVE, BOULDER, CO 80303**



**The Annual FSC Spring Fling
Saturday, June 14, 2025
From 11:30 AM to 1:30 PM
Louisville Community Park
955 Bella Vista Drive, Louisville CO**

It's almost here, the FSC Spring Fling! Join us on for a fun outing. The club will provide pulled pork and pulled chicken, water and lemonade. Please bring a side dish or dessert to share.

I need a few helpers for setting up for the picnic and for cleaning up afterwards. Please give me a call if you can help.

Thanks so much.
Tina Ramp, Social Chair

Message from the President

Congratulations and sincere appreciation to Martha Parks and Linda LaGanga for designing and presenting a slide show and some history about our unique organization for our May general meeting program. Thanks also to the people who spoke about their past experiences and the reasons they got involved with the Club. It was fun and enlightening. We missed those of you who were in Moab.

We have a good array of summer activities on the horizon. Many are repeat successful trips, but I want to highlight a new idea being initiated by our Activities co-chairs (Dorothy Cohen and Tom Cannon). Are you interested in some of Colorado's history? Dorothy and Tom are arranging a trip to southeast Colorado to include Bent's Fort, the Sand Creek Massacre site and the Amache Internment Camp, a recently made National Historic Site. There are local connections. Bent's Fort was a strategic hub during pioneer days. It was a thriving trading post, and one of the founders was Ceran St. Vrain, a name known well in this area. The Sand Creek Massacre was important enough to still have fall-out today with renaming of buildings on the CU campus. Chief Niwot was mortally wounded in the conflict. Amache was originally known as the Grenada Relocation Center, relatively unknown until recently. It symbolizes national war-time hysteria. This trip will involve some long drives interspersed with several hikes. There will be a one-night stay in Lamar which will be a new experience for many of us. In order to continue planning, Dorothy and Tom need an expression of interest asap. Email or call one of them to keep momentum going.

Tuesday evening hikes, organized by Pat Irwin (thank you Pat!) have started and are a great social opportunity.

Louisa Young, President

The Annual Moab Trip

Another great spring trip to Moab, UT was enjoyed by 24 FSC members again this year. Twenty plus years of staying at Gramma's and Watermelon House run by The Lazy Lizard Hostel and still we find new and interesting things to do. Some hiked, some biked and some drove to tour around, both in Arches NP and Canyonlands NP (Island in the Sky and Needles District further south). Happy hour every night with the traditional potluck one night was enjoyed by all, although some ate at the many fine restaurants in town on other nights. Moab has a lot to offer and The Lazy Lizard accommodations are cheap, clean and basic - why not join us next year!

Trip Leaders: Ruth Durst and Janne Cookman

General Safety Tips

For biking, I recommend always wearing a helmet. Inspect your bike regularly to make sure the tires are good and the brakes are functioning properly. Use hand signals to communicate with other riders, when slowing down, stopping, or making turns. Call out when passing others.

For hiking, I recommend the buddy system and not hiking alone. I especially recommend a paper map, compass, and know how to use them. You can't always count on Internet access to be able to see a map on your phone. And don't hike trails or try to do distances beyond your ability and conditioning. I also recommend looking at **REI.com/The 10 essentials** to see recommendations on what to take with you while hiking.

Have fun and be safe out there!

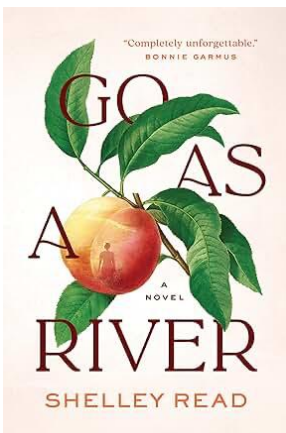
Thanks

Arnie Mullen, Safety Chair

FSC Book Club

Date: June 9, 2025
Time: 6:00 p.m.
Discussion Leaders: Amy Lem Varey
Host: Maddie Goldhawk
Location: Maddie's house- see FSC Roster
Book: "Go As A River" by Shelley Read

Description:



Seventeen-year-old Victoria Nash runs the household on her family's peach farm in the small ranch town of Iola, CO—the sole surviving female in a family of troubled men. Wilson Moon is a young drifter with a mysterious past, displaced from his tribal land and determined to live as he chooses. Victoria encounters Wil by chance, a meeting that profoundly alters both of their young lives, igniting as much passion as danger. When tragedy strikes, Victoria leaves the only life she has ever known, fleeing into the surrounding mountains, where she struggles to survive in the wilderness with no clear notion of what her future will bring. As the seasons change, she also charts the changes in herself, finding in the beautiful but harsh landscape the meaning and strength to

move forward and rebuild all that she has lost, even as the Gunnison River threatens to submerge her homeland—its ranches, farms, and the beloved peach orchard that has been in her family for generations. Inspired by true events surrounding the destruction of the town of Lola, in the 1960s,
Amy Lem Varey, Book Club Leader

Thursday Hikes June 2025

We meet at the Meadows Shopping Center parking lot in the northeast area, near the office building. For the summer we will gather at 7:45 a.m. (an hour earlier) and we plan to leave promptly at 8. This is to take advantage of the longer days and to accommodate longer drives to the high country. Look for people standing by their cars. The Meadows is on the southwest quadrant of the corner of Baseline and Foothills Parkway. Our meeting area is east of Safeway. It's an option to drive yourself and meet at the trailhead but let us know your plan. Pay attention to the forecast and bring layers of clothing plus water and snacks. We are often out all day and stop for a picnic lunch along the way. We welcome newcomers.

Here is the plan for the coming month. A reminder goes out on Sunday or Monday to an email list maintained by Louisa. Be sure to get yourself on that list for current information as we go along. We reserve the ability to change without notice if the weather or other factors so motivate us.

June 5 – Goshawk Ridge Trailhead is on the Ashram Road west of the South Mesa Trailhead. The hike is about 3 ½ miles total, and usually a great place for spring wildflowers.

June 12 – Caribou Old Townsite. We like to make a loop about 3 miles total. There are some steep sections, and the views are very good. This is another great place for wildflowers this time of year.

June 19 – Coney Flats Trailhead is at Beaver Reservoir. This is a high rocky trail, so it is weather dependent. We will go 2-3 miles in and then turn around. There is a lake, but it might be farther than we want to go.

June 26 – Woodland Meadow Loop. Start at Hessie and follow the Devil's Thumb trail to the point where it branches into the Woodland Lake trail, crosses the river and then return on the north side of the South Fork of the Middle Boulder Creek. It's about 4 ½ miles balloon round trip.

Leaders: Louisa Young and Ruth Durst

June Tuesday Evening Hikes

We gather to hike at 6:00 PM for 2 to 3 miles, approximately one hour. Then we meet back at a home or trailhead shelter for Potluck and fellowship.

Questions call Pat Irwin or hike coordinators – see FSC Membership Roster because we try not to publish phone numbers, emails and addresses.

Please bring a dish for 5 or 6 people to share. We will do these gatherings rain or shine.

June 3: Coordinator: Louisa Young. Meet at her house for a foothills hike from Eben Fine Park and back for a potluck.

June 10: Coordinator: Ann Scolnick. Meet at her house for a walk around Twin Lakes and back for a potluck.

June 17: Coordinator: Herman Sievering. Meet at the main entrance to Macky Auditorium on the University of Colorado campus to walk and talk about the History of Trees on the campus Quad. It's a rich and varied history! Bring a snack and drink to watch the sunset from the Quad.

June 24: Coordinator: Richard Patnoe. Meet at Richard's house to hike Boulder Open Space in North Boulder. Potluck will be in his backyard after the hike.

Colorado Last Ice Age Animals and Humans Sunday June 22, 2025, at 4:00 p.m. Realization Point on Flagstaff Mountain Road

Colorado 10 to 15 thousand years ago was a very difficult place for humans. It was the Last Ice Age. There were ferocious meat-eating animals bigger than the human hunting Saber-Tooth Cat, including the American Lion. How did humans survive?

Find out by taking a short flat 1.2-mile hike guided by our FSC member and CU professor, Herman Sievering. Bring a snack and drink.

SUMMER WILDFLOWERS in CRESTED BUTTE

2025 Crested Butte Wildflower Trip, Tuesday, July 8 – Friday, July 11, 2025

THIS TRIP IS FULL. The waiting list is open (no deposit required). Contact the trip leaders Linda and Chris Paris to join the waiting list or with questions.

Trip details were published in the March 2025 newsletter on page 14 and in the April 2025 newsletter on page 8 – refer to these descriptions for more information.

2025 Wildflower Rambles

If you are interested in participating this summer, contact Linda Paris by email to join the interest list (last year's list is not carried over to this summer). Detailed information about place/time, leaders, meet up for carpooling, directions and trail attributes will be sent out by email to the interest list.

Planning is in progress, so no specific details are available at this time.

Wildflower rambles are relaxed and slow-paced to allow attention to the details of the flowers and plants and to make identification easier. We also spotlight particular flower groups. Bring sun protection, snack/lunch, water, rain gear, poles and field guides. There is a carpool fee payable to the driver.

The rambles leader team welcomes everyone who likes to look for or wants to find out more about flowers. We recognize that there are many levels of expertise and pace among our rambles and also recognize that we will get strung out on our route because of that. Some want general information about the flowers and others are into keying them out. Rambles are not meant to be hikes. Our rambles policy is to provide more than one leader to accommodate moderate and ambling paces. You are welcome to go as far as your interest or physical condition take you. Please consider your physical capabilities/limitations, the ramble trip details (elevation, surface, topography, etc.) and your schedule in your decision to participate.

FRIDAY AFTERNOON CLUB

FAC has been an FSC tradition for many years. Everyone is welcome. We meet at Rincon Cocina Y Tequila starting at 4:00 p.m. every Friday. The restaurant is on Arapahoe just west of the intersection of Folsom and Arapahoe. Hope to see you there.

Westcliffe - Dark Sky July 21 to 24, 2025



A rocking chair on a porch with spectacular views, dark night skies filled with stars, hikes through canyons to lakes, easy walks in the forest foothills, and friends to share it with.

Make your lodging reservations now, simple or luxury, one bedroom or six, Wet Mountain Valley has it all.

This is the trip you've been waiting for: hiking (canyons, lakes, meadows, and peaks), wildflowers, small town amenities, and best of all STARGAZING. Check it out: Westcliffe, Colorado: International Certified Dark Sky in the Wet Mountain Valley. Come along, we really want to share this experience with you.

Trip Leaders: Martha Parks and Dolores Afainer

10th Mountain Division Hut Trip Walter's Cabin at Shrine Mountain August 19, 20 and 21, 2025,



Walter's Cabin is located near Vail Pass, and it is accessible to regular vehicles. It's just a little distance away from Jay's where we were last year. IT HAS POTABLE WATER, FLUSH TOILETS, REFRIGERATOR AND SHOWERS!!! Spend a couple of days unplugged from electronics – no TV or radio. Cell phone service may not exist either. The bed configuration is different from past events. There are 4 single

beds and one double, on each of the 2 floors, so 12 in total.

Sign-ups started at the April General Meeting, and the trip filled within 48 hours.

There is a short waitlist, however, so put your name there if you really want to go.

There are always cancellations. Volunteers will be solicited to prepare and clean-up breakfasts and dinners. You need to bring your own hike lunches. Mattresses and pillows are provided.

Trip Leader: Louisa Young.

Southeast Colorado Historical Sites Trip: Bent's Old Fort National Historic Site, Amache National Historic Site and Sand Creek Massacre Site September 25 to 26, 2025

The club is proposing this overnight field trip to visit these three historical sites. We will carpool to Bent Fort (La Junta), a three hour and fifteen-minute drive from Boulder, and have the opportunity to walk a two-mile trail at the reconstructed site on the Arkansas River where hunters, trappers, and Natives peacefully traded with each other. This is on the old Santa Fe Trail, and the river was the boundary with Mexico. That afternoon we will drive to Amache where Japanese and Americans of Japanese ancestry were interned during WWII. Later that day we will check into a motel in nearby Lamar. On Friday before returning home, we will visit the Sand Creek Massacre National Historic Site. We will be able to enjoy a ranger-led tour and the three-mile interpretive trail. A ranger-led tour is available at Amache as well.

The Lamar Quality Inn hotel rooms are \$60 per person double occupancy. Please send a \$60 check made out to the Flatiron Ski Club to Dorothy by September 1.

Trip Organizers: Tom Cannon and Dorothy Cohen, FSC Activities Co-Chairs

FSC Fall Bicycle Ride Wednesday to Friday, September 3 to 5, 2025



This ride will be in Garfield and Pitkin Counties (Glenwood Springs and Aspen area). There will be a number of ride choices which may include Glenwood Canyon, Crystal River, Rio Grande Trail, Maroon Bells, Castle Creek, Frying Pan River, Snowmass.

There will be a \$20 cost for this ride to cover group expenses. This is a non-refundable cost. The recommended lodging is the Comfort Inn and Suites in Carbondale, the

same lodging used for the Aspen ski trip. Participants are to make their own reservations. If you would like to be included on a mailing list as the final details are worked out, please contact Richard Patnoe.

Checks made out to FSC should be sent to Richard Patnoe.

Richard Patnoe, Trip Leader.

October 4 to 7, 2025 (3 nights) Avalanche Ranch



The club has once again reserved three cabins and the Ranch House at Avalanche Ranch for our annual fall trip. This year the dates are 10/4 (Saturday), check in and check out 10/7 (Tuesday). Signups will start in August. Tom Cannon will be organizing the trip again this year. He appreciated all the help and support he received last year. For those who

have not experienced Avalanche Ranch this is a wonderful opportunity to hike, bike, or just plain relax while enjoying the fall colors and the wonderful 24/7 onsite hot spring pools. We enjoy nightly happy hours and delicious potluck suppers.

Tom Cannon, Trip Leader

2025 FSC Summer/Fall Calendar		
Date/s	Description of Activity	Leaders/Organizers
4-8-2025	Denver Art Museum	Tom Canon & Dorothy Cohen
4-17-2025	Movie Night: Fire on the Mountain	Janet Evans
5-4 to 5-7-2025	Annual Moab Trip	Ruth Durst & Janne Cookman
6-14-2025	Annual FSC Spring Fling at Louisville Community Park	Tina Ramp
6-22-2-2025	Colorado Ice Age Animals and Humans	Herman Sievering
7-8 to 7-11-2025	Summer Flowers in Crested Butte Trip	Chris & Linda Paris
7-21 to 7-24-2025	Westcliffe - Dark Sky	Martha Parks & Dolores Afainer
8-19 to 8-21-2025	10th Mountain Division Walter's Cabin at Shrine Mountain Trip	Louisa Young
9-3 to 5-2025	Fall FSC Bicycle Ride	Richard Patnoe
9-20-2025	Annual FSC Membership Picnic at the Lavern M. Johnson Park, Lyons	Tina Ramp
9-25 to 26-2025	Southeast Colorado Historical Sites Trip	Tom Canon & Dorothy Cohen
10-4 to 10-7-2025	Annual Avalanche Ranch Trip	Tom Canon

June 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Thursday Hike 7:45 AM	6 FAC 4:00 PM	7
8	9 Book Club Meeting	10 Tuesday Hike 6:00 PM	11	12 Thursday Hike 7:45 AM	13 FAC 4:00 PM	14 FSC Spring Fling Flag Day
15 Father's Day	16	17 Tuesday Hike 6:00 PM	18	19 Thursday Hike 7:45 AM	20 FAC 4:00 PM	21 May Newsletter submittals due
22	23	24 Tuesday Hike 6:00 PM	25	26 Thursday Hike 7:45 AM	27 FAC 4:00 PM	28
29	30					

Board Members

President	Louisa Young	303.444.6428	louisamyoung@gmail.com
V. President	Joe Golden	720.253.5061	joegolden@q.com
Secretary	Beth Gaffney	303.499.6287	beth.gaffney.boulder@gmail.com
Treasurer	Martha Parks	720.384.3582	mrptravel6@gmail.com
Publicity	Linda LaGanga	720.352.6805	Linda.Laganga@gmail.com
Newsletter	Marianne Bachmann	202.484.0964	bachmann.marianne1291@gmail.com
Membership	Linda Giandinoto	303.499.1647	membership@flatironsskiclub.com
Social Chair	Tina Ramp	303.443.3559	tina.ramp@gmail.com
Safety Chair	Arnie Mullen	303.859.2549	arniemullen@netscape.net
Downhill & Nordic Ski Chair	Richard Varey	917.340.2843	richardvarey6@gmail.com
Activities Co- Chair	Tom Cannon	303.817.3498	Ceramictom@gmail.com
Activities Co- Chair	Dorothy Cohen	303.494.0458	dorothy_cohen@q.com
		Member at Large	
Webmaster	Mark Stangl		webmaster@flatironsskiclub.com